HUMAN SCAFFOLD CAREavan™ TOUR

HALF-DAY RETREAT AGENDA – TAY RIVER HEALTH CENTRE

Thursday, July 23, 2026

Objectives:

1. Enhance individual and collective competence to lead a team focussed on sustaining and enhancing both staff well-being & patient care;
2. Build upon a team culture of “respectful candor” and “critical friends”;
3. Develop an external self-awareness of how others perceive you and how you believe that you are perceived;
4. Explore the above interactively using relevant scenarios and reflect on various perspectives in the group.

Agenda

TIMEFRAME	DESCRIPTION
900-905am	**Intro kick-off**
905-915am	**"one honest goal"**
915-945am	**Conflict Companion**
945-1030	**CBCF Framework**
1030-1045	**BREAK**
1045-11pm	**Fun Activity**
11-1145	**Scenarios & Breakout Discussions**
1145-12pm	**Final Reflections**