



# **BEGINNER INSTRUCTION**

#### Pickleball Intro Clinic

(90 Min.) (4-6 Participants)

This intro to pickleball clinic with a PPR-certified coach teaches the pickleball basics (scoring, serving, court positions). No prior experience or equipment is needed. If interested in a multi-session format, check out our Learn to Play Pickleball 5-session series.

#### Learn to Play Pickleball Series

(60Min. - 5 Sessions) (4-6 Participants)

This 5-week introduction to pickleball series with PPR-certified coaches teaches the fundamentals of the game including scoring, serving, court positioning, and shot selection. Meetings are once per week at the same time. You'll go from how to hold a paddle to a series finale round robin in just over a month. No prior experience or equipment is needed.

## Beginner Open Play w/ Coaching

(3hr. Open Play)(4-6 Participants)

During the first hour of Open Play, players receive coaching about scoring, rules, and shot selection. Players then continue matches on their own.

# **SMALL GROUP INSTRUCTION**

#### Three-and-Me

(60 Min.)(3 participants)

Grab two friends and spend an hour playing with and against a PPR-certified instructor. In this format, you'll play three games with individualized coaching during and after each point. This is by far the most asked-for lesson in that it adds "real game" elements to the lesson.

## Good Morning / Evening Drills

(60Min.)(3-4 participants)

Part of the OPC Elite "Drillin' Like a Villain" Series with PPR-Certified coaches. Want to improve your backhand? We have drills for that. Dink like a pro? We have drills for that. Learn how to add topspin? We have drills for that

#### **DUPR Ratings Clinic**

(60Min.)(1-4 participants)

DUPR-certified ratings coaches observe, evaluate, and assign you a rating in 60 minutes. DUPR ratings can let you know where you stack up against other players, as well as your level for tournament and open play.

# GROUP SKILLS CLINICS

### NVZ (Non-Volley Zone) Tactics & Strategies

(60 Min.)(4-6 participants)

Do you often get out-dinked at the kitchen? Wonder how to "beat the bangers"? Develop your dinking and volleying skills at this NVZ clinic where PPR-certified coaches will focus on proper dinking technique, "fast hands", types of volleys and how to deal with speed-ups.

#### Transition Zone Skills and Drills

(60 Min.)(4-6 participants)

If you find yourself caught at the baseline, this clinic is for you! So how does the serving team get to the kitchen? In this clinic we will learn and practice techniques for getting from the baseline to the NVZ as quickly and effectively as possible. Instruction with PPR-certified coaches includes 3rd shot options (drops, drives, drips) and resets in the Transition Zone.

#### Baseline Skills - Better Serves and Returns.

(60 Min.)(4-6 participants)

Learn to serve and return like a pro with our PPR-certified coaches. In this clinic, we will learn and practice the elements that will make you dangerous - whether serving or returning serves - including depth, pace, spin, and placement.

### Low Intermediate (3.0-3.5) Clinic

(60 Min.)(4-6 participants)

Group instruction with a PPR-certified coach for developing players who want to improve consistency and shot selection. These clinics focus on shot fundamentals that improve the quality of your rallies. We work from the three main areas of the court: non-Volley Zone, Transition Zone, and Baseline.

#### **CLICK TO RESERVE**

### Advanced Intermediate (3.5-4.0) Clinic

(60 Min.)(4-6 participants)

So, you want to be a 4.0 player? This clinic focuses on shot strategies as much as shot-making. In addition to drilling, we reinforce shot selection and introduce pace, angles, spin and depth to your game.

### Coming to Pickleball from Tennis

(60 Min.)(4-6 participants)

Are you a current or former tennis player who wants to learn pickleball? There are skills you bring that will help you, but there are also habits that can hinder you. Learn from PPR-certified coaches how to capitalize on your assets, while eliminating your liabilities. Turn that tennis swing into a pickleball swing!

# YOUTH CLINICS

#### Youth Introductory Clinic

(60 Min.)(4-6 participants)

Recommended for ages 10-13. The Youth pickleball clinics offer a fun way for children to stay active and learn a new, fun sport. Recommended ages for this clinic: 10-13. Our programs focus on building skills, confidence, and sportsmanship.

Visit the OPUS Academy registration site to view schedules and prices. Preferred rates are available for OPUS and Magnum members. Download the OPUS Pickleball Club Mobile app to sign up for events and manage registrations.