

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2026

## MEMORY CARE ACTIVITIES

<p>9:30-Live Stream Church on TV-LS 10:15-Communion &amp; Hymn Singalong-LS 11:00-Music &amp; Movement/Kickball-LS 1:45-Bible Study/Stories-LS 2:30-Fun on the IN2L-LS 2:45-Snack &amp; Slideshow-CG 3:00-Table Game-LS 4:00-Symphony on TV-LS 6:00-Crosswords or Movie-CG</p>	<p>9:15-Polar Bear Plunge Game-LS <b>10:00-Catholic Rosary-AR</b> 11:00-Music &amp; Movement-ALAR 12:45-Discussion: Happy B-day Wayne Gretsky-LS <b>1:45-Ice Cream Outing to JAX w/ DW/LS/CG (limit of 10 residents)</b> 2:45-Snack &amp; Slideshow-CG 3:00-CG 6:00-Coloring or Movie-CG <i>Kelsey off</i></p>	<p>9:15-Happy B-day New Mexico-KH <b>10:30-Music Therapy w/ Ruth</b> 12:45-Guess the Phrase-KH 1:30-Ping Pong Bucket Toss-KH 2:30-Table Game-LS 2:45-Snack &amp; Slideshow-CG 3:00-Finish the Lyrics &amp; Listen-LS 3:45-Afternoon Stretch-LS 4:00-Songs of the Last Frontier-LS 6:00-Movie-CG</p>	<p>9:15-Snowflake Craft-KH 11:00-Music &amp; Movement-ALAR 12:45-Discussion: Tales of the Last Frontier-LS 1:30-Creativity Boxes-LS 2:00-Alaskan Quote Game-LS 2:45-Snack &amp; Slideshow-CG 3:00-Fun on the IN2L-LS 3:30-Bingo-LS/KH 6:00-Manicures or Movie-CG</p>	<p>9:15-Manicures &amp; Travel Videos-MT 11:00-Music &amp; Movement-ALAR 12:45-Balloon Badminton-KH 1:30-Junk Drawer Detective-KH 2:15-Word Mining-KH 2:45-Snack &amp; Slideshow-CG 3:00-Ellis Island Discussion-KH 4:00-Trivia-KH 6:00-Coloring or Movie-CG <i>New Year's Day</i></p>	<p>9:15-Creativity Boxes-KH 10:00-Group Crosswords-KH 11:00-Music &amp; Movement-ALAR 12:45-Active Game-KH 1:30-Presidents Discussion-MT 2:30-Influential Women Discussion-MT 2:45-Snack &amp; Slideshow-CG 3:30-Bean Bag Toss-KH 6:00-Word Find or Movie-CG</p>	<p>9:00-Morning Music &amp; Stretch-LS 9:30-Bible Story &amp; Daily Chronicle-LS 12:30-Discussion: What's New in 2026-LS 1:30-Classic Movie-LS 2:45-Snack Time-CG 3:30-Finish the Lyrics &amp; Listen-LS 6:00-Pass the Pig or Movie-CG</p>
<p>9:30-Live Stream Church on TV-LS 10:15-Communion &amp; Hymn Singalong-LS 11:00-Music &amp; Movement/Kickball-LS 1:45-Bible Study/Stories-LS 2:30-Fun on the IN2L-LS 2:45-Snack &amp; Slideshow-CG 3:00-Table Game-LS 4:00-Symphony on TV-LS 6:00-Crosswords or Movie-CG</p>	<p>9:15-Alaska Travelogue-LS <b>10:00-Catholic Rosary-AR</b> 11:00-Music &amp; Movement-ALAR 12:45-Discussion: Jack London-LS 1:15-Word Games-LS <b>2:00-Culvers Outing for Fries &amp; Shakes (limit of 10)-DW/LS/CG</b> 2:45-Snack &amp; Slideshow-CG 3:00-Bean Bag Toss-KH 3:45-Trivia-KH 6:00-Coloring or Movie-CG</p>	<p>9:15-Happy B-day Alaska-KH <b>10:30-Music Therapy w/ Ruth</b> 12:45-Guess the Phrase-KH <b>1:30-Dog Visit w/ Lilah-DW</b> 2:30-Table Game-LS 2:45-Snack &amp; Slideshow-CG 3:00-Finish the Lyrics &amp; Listen-LS 3:45-Afternoon Stretch-LS 4:00-Easy Music Trivia-LS 6:00-Movie-CG</p>	<p>9:15-Snowflake Craft #2-KH 11:00-Music &amp; Movement-ALAR 12:45-Puzzles &amp; Ponderings-LS <b>2:00-Joyful Ukles Performance-ALDR</b> 2:45-Snack &amp; Slideshow-CG 3:00-Word Games-LS 3:30-Table Game-LS 6:00-Manicures or Movie-CG</p>	<p>9:15-Manicures &amp; Travel Videos-MT 11:00-Music &amp; Movement-ALAR 12:45-Balloon Badminton-KH 1:30-Moose Word Search-KH 2:00-Pictionary-KH 2:45-Snack &amp; Slideshow-CG 3:00-Guess the Phrase-KH 4:00-Trivia-KH 6:00-Coloring or Movie-CG</p>	<p>9:15-Creativity Boxes-KH 10:00-Group Crosswords-KH 11:00-Music &amp; Movement-ALAR 12:45-Active Game-KH 1:30-Presidents Discussion-MT 2:30-Influential Women Discussion-MT 2:45-Snack &amp; Slideshow-CG 3:30-Bean Bag Toss-KH 6:00-Word Find or Movie-CG</p>	<p>9:00-Morning Music &amp; Stretch-LS 9:30-Bible Story &amp; Daily Chronicle-LS 12:30-Bible Study: How the Bible Came to Be-LS 1:30-Classic Movie-LS 2:45-Snack Time-CG 3:30-Finish the Lyrics &amp; Listen-LS 6:00-Pass the Pig or Movie-CG</p>
<p>9:30-Live Stream Church on TV-DW 10:15-Hymn Sing Along-DW 11:00-Chair Dancing-DW 1:45-Puzzles-DW 2:30-Ben Franklin Discussion-DW 2:45-Snack &amp; Slideshow-CG 3:00-Betty White Discussion-DW 4:00-Symphony on TV-DW 6:00-Crosswords or Movie-CG <i>Lynda off, Danessa here</i></p>	<p>9:15-Sports Match Game-LS <b>9:45-Scenic Drive Outing (limit of 10)-LS/DW</b> <b>10:00-Catholic Rosary-AR</b> 11:00-Music &amp; Movement-ALAR 12:45-MLK Jr Discussion-LS <b>2:00-Therapy Dog Visits-L</b> 2:45-Snack &amp; Slideshow-CG 3:00-All About the Moose Discussion-LS 3:45-Moose Puns/Trivia-LS 6:00-Coloring or Movie-CG <i>Martha Luther King Jr. Day</i></p>	<p>9:15-Alaskan Indigenous Peoples' Heritage Discussion-KH <b>10:30-Music Therapy w/ Ruth</b> 12:45-Guess the Phrase-KH 1:30-Ping Pong Bucket Toss-KH 2:30-Table Game-LS 2:45-Snack &amp; Slideshow-CG 3:00-Finish the Lyrics &amp; Listen-LS 3:45-Afternoon Stretch-LS 4:00-Travel Video-LS 6:00-Movie-CG</p>	<p>9:15-Snowflake Craft #3-KH 11:00-Music &amp; Movement-ALAR <b>1:00-Resident Council Meeting</b> 1:30-Creativity Boxes-LS 2:00-January Trivia-LS 2:45-Snack &amp; Slideshow-CG 3:00-Fun on the IN2L-LS 3:30-Bingo-LS/KH 6:00-Manicures or Movie-CG</p>	<p>9:15-Manicures &amp; Travel Videos-MT <b>10:00-Dog Visits w/ Dare-L</b> 11:00-Music &amp; Movement-ALAR 12:45-Balloon Badminton-KH 1:30-Alaska Crossword-KH <b>2:00-Historical Presentation by Ken Jessen: "Colorado Country Schools"-AR</b> 2:45-Snack &amp; Slideshow-CG 3:00-Happy B-day Dolly Parton-KH 6:00-Coloring or Movie-CG</p>	<p>9:15-Creativity Boxes-KH 10:00-Group Crosswords-KH 11:00-Music &amp; Movement-ALAR 12:45-Active Game-KH 1:30-Presidents Discussion-MT 2:30-Influential Women Discussion-MT 2:45-Snack &amp; Slideshow-CG 3:30-Ladderball-KH 6:00-Word Find or Movie-CG <i>Danessa off</i></p>	<p><b>Happy Birthday Kay!</b> 9:00-Morning Music &amp; Stretch-LS 9:30-Bible Story &amp; Daily Chronicle-LS 12:30-"Say What" Game-LS 1:30-Classic Movie-LS 2:45-Snack Time-CG 3:30-Finish the Lyrics &amp; Listen-LS 6:00-Pass the Pig or Movie-CG</p>
<p><b>Happy Birthday Josephine!</b> 9:30-Live Stream Church on TV-LS 10:15-Communion &amp; Hymn Singalong-LS 11:00-Music &amp; Movement/Kickball-LS 1:45-Bible Study/Stories-LS 2:30-Fun on the IN2L-LS 2:45-Snack &amp; Slideshow-CG 3:00-Table Game-LS 4:00-Symphony on TV-LS 6:00-Crosswords or Movie-CG</p>	<p>9:15-Hidden in Plain Sight-LS <b>10:00-Catholic Rosary-AR</b> 11:00-Music &amp; Movement-ALAR 12:45-Discussion: The Alaska Purchase-LS 1:15-Antler Match Game-LS <b>2:00-Outing to Perkins for Pie &amp; Coffee (limit of 10)-LS/DW/CG</b> 2:45-Snack &amp; Slideshow-CG 3:00-Bean Bag Toss-KH 3:45-Trivia-KH 6:00-Coloring or Movie-CG <i>Australia Day (Observed)</i></p>	<p>9:15-History of Disco Discussion-KH <b>10:30-Music Therapy w/ Ruth</b> 12:45-Guess the Phrase-KH 1:30-Ping Pong Bucket Toss-KH 2:30-Table Game-LS 2:45-Snack &amp; Slideshow-CG 3:00-Finish the Lyrics &amp; Listen-LS 3:45-Afternoon Stretch-LS 4:00-Behind the Hymn Music Discussion-LS 6:00-Movie-CG</p>	<p>9:15-Happy B-day Georgia-KH 11:00-Music &amp; Movement-ALAR 12:45-Light Debate-LS 1:30-Creativity Boxes-LS 2:00-Word Games-LS (2:00-Staff Meeting) 2:45-Snack &amp; Slideshow-CG 3:00-Fun on the IN2L-LS 3:30-Bingo-LS/KH 6:00-Manicures or Movie-CG</p>	<p>9:15-Manicures &amp; Travel Videos-MT 11:00-Music &amp; Movement-ALAR 12:45-Balloon Badminton-KH 1:30-Charades-KH 2:15-Pictionary-KH 2:45-Snack &amp; Slideshow-CG 3:00-Guess the Phrase-KH 4:00-Trivia-KH 6:00-Coloring or Movie-CG</p>	<p>9:15-Creativity Boxes-KH 10:00-Group Crosswords-KH 11:00-Music &amp; Movement-ALAR 12:45-Active Game-KH <b>1:30-Hawaiian Happy Hour-MT/DW</b> 2:30-Presidential Discussion-MT 2:45-Snack &amp; Slideshow-CG 3:30-Bean Bag Toss-KH 6:00-Word Find or Movie-CG</p>	<p>9:00-Morning Music &amp; Stretch-LS 9:30-Bible Story &amp; Daily Chronicle-LS 12:30-Stick Moose Game-LS 1:30-Classic Movie-LS 2:45-Snack Time-CG 3:30-Finish the Lyrics &amp; Listen-LS 6:00-Pass the Pig or Movie-CG</p>