RACE RULES

X-LITE | X-FULL | X-TITAN

1. GENERAL COMPETITION RULES

- All athletes must follow the officially marked course, obstacle instructions, safety regulations, and directions given by Race Officials.
- Athletes must complete the designated course for their race category. Shortcuts and intentional deviations from course markings are prohibited.
- The official identification Wristband, color-coded Headband, and assigned Timing Chip must be worn throughout the race.
- Doping, cheating, deliberate obstruction, and unsportsmanlike conduct are prohibited. Fair play and respect are expected from everyone.

2. COMPETITIVE & NON-COMPETITIVE

Competitive

- Athletes compete individually. Obstacles must be completed independently according to the official obstacle rules, or the designated penalty must be completed where applicable.
- Physical assistance from other athletes, spectators, or third parties is prohibited.
- If an athlete cannot complete a required obstacle or its mandatory penalty, or receives prohibited assistance at an obstacle, they are automatically reclassified as Non-Competitive.
- Reclassified athletes may continue under Non-Competitive rules if permitted by Race Officials and safety conditions, but lose eligibility for all Competitive rankings and podium awards.

Non-Competitive

- Athletes are timed, but results are listed alphabetically, without competitive rankings or podium awards.
- Obstacles may be skipped without mandatory penalties. Athletes may help one another, provided they follow safe routes and do not endanger or obstruct others.
- All course markings, instructions, and safety requirements remain mandatory.

3. OBSTACLES & PENALTIES

- Each obstacle has specific completion requirements communicated through signage, the mandatory briefing, or Race Officials.
- Where a designated alternative penalty exists, it may include a penalty loop, burpees, carrying tasks, or another clearly communicated challenge. It must be completed before continuing.
- Failure to complete an obstacle or its required penalty leads to automatic Non-Competitive reclassification, not automatic disqualification.
- Obstacle Officials determine whether an attempt or penalty was completed correctly and may stop an attempt for safety reasons.

4. STARTING PROCEDURE & TIMING

- Athletes start in their designated race-category start slot; individual starting positions within that slot are randomly assigned.
- Rolling starts normally release two Competitive athletes or four Non-Competitive athletes every 20 seconds.

- Race Officials may shorten or extend start intervals at any time to maintain safe flow and prevent congestion.
- Athletes must follow their assigned start sequence. Official times are recorded electronically using the individual Timing Chip.
- Using another athlete's identification or Timing Chip, or manipulating timing equipment, is strictly prohibited.

5. RANKINGS, AWARDS & CEREMONY

Competitive rankings

- X-Lite and X-Full each award the top three male and top three female athletes in each WARRIORS Division: 18–24, 25–34, 35–44, 45–54, and 55+.
- Overall awards separately recognize the top three male and top three female athletes in X-Lite and X-Full, regardless of age division.
- X-Titan recognizes the top three male and top three female athletes based on their combined official X-Lite and X-Full times. Both races must be completed under Competitive rules; reclassification in either race removes X-Titan ranking eligibility.

Non-Competitive and finisher recognition

- Non-Competitive results are displayed alphabetically, without podium rankings.
- Every athlete who officially finishes their race receives a Finisher Medal.

Podium ceremony

- Podium awards and prizes are presented exclusively to eligible Competitive Athletes during the official award ceremony.
- Winners must attend in person to collect their awards. Unclaimed awards or prizes will not be shipped or made available for later collection.

6. COURSE CONDUCT & FAIR PLAY

- Remain on the marked course; allow faster athletes to pass safely whenever possible.
- No pushing, intentional blocking, harassment, outside competitive assistance, littering, or deliberate damage to equipment or the natural environment.
- Competitive Athletes must complete obstacles without physical assistance; Non-Competitive Athletes may help one another as long as safety is maintained.
- Spectators must remain in authorized areas. Animals are not allowed on the racecourse.

7. MANDATORY BRIEFING, SAFETY & OFFICIALS

- Attendance at the official pre-race briefing is mandatory for all athletes. It covers safety, the course, obstacles, penalties, and event-specific instructions. Athletes who miss the briefing may be refused permission to start.
- Race Officials, marshals, and medical personnel must be obeyed. Athletes must stop immediately when instructed.
- Anyone experiencing injury, illness, or significant distress must stop and seek assistance. Officials may prevent an athlete from continuing when there is a serious safety concern.
- The Race Director has final authority over sporting decisions, subject to applicable rules and mandatory law.

8. RECLASSIFICATION, DISQUALIFICATION & EXCLUSION

Automatic Non-Competitive reclassification

A Competitive Athlete is reclassified as Non-Competitive for failing a required obstacle or penalty, accepting prohibited assistance at an obstacle, or failing the applicable Competitive obstacle standard.

Disqualification and event exclusion

- Serious violations may result in immediate disqualification or exclusion, including deliberate shortcuts, timing manipulation, identity substitution, dangerous interference, intentional cheating, aggression, discrimination, harassment, or refusal to follow essential safety instructions.
- The organizer may deny a start, remove an athlete from the course, or exclude an athlete from the event when their conduct endangers people, substantially disrupts the event, or seriously breaches safety, fair play, or mutual respect.
- Depending on the seriousness of the conduct, exclusion may take effect without prior warning. Disqualified athletes are excluded from official results and awards.

9. RESULTS & PROTESTS

- Official Competitive rankings are based on recorded times, applicable penalties, and official rulings.
- Protests concerning timing, penalties, or results must be submitted to the Race Director within 30 minutes after the preliminary results for the relevant race category are published.
- After the protest period and resolution of submitted protests, results are final.

10. NATURAL TERRAIN & EVENT ADJUSTMENTS

X-WARRIORS takes place in a natural outdoor environment. Weather, terrain, water levels, environmental conditions, and local restrictions may change, including shortly before or during the race.

- Published course maps, distances, elevation profiles, and planned obstacles are indicative and may differ from the final event setup.
- Routes, obstacles, course sections, start schedules, and race procedures may be adjusted, relocated, replaced, added, suspended, or removed when necessary for safety, environmental protection, or practical feasibility.
- Race Officials will seek fair and consistent conditions for Competitive Athletes when changes affect the competition. All officially communicated adjustments must be followed.

THE COURSE MAY CHANGE. THE WARRIORS EXPERIENCE REMAINS.

11. EVENT ORGANIZATION & AUTHORITY

X-WARRIORS is organized by A.S.D. XWARRIOR in close collaboration with Molveno Holiday Scarl as the local co-organizing partner, with particular responsibility for obtaining necessary local permits and authorizations, assessing terrain conditions, overseeing local safety requirements, and supporting the practical feasibility of the event.

Both organizations, acting within their respective responsibilities, may authorize or implement necessary changes to courses, obstacles, schedules, and procedures before or during the event in response to weather, terrain, local restrictions, safety concerns, or unforeseen circumstances. Officially communicated adjustments are binding for participants.

Obstacle-specific instructions issued before the race, at the mandatory briefing, or at an obstacle form part of these Race Rules. Mandatory applicable law prevails.

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