



X-WARRIORS RACE RULES

1. General Rules

- Participation is open to all individuals aged 18 and older; participants aged 16 and older may only compete in the Non-Competitive category with the accompaniment of a legal guardian.
- Participants must complete the course independently, except in the Non-Competitive category, where mutual assistance is allowed.
- Each participant must sign a **WAIVER** confirming awareness of the risks and participation at their own responsibility.
- The organizers reserve the right to disqualify participants for safety reasons.
- Taking shortcuts or intentionally bypassing course markings is strictly prohibited – **NO SHORTCUTS**.
- Wearing the official headband and wristband is mandatory.
- Any form of doping is strictly prohibited.

2. Registration & Fees

- Registration is done online via the official website.
- The entry fee varies depending on the race type and mode.
- Registration is non-transferable.
- A partial refund of the entry fee may be possible depending on the cancellation date. Exact conditions can be found on the website.
- Late registration on-site is only possible if slots are available and will incur an additional fee.

3. Race Categories

COMPETITIVE

- Timing is recorded digitally, and all participants are ranked according to their age groups.
- All obstacles must be completed.
- If a participant fails an obstacle, they must complete a penalty (e.g., burpees, an additional running lap with possible carrying tasks, or retry the obstacle).
- Rule violations may lead to disqualification or, at a minimum, relegation to the Non-Competitive category.
- The top 3 participants in each age group and race category receive a special award.
- Every finisher receives a medal.

NON-COMPETITIVE

- Timing is recorded digitally, and the results are listed alphabetically.
- Obstacles may be skipped, and penalties are not mandatory.
- Participants are allowed to assist each other.
- Every finisher receives a medal.

3. Course and Obstacles

- The course includes a variety of natural and artificial obstacles such as climbing walls, mud pits, monkey bars, balance elements, water obstacles, and more.
- Leaving the marked course will result in immediate disqualification.

4. Safety Rules

- Participants must always follow the instructions of marshals and course officials; failure to do so may result in disqualification.
- Wearing appropriate gloves, protective clothing, trail running shoes, and sportswear is recommended and should be adjusted based on weather conditions.
- In case of injuries or emergencies, participants must stop the race immediately and seek assistance.
- Participants with health issues or existing injuries should consult a medical professional before participating.
- Individual obstacles or course sections may be modified or removed due to weather conditions or safety concerns.
- The organizer may postpone or cancel the race due to weather or safety reasons.
- If the race is canceled, there is no entitlement to a refund of the entry fee.

5. Fair Play & Disqualification

- Unsportsmanlike behavior, cheating, or obstructing other participants will lead to immediate disqualification.
- Manipulating timing or obstacle evaluation will result in disqualification and a ban from future participation.

7. Miscellaneous

- The additional provisions of the **WAIVER** are part of the competition regulations.
- By registering, participants agree that photos and videos of the event may be used for promotional purposes.
- Dogs or other animals are not allowed on the racecourse.
- Accompanying people are only permitted in designated spectator areas.

A.S.D. XWARRIOR

Associazione Sportiva Dilettantistica
c/o Studio Pace, Via Ravenna, 81 - 65122 Pescara
P.IVA/C.F. 02193350689