

HUMAN SCAFFOLD CAREavan™ TOUR

HALF-DAY RETREAT AGENDA – CENTRAL BRAMPTON FHT

Objectives:

1. Enhance individual and collective competence to lead a team focussed on sustaining and enhancing both staff well-being & patient care;
2. Build upon a team culture of “respectful candor” and “critical friends”;
3. Develop an external self-awareness of how others perceive you and how you believe that you are perceived;
4. Explore the above interactively using relevant scenarios, and reflect on various perspectives as a group.

Pre-read videos:

REPN concept: <https://youtu.be/6iQBBDTgK9Q>

CBCF Framework: <https://youtu.be/mVeysse8t3s>

Agenda

TIMEFRAME	DESCRIPTION
100-105pm	Intro kick-off
105-115pm	"one honest goal"
115-145pm	REPN Concept & the Conflict Companion (don't be scared by the name!)
145-230pm	CBCF Framework
230-245pm	BREAK
245-3pm	Fun Activity
300-345	Scenarios & Breakout Discussions
345-400pm	Final Reflections