

# Resilient with WakeMed: simply great healthcare.

Resilient Health is healthcare the way it should be: focused on improving your experience as a patient and helping you navigate your care to be your healthiest version of you.

From 1/1/26, your Resilient Health benefit will be provided by WakeMed at no cost to you, giving you access to affordable, exceptional primary care both in-person in our CloudClinics, via at-home telehealth, and through text messaging.



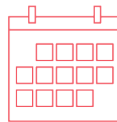
## YOUR REZILIENT BENEFIT INCLUDES:

- Coverage for you and your dependents aged 7 and over enrolled in the WakeMed medical plan
- \$0 copay and \$0 deductible for primary care, urgent care, and speciality care consults
- \$0 out-of-pocket for any Resilient provided service
- Access to Resilient's hands-on care coordination to help you get high-quality, low cost healthcare within WakeMed's health plan network



### MORE TIME WITH YOUR DOCTOR

Longer appointment times are our standard. Your doctor always has time to listen to you.



### SAME-DAY AND NEXT-DAY APPOINTMENTS

Easy to book, timely appointments from the comfort of your couch.



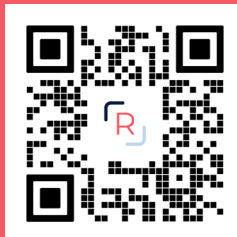
### EXTENDED ACCESS TO YOUR CARE TEAM

Truly connected virtual primary care. It's as easy as sending a text message.

## SCAN TO ACTIVATE YOUR BENEFIT

Activation code: WAKEMD

Code will be active from 1/1/26



Or go to:

[rezilienthealth.com/activate/wakemed](https://rezilienthealth.com/activate/wakemed)  
[members@rezilienthealth.com](mailto:members@rezilienthealth.com)