

# Resilient with WakeMed: simply great healthcare.

Resilient Health is healthcare the way it should be: focused on improving your experience as a patient and helping you navigate your care to be your healthiest version of you.

Your Resilient Health benefit will be provided by WakeMed at no cost to you, giving you access to affordable, exceptional primary care both in-person in our CloudClinics, via at-home telehealth, and through text messaging.



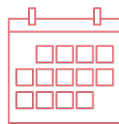
## YOUR REZILIENT BENEFIT INCLUDES:

- Coverage for you and your dependents aged 7 and over enrolled in the WakeMed medical plan
- \$0 copay and \$0 deductible or primary care, urgent care, and specialty care consults
- \$0 out-of-pocket for any Resilient provided service
- Access to Resilient's hands-on care coordination o help you get high-quality, low cost healthcare within WakeMed's health plan network



### MORE TIME WITH YOUR DOCTOR

Longer appointment times are our standard. Your doctor always has time to listen to you.



### SAME-DAY AND NEXT-DAY APPOINTMENTS

Easy to book, timely appointments from the comfort of your couch.



### EXTENDED ACCESS TO YOUR CARE TEAM

Truly connected virtual primary care. It's as easy as sending a text message.

SCAN TO ACTIVATE YOUR BENEFIT

Activation code: WAKEMD



Or go to:

[rezilienthealth.com/activate/wakemed](https://rezilienthealth.com/activate/wakemed)  
[members@rezilienthealth.com](mailto:members@rezilienthealth.com)