

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
 August 2026 												9:30a Chair Exercise - AR 10:00a Coffee Talk - GR 12:45p Bingo - AR 2:00p Relaxing Guitar Music - GR and Singing w/Felix 3:00p Hydrating Hand Massage - AR 4:00p Colorado Trivia Game - GR Colorado Day 1876		1						
9:30a Catholic Service - Chpl 10:30a Church Service - Chpl 1:00p Movie Matinee - TH 3:00p Jigsaw Puzzles - GR 3:45p Walking Club - Meet in the Great Room		2	9:30a Resistance Bands - TH 10:00a Wal-Mart Outing 12:30p Sewing w/Meg - AR 1:00p Outdoor Garden Watering - CY 1:30p Seashells Crafting - AR 2:30p Bible Study & Hymns - Chpl 4:00p Audible Book Club - TH		3	9:30a Gentle Morning Stretch - AR 10:00a Culinary Chat - AR 10:30a Tai chi - TH 1:00p What am I Trivia - GR 2:00p Cookie Social - GR 3:00p Bingo - AR 6:00p Mission Critical: Inside the U.S. Coast Guard Coast Guard Day		4	8:00a Outdoor Garden Watering 9:30a Resistance Bands - TH 10:00a Devotional & - Chpl Prayer Circle 10:30a Hymns w/Gordon - GR 1:30p Scenic Drive 3:00p Painting w/Acrylics - AR 4:00p Kings Corner Cards - GR 5:30p Bingo - AR		5	9:30a Chair Exercise - AR 10:15a Town Hall - TH 1:00p Therapy Dog Visit - GR w/Tovee 2:00p Flower Arranging - AR 3:00p Bingo - AR 4:00p Nail Painting - AR 6:00p Travelogue: Canada - TH		6	9:30a Weights & Stretching - AR 10:15a Sunny Door Decor Craft- AR 11:00a Hydrating Hand Massage-AR 1:30p Dog Visit w/Tess - GR 2:15p Pickleball - CY 3:00p Kings Corner Cards - GR 4:00p Outdoor Garden Watering 6:00p Friday Night Movie - TH		7	9:30a Chair Exercise - AR 10:00a Coffee Talk - GR 1:00p Bingo - AR 2:45p Movie Matinee - TH 3:30p Readers Theater - GR 4:00p Uno! - GR		8
9:30a Catholic Service - Chpl 10:30a Church Service - Chpl 1:00p Movie Matinee - TH 3:00p Jigsaw Puzzles - GR 3:45p Walking Club - Meet in the Great Room		9	9:30a Resistance Bands - TH 10:00a Wal-Mart Outing 12:30p Sewing w/Meg - AR 1:00p Outdoor Garden Watering - CY 1:30p United Shapes of USA Gm-GR 2:30p Bible Study & Hymns - Chpl 4:00p Audible Book Club - TH		10	9:30a Gentle Morning Stretch-AR 10:30a Tai chi - AR 1:00p Coffee Ground Art - AR 2:00p Hydrating Hand Massage - AR 2:30p Bingo - AR 3:45p Charades - AR 6:00p Declassified: John - TH Lennon Documentary		11	8:00a Outdoor Garden Watering 9:30a Resistance Bands - TH 10:00a Devotional & Prayer Circle-Ch 10:30a Table Games - GR 1:30p Scenic Drive 3:00p Jewelry Making - AR 4:00p Puzzling Puzzles - GR 5:30p Bingo - AR		12	9:30a Chair Exercise - AR 10:15a Sept Planning Mtg - AR 11:00a Praying the Rosary - Chpl 1:00p Drawing w/your - AR Non Dominant Hand/Famous SPs 2:00p Guitar Music w/George - GR 3:15p Bingo - AR 6:00p Travelogue: Ecuador - TH Southpaw Day!		13	9:30a Weights & Stretching - AR 10:15a Hymns w/Dennis - Chpl 1:00p Nail Painting - AR 1:45p Charades - AR 3:00p August Birthday Party w/- GR Entertainment from Randy Mac! 4:00p Outdoor Garden Watering 6:00p Friday Night Movie - TH		14	9:30a Chair Exercise - AR 10:00a Coffee Talk - GR 1:00p Bingo - AR 2:45p Movie Matinee - TH 3:30p Popsicle Social - GR 4:00p Jeopardy Trivia - GR		15
9:30a Catholic Service - Chpl 10:30a Church Service - Chpl 1:00p Movie Matinee - TH 3:00p Jigsaw Puzzles - GR 3:45p Walking Club - Meet in the Great Room		16	9:30a Resistance Bands - TH 10:00a Wal-Mart Outing 12:30p Sewing w/Meg - AR 1:30p Outdoor Garden Watering - CY 2:00p Iced Tea Social & BB - GR Jeopardy Challenge 2:30p Story Dogs - GR 4:00p Audible Book Club - TH		17	9:30a Gentle Morning Stretch-AR 10:30a Tai chi - AR 12:30p Bad Poetry Challenge! - AR Writing bad poetry for fun & laughs! 1:30p Independent Cranium Crunches 3:00p Entertainment w/George - GR 4:00p Mad Libs of Laughter - GR 6:00p Women's Suffrage Docu - TH		18	8:00a Outdoor Garden Watering 9:30a Resistance Bands - TH 10:00a Devotional & Prayer Circle-Ch 10:30a Goodwill Outing 1:30p Scenic Drive 3:00p Ice Cream Sandwich Soc - GR 3:30p Pickleball - CY 4:00p Dice Games - AR 5:30p Bingo - AR		19	9:30a Chair Exercise - AR 10:15a Mexican Train Dominoes-AR 1:00p Therapy Dog Visit - GR w/Tovee 2:00p Piano Classics w/David - GR 3:00p New Resident Welcome! - GR Drumsticks (ice cream) 3:30p Bingo - AR 6:00p ABQ Balloon Fiesta - TH		20	9:30a Weights & Stretching - AR 10:15a Baking & Cad Games - AR 1:30p Dog Visit w/Tess - GR 2:15p Watercoloring Class - AR 3:00p Smore Bingo - AR 4:00p Outdoor Garden Watering 6:00p Friday Night Movie - TH		21	9:30a Chair Exercise - AR 10:00a Coffee Talk & - GR and Sunflower Mining Puzzle 1:00p Bingo - AR 2:45p Movie Matinee - TH 3:00p Ukuleles w/June & Cindy - GR 4:00p Whiteboard Hangman - GR Sunflower Day		22
9:30a Catholic Service - Chpl 10:30a Church Service - Chpl 1:00p Movie Matinee - TH 3:00p Jigsaw Puzzles - GR 3:45p Walking Club - Meet in the Great Room		23	9:30a Resistance Bands - TH 10:00a Wal-Mart Outing 12:30p Sewing w/Meg - AR 1:00p Outdoor Garden Watering - CY 1:30p Resident Choice Game - GR 2:30p Bible Study & Hymns - Chpl 4:00p Audible Book Club - TH		24	9:30a Gentle Morning Stretch-AR 10:30a Tai chi - AR 1:00p Epsom Salt Foot Soak - AR 2:00p Slushy Social - GR 3:15p Hershey's Kisses Bingo - AR 4:15p Hydrating Hand Massage - AR 6:00p National Parks Docu - TH National Parks Day		25	8:00a Outdoor Garden Watering 9:30a Resistance Bands - TH 10:00a Devotional & Prayer Circle-Ch 10:30a Creating Art w/Citrus - AR 1:30p Scenic Drive 3:00p The Do's & Don'ts of Dementia Guest Speaker - TH 5:30p Bingo - AR		26	9:30a Chair Exercise - AR 10:15a Baking & Table Games - AR 11:00a Praying the Rosary - Chpl 1:15p Buzzword Conundrum Gm-AR 2:00p Open Art w/Abby - AR 3:00p Bingo - AR 6:00p How the Universe Works - TH		27	9:30a Weights & Stretching - AR 10:15a Sunflower Painting - AR 1:30p Charades - AR 2:15p Moon Pie Social - GR 3:00p Entertainment w/Skip - GR 4:00p Outdoor Garden Watering 6:00p Friday Night Movie - TH Full Sturgeon Moon		28	9:30a Chair Exercise - AR 10:00a Coffee Talk - GR 1:00p Bingo - AR 2:45p Movie Matinee - TH 3:30p Pass the Doodle - GR 4:00p Horse Racing Game(new) - GR		29
9:30a Catholic Service - Chpl 10:30a Church Service - Chpl 1:00p Movie Matinee - TH 3:00p Jigsaw Puzzles - GR 3:45p Walking Club - Meet in the Great Room		30	9:30a Resistance Bands - TH 10:00a Wal-Mart Outing 12:30p Sewing w/Meg - AR 1:30p Outdoor Garden Watering - CY 2:30p Bible Study & Hymns - Chpl 4:00p Audible Book Club - TH 6:00p Thomas Edison: - TH Lighting Up the World		31	~All Activities are subject to change and may vary from the calendar~ 														