

# ALLERGEN & DIETARY SUITABILITY CHART

Issued: 29/08/2025

This document covers both our permanent menu items and ingredients, as well as limited time offers.

The allergens listed in this document are those outlined in the Australia New Zealand Food Standards Code (Standard 1.2.3 and Schedule 9).

Please be advised that as we operate working kitchens, there is always a risk that traces of allergens may be transferred to products during storage, preparation, or cooking. BurgerFuel cannot assure that any food sold is allergen-free.

Additionally, there is always a risk of cross-contamination with non-vegetarian, non-vegan, and non-halal items. Items marked as vegetarian, vegan, or halal suitable align with respective guidelines but may not be certified, except our smashed beef and grilled chicken, which are halal certified. Note that our kitchens do not possess halal certification. Items labelled as vegetarian suitable adhere to lacto-ovo vegetarian guidelines.

Please inform staff if you have any allergies or specific dietary requirements.

For the most up-to-date allergen and dietary suitability information, visit [www.burgerfuel.com/allergens](http://www.burgerfuel.com/allergens). If you would like further information or have concerns regarding specific ingredients or menu items, please ask a manager at our restaurants or email [info@burgerfuel.co.nz](mailto:info@burgerfuel.co.nz)

## Jump To:

- [Burgers - Beef](#)
- [Burgers - Chicken](#)
- [Burgers - Plant-Powered](#)
- [Sides](#)
- [Kids Meals](#)
- [Thickshakes](#)
- [Drinks](#)
- [Ingredients](#)
- [Limited-Time Offers](#)

MENU ITEM	PRIMARY INGREDIENTS	ALLERGENS*	VEGETARIAN SUITABLE**	VEGAN SUITABLE**	HALAL SUITABLE**	ADDITIONAL INFORMATION
<b>BURGERS - BEEF</b> See the <a href="#">Limited-Time Offers</a> section for allergen and dietary information on limited-time offer burgers.						
AMERICAN MUSCLE SINGLE / DOUBLE	Beef, Wholemeal Bun, Pickles, Relish, Cheddar, Aioli, Mustard, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg, Sulphites.	No	No	Yes	
C N CHEESE	Beef, Wholemeal Bun, Lettuce, Tomato, Relish, Cheddar, Aioli, Truffle Mascarpone, Red Onion, Parmesan, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	Yes	
BIO FUEL	Beef, Wholemeal Bun, Egg, Beetroot w/ Chia Seeds, Lettuce, Tomato, Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg.	No	No	Yes	
FORD FREAKOUT	Beef, Wholemeal Bun, Bacon, Avocado, Lettuce, Tomato, Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg.	No	No	No	
BACON BBQ ROADSTER	Beef, Wholemeal Bun, Battered Onion Rings, Bacon, Lettuce, Tomato, Relish, Cheddar, Aioli, BBQ Sauce, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	No	
BASTARD	Beef, Wholemeal Bun, Bacon, Pineapple, Beetroot, Avocado, Lettuce, Tomato, Relish, Cheddar, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	No	
HAMBURGINI	Beef, Wholemeal Bun, Cheddar, Pickles, Relish, Aioli, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	Yes	
DIABLO	Beef, Wholemeal Bun, Cheddar, Pickles, Relish, Aioli, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	Yes	
BAMBINA	Beef, Wholemeal Bun, Lettuce, Tomato, Aioli, Relish, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg.	No	No	Yes	
<b>BURGERS - CHICKEN</b>						
BACON BACKFIRE	Chicken Breast, Wholemeal Bun, Bacon, Brie, Lettuce, Tomato, Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	No	
BURNOUT	Chicken Breast, Wholemeal Bun, Bacon, Avocado, Lettuce, Tomato, Relish, Blue Cheese Sauce, Red Onion, Mustard, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg, Milk, Sulphites.	No	No	No	
MODIFRIED THUNDERBIRD	Buttermilk Fried Chicken, Wholemeal Bun, Jalapeno Slice, Lettuce, Tomato, Relish, Chipotle Aioli, Red Onion, Salt & Pepper.	Gluten, Wheat, Milk, Soy, Sesame, Egg.	No	No	No	
CHICK CHEVELLE	Chicken Tenderloin, Wholemeal Bun, Lettuce, Tomato, Relish, Aioli, Red Onion, Garlic Rosemary Sea Salt Blend.	Sesame, Soy, Wheat, Gluten, Egg.	No	No	Yes	
CHOOK ROYALE	Chicken Tenderloin, Wholemeal Bun, Lettuce, Tomato, Pineapple, Relish, Aioli, Red Onion, Garlic Rosemary Sea Salt Blend.	Sesame, Soy, Wheat, Gluten, Egg.	No	No	Yes	
<b>BURGERS - PLANT-POWERED</b>						
V-TWIN VEGE	V-Twin Patty, Wholemeal Bun, Cheddar, Lettuce, Tomato, Relish, Aioli, Truffle Mascarpone, Plum Sauce, Red Onion.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	Yes	No	Yes	
V8 VEGAN	Motobites, Wholemeal Bun, Beetroot w/ Chia, Lettuce, Tomato, Relish, Miso Pea Mash, Vegan Cheddar, Vegan Aioli, Red Onion.	Wheat, Gluten, Sesame, Soy, Cashews.	Yes	Yes	Yes	
VEGE PINTO	Motobites, Wholemeal Bun, Lettuce, Tomato, Relish, Vegan Aioli, Red Onion.	Gluten, Wheat, Sesame, Soy.	Yes	Yes	Yes	
<b>SIDES</b> Our sides are served with sauces. See the <a href="#">Ingredients</a> Section for allergen and dietary information on your chosen sauce. See the <a href="#">Limited-Time Offers</a> section for allergen and dietary information on limited-time offer sides.						
SPUD FRIES	Spud Fries, Salt.	-	Yes	Yes	Yes	
KŪMARA FRIES	Kūmara Fries, Salt.	-	Yes	Yes	Yes	
MOTOBITES	Motobites.	Wheat, Gluten, Soy.	Yes	Yes	Yes	
CHICKEN FENDERS	Chicken Tenderloin, Garlic Rosemary Sea Salt Blend.	-	No	No	Yes	
CHOPPERS	Choppers, Aioli.	Gluten, Wheat, Milk, Soy, Egg.	No	No	No	

\* **ALLERGEN WARNING:** There is always a risk that traces of allergens may be transferred to products during storage, preparation, or cooking. BurgerFuel cannot assure that any food sold is allergen-free.

\*\* **DIETARY SUITABILITY WARNING:** There is always a risk of cross-contamination with non-vegetarian, non-vegan, and non-halal foods during storage, preparation, and cooking. Items marked as vegetarian suitable adhere to lacto-ovo vegetarian guidelines. Items marked as vegetarian, vegan, or halal suitable align with their respective guidelines but may not be certified with exception of our smashed beef and grilled chicken which are halal certified. Note that our kitchens do not possess halal certification.

MENU ITEM	PRIMARY INGREDIENTS	ALLERGENS*	VEGETARIAN SUITABLE**	VEGAN SUITABLE**	HALAL SUITABLE**	ADDITIONAL INFORMATION
<b>KIDS MEALS</b> Kid's meals include a Keri Fruity Drink. See the <a href="#">Drinks</a> section for allergen information on your chosen drink. Spud Fries are served with Aioli or Tomato Sauce. See the <a href="#">Ingredients</a> section for allergen and dietary information on your chosen sauce.						
KIDS CHEESEBURGER	Beef, Wholemeal Bun, Cheddar, Relish, Aioli, Salt & Pepper. Spud Fries, Salt.	Sesame, Soy, Wheat, Gluten, Milk, Egg.	No	No	Yes	
TEENY CHOPPERS	Choppers. Spud Fries, Salt.	Gluten, Wheat, Milk, Soy.	No	No	No	
MINI MOTOBITES	Motobites. Spud Fries, Salt.	Gluten, Wheat.	Yes	Yes	Yes	Vegan suitable if served with Tomato Sauce or Vegan Aioli.
<b>THICKSHAKES</b> See the <a href="#">Limited-Time Offers</a> section for allergen and dietary information on limited-time offer thickshakes.						
BANANA - MILK	BurgerFuel Whip, Milk, Banana Syrup.	Milk, Soy.	Yes	No	Yes	
CARAMEL - MILK	BurgerFuel Whip, Milk, Caramel Syrup.	Milk, Soy.	Yes	No	Yes	
CHOCOLATE - MILK	BurgerFuel Whip, Milk, Dark Chocolate Syrup.	Milk, Soy.	Yes	No	Yes	
LIME - MILK	BurgerFuel Whip, Milk, Lime Syrup.	Milk, Soy.	Yes	No	Yes	
STRAWBERRY - MILK	BurgerFuel Whip, Milk, Strawberry Syrup.	Milk, Soy.	Yes	No	Yes	
ESPRESSO - MILK	BurgerFuel Whip, Milk, Espresso Syrup.	Milk, Soy.	Yes	No	Yes	Contains caffeine.
BANANA - OAT	Oat Ice Cream, Oat Milk, Banana Syrup.	Gluten.	Yes	Yes	Yes	
CARAMEL - OAT	Oat Ice Cream, Oat Milk, Caramel Syrup.	Gluten.	Yes	Yes	Yes	
CHOCOLATE - OAT	Oat Ice Cream, Oat Milk, Dark Chocolate Syrup.	Gluten.	Yes	Yes	Yes	
LIME - OAT	Oat Ice Cream, Oat Milk, Lime Syrup.	Gluten.	Yes	Yes	Yes	
STRAWBERRY - OAT	Oat Ice Cream, Oat Milk, Strawberry Syrup.	Gluten.	Yes	Yes	Yes	
ESPRESSO - OAT	Oat Ice Cream, Oat Milk, Espresso Syrup.	Gluten.	Yes	Yes	Yes	Contains caffeine.
<b>DRINKS</b> See the <a href="#">Limited-Time Offers</a> section for allergen information on limited-time offer drinks.						
COKE 330ML		-				Contains Caffeine.
COKE ZERO SUGAR 330ML		-				Contains Phenylalanine. Contains Caffeine.
SPRITE 330ML		-				
SPRITE ZERO SUGAR 330ML		-				
L&P 330ML		-				
SCHWEPES GINGER BEER 330ML		Gluten.				
SCHWEPES LIGHT GINGER BEER 330ML		Gluten.				Contains Phenylalanine.
FANTA ORANGE 330ML		-				
MOST ORGANICS APPLE FEIJOA 275ML		-				
MOST ORGANICS SPARKLING APPLE BLACKCURRANT 275ML		-				
MOST ORGANICS APPLE ORANGE MANGO 275ML		-				
KERI FRUITY DRINK APPLE 250ML		-				
KERI FRUITY DRINK APPLE BLACKCURRANT 250ML		-				
KIWI BLUE STILL SPRING WATER 600ML		-				

\* **ALLERGEN WARNING:** There is always a risk that traces of allergens may be transferred to products during storage, preparation, or cooking. BurgerFuel cannot assure that any food sold is allergen-free.

\*\* **DIETARY SUITABILITY WARNING:** There is always a risk of cross-contamination with non-vegetarian, non-vegan, and non-halal foods during storage, preparation, and cooking. Items marked as vegetarian suitable adhere to lacto-ovo vegetarian guidelines. Items marked as vegetarian, vegan, or halal suitable align with their respective guidelines but may not be certified with exception of our smashed beef and grilled chicken which are halal certified. Note that our kitchens do not possess halal certification.

INGREDIENTS	ALLERGENS*	VEGETARIAN SUITABLE**	VEGAN SUITABLE**	HALAL SUITABLE**	ADDITIONAL INFORMATION
AIOLI	Egg.	Yes	No	Yes	
AVOCADO	-	Yes	Yes	Yes	
BACON	-	No	No	No	
BANANA SYRUP	-	Yes	Yes	Yes	
BATTERED ONION RINGS	Gluten, Wheat.	Yes	No	No	
BBQ SAUCE	-	Yes	No	Yes	
BEEF	-	No	No	Yes	
BEETROOT W/ CHIA	Gluten.	Yes	Yes	Yes	
BLUE CHEESE SAUCE	Egg, Milk.	Yes	No	Yes	Contains non-animal rennet.
BRIE	Milk.	Yes	No	Yes	Contains non-animal rennet.
BURGERFUEL WHIP	Milk, Soy.	Yes	No	Yes	
BUTTERMILK FRIED CHICKEN	Gluten, Wheat, Milk, Soy.	No	No	No	
CANOLA OIL	-	Yes	Yes	Yes	
CARAMEL SYRUP	-	Yes	Yes	Yes	
CHEDDAR	Milk.	Yes	No	Yes	Contains non-animal rennet.
CHICKEN BREAST	-	No	No	Yes	
CHICKEN TENDERLOIN	-	No	No	Yes	
CHIPOTLE AIOLI	Egg.	Yes	No	Yes	
CHOPPERS	Gluten, Wheat, Milk, Soy.	No	No	No	
DARK CHOCOLATE SYRUP	-	Yes	Yes	Yes	
EGG	Egg.	Yes	No	Yes	
ESPRESSO SYRUP	-	Yes	Yes	Yes	Contains caffeine.
GARLIC ROSEMARY SEA SALT BLEND	-	Yes	Yes	Yes	
GLUTEN FREE BUN	Sesame.	Yes	Yes	Yes	
JALAPENO SLICE	-	Yes	Yes	Yes	
KŪMARA FRIES	-	Yes	Yes	Yes	
LEMON AIOLI	Egg.	Yes	No	Yes	
LETTUCE	-	Yes	Yes	Yes	
LIME SYRUP	-	Yes	Yes	Yes	
MILK	Milk.	Yes	No	Yes	
MISO PEA MASH	Cashews, Soy.	Yes	Yes	Yes	
MOTOBITES	Gluten, Wheat.	Yes	Yes	Yes	
MUSTARD	Sulphites.	Yes	Yes	Yes	
OAT ICE CREAM	Gluten.	Yes	Yes	Yes	
OAT MILK	Gluten.	Yes	Yes	Yes	
PARMESAN	Milk.	No	No	Yes	Contains animal rennet.
PICKLES	-	Yes	Yes	Yes	
PINEAPPLE	-	Yes	Yes	Yes	
PLUM SAUCE	-	Yes	Yes	Yes	
RED ONION	-	Yes	Yes	Yes	
RELISH	-	Yes	Yes	Yes	
SALT	-	Yes	Yes	Yes	
SALT & PEPPER	-	Yes	Yes	Yes	
SPUD FRIES	-	Yes	Yes	Yes	
SRIRACHA SAUCE	-	Yes	Yes	Yes	
STRAWBERRY SYRUP	-	Yes	Yes	Yes	
TOMATO	-	Yes	Yes	Yes	
TOMATO SAUCE	-	Yes	Yes	Yes	
TRUFFLE MASCARPONE	Milk.	Yes	No	Yes	
VEGAN AIOLI	-	Yes	Yes	Yes	
VEGAN CHEDDAR	-	Yes	Yes	Yes	
V-TWIN PATTY	-	Yes	Yes	Yes	
WHOLEMEAL BUN	Sesame, Soy, Gluten, Wheat.	Yes	Yes	Yes	Flour used in this product is fortified with folic acid, per the Australia New Zealand Food Standards Code.

\* **ALLERGEN WARNING:** There is always a risk that traces of allergens may be transferred to products during storage, preparation, or cooking. BurgerFuel cannot assure that any food sold is allergen-free.

\*\* **DIETARY SUITABILITY WARNING:** There is always a risk of cross-contamination with non-vegetarian, non-vegan, and non-halal items. Items marked as vegetarian, vegan, or halal suitable align with respective guidelines but may not be certified, except our smashed beef and grilled chicken, which are halal certified. Note that our kitchens do not possess halal certification. Items labelled as vegetarian suitable adhere to lacto-ovo vegetarian guidelines.

LIMITED TIME OFFERS	PRIMARY INGREDIENTS	ALLERGENS*	VEGETARIAN SUITABLE**	VEGAN SUITABLE**	HALAL SUITABLE**	ADDITIONAL INFORMATION
SWEET AS TATER FRIES	Sweet Potato Fries, Salt.		Yes	Yes	Yes	Served with Aioli. See the <a href="#">Ingredients</a> section for allergen and dietary information.
WILD HEART BURGER	Venison, Wholemeal Bun, Beetroot w/ Chia Seeds, Relish, Cheddar, Truffle Mascarpone, Carrot, Aioli, Cherry Sauce, Mesclun, Charcoal Black Rub.	Sesame, Soy, Gluten, Wheat, Milk, Egg.	No	No	No	
MIDNIGHT FOREST SHAKE - MILK	BurgerFuel Whip, Milk, Dark Chocolate Syrup, Cherry Syrup, Raspberry Liquorice, Flake Chocolate, Cacao Nib Blend.	Milk, Soy, Wheat, Gluten.	No	No	No	Due to the presence of gelatine (from beef), Wheat, Gluten, Milk, and Soy in the Raspberry Liquorice, Flake Chocolate, and Cacao Nib Blend, this product is not suitable for Vegetarians, or those requiring a Wheat, Soy, or Gluten-friendly option.
MIDNIGHT FOREST SHAKE - OAT	Oat Ice Cream, Oat Milk, Dark Chocolate Syrup, Cherry Syrup, Raspberry Liquorice, Flake Chocolate, Cacao Nib Blend.	Milk, Soy, Wheat, Gluten.	No	No	No	Due to the presence of gelatine (from beef), Wheat, Gluten, Milk, and Soy in the Raspberry Liquorice, Flake Chocolate, and Cacao Nib Blend, this product is not suitable for Vegetarians, Vegans, or those requiring a Soy or Milk-friendly option.
GRAVY TRAIN SIDE	Spud Fries, Gravy, Tasty Cheese, Parsley, Salt.	Sulphites, Soy, Milk.	Yes	No	Yes	

LIMITED TIME OFFER INGREDIENTS	ALLERGENS*	VEGETARIAN SUITABLE**	VEGAN SUITABLE**	HALAL SUITABLE**	ADDITIONAL INFORMATION
VENISON	-	No	No	No	
CARROT	-	Yes	Yes	Yes	
CHERRY SAUCE	-	Yes	Yes	Yes	
MESCLUN	-	Yes	Yes	Yes	
CHARCOAL BLACK RUB	-	Yes	Yes	Yes	
CHERRY SYRUP	-	Yes	Yes	Yes	
RASPBERRY LIQUORICE, FLAKE CHOCOLATE, CACAO NIB BLEND	Wheat, Gluten, Milk, Soy.	No	No	No	Contains gelatine (from beef).
GRAVY	Sulphites, Soy, Milk.	Yes	No	Yes	
TASTY CHEESE	Milk.	Yes	No	Yes	Contains non-animal rennet.

The [Ingredients](#) section of this document includes information about permanent menu ingredients that may appear in limited-time offers but aren't listed in the table above.

\* **ALLERGEN WARNING:** There is always a risk that traces of allergens may be transferred to products during storage, preparation, or cooking. BurgerFuel cannot assure that any food sold is allergen-free.

\*\* **DIETARY SUITABILITY WARNING:** There is always a risk of cross-contamination with non-vegetarian, non-vegan, and non-halal items. Items marked as vegetarian, vegan, or halal suitable align with respective guidelines but may not be certified, except our smashed beef and grilled chicken, which are halal certified. Note that our kitchens do not possess halal certification. Items labelled as vegetarian suitable adhere to lacto-ovo vegetarian guidelines.