

---

## BEGINNER INSTRUCTION

---

### Pickleball Intro Clinic (90 Min. 1 Session) (4-6 Participants)

This intro to pickleball clinic with a PPR-certified coach teaches the pickleball basics (scoring, serving, court positions). No prior experience or equipment is needed. If interested in a multi-session format, check out our Learn to Play Pickleball 5-session series.

### Learn to Play Pickleball Series (60 Min. 5 Sessions) (4-6 Participants)

This 5-week introduction to pickleball series with PPR-certified coaches teaches the fundamentals of the game including scoring, serving, court positioning, and shot selection. Meetings are once per week at the same time. You'll go from how to hold a paddle to a series finale round robin in just over a month. No prior experience or equipment is needed.

### Learn to Play Pickleball Series -- Level 2 (60 Min. 5 Sessions) (4-6 Participants)

... Coming soon ...

---

## COACHED LIVE PLAY

---

### Coached Open Play (2 hr. Open Play; 1 hr with Coach)

During the first hour of Open Play, players receive feedback from a PPR-certified instructor about shots and strategy during "live" game play. Players then continue matches on their own.

### Three-and-Me (60 Min.) (3 participants)

Spend an hour playing with and against a PPR-certified instructor. In this format, you'll play games with individualized coaching during and after each point. This is by far the most asked-for lesson in that it adds "real game" elements to the lesson.

---

## GROUP SKILLS CLINICS

---

### Intermediate Level-Up Series

(60 Min.) (4-6 participants)

This 6-week progressive clinic is designed for intermediate level players. Sessions build on basic rules and tactics to help players develop all aspects of their game.

- Week 1 – Review / evaluation of 5 essential shots.
- Week 2 – NVZ tactics. Effective dinks, volleys, beating the bangers.
- Week 3 – Offensive serving and returning tactics.
- Week 4 – 3rd shot options including drops and drives.
- Week 5 – Resetting from the transition zone.
- Week 6 – Pulling it all together with a supervised round robin game play.

### NVZ (Non-Volley Zone) Tactics & Strategies

(60 Min.) (4-6 participants)

Do you often get out-dinked at the kitchen? Wonder how to "beat the bangers"? Develop your dinking and volleying skills at this NVZ clinic where PPR-certified coaches will focus on proper dinking technique, "fast hands", types of volleys and how to deal with speed-ups.

### Transition Zone Skills and Drills

(60 Min.) (4-6 participants)

If you find yourself caught at the baseline, this clinic is for you! So how does the serving team get to the kitchen? In this clinic we will learn and practice techniques for getting from the baseline to the NVZ as quickly and effectively as possible. Instruction with PPR-certified coaches includes 3rd shot options (drops, drives, drips) and resets in the Transition Zone.

### Baseline Skills - Better Serves and Returns.

(60 Min.) (4-6 participants)

Learn to serve and return like a pro with our PPR-certified coaches. In this clinic, we will learn and practice the elements that will make you dangerous - whether serving or returning serves - including depth, pace, spin, and placement.

[CLICK TO RESERVE](#)

---

## YOUTH CLINICS

---

**Learn to Play Pickleball YOUTH Series** (60 Min. 5 Sessions) (4-6 participants)

Recommended ages: 10-13. This 5-week introduction to pickleball series with PPR-certified coaches teaches the fundamentals of the game including scoring, serving, footwork, court positioning, and shots. Meetings are once per week at the same time. Players will go from how to hold a paddle to playing games in just over a month. No prior experience or equipment is needed.

---

## SPECIALIZED INSTRUCTION

---

**DUPR Rating Clinic** (60 Min.) (1-4 participants)

DUPR-certified ratings coaches observe, evaluate, and assign you a rating in 60 minutes. DUPR ratings can let you know where you stack up against other players, as well as your level for tournament and open play.

**Private and Semi-Private Instruction**

Contact Club: [team@opuspickleball.com](mailto:team@opuspickleball.com)