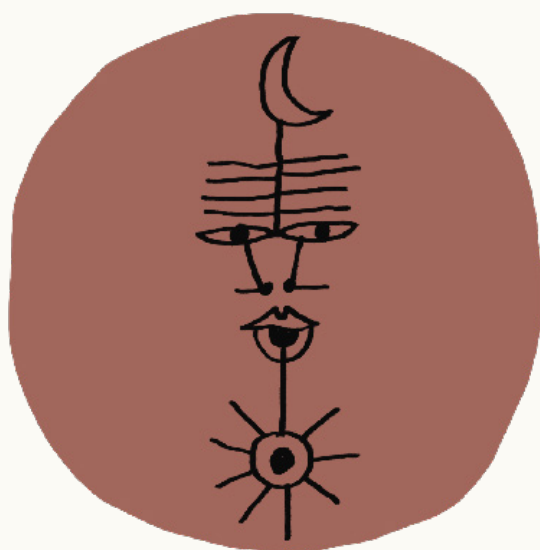




SPA

BY MENORCA EXPERIMENTAL

The Spa by Menorca Experimental offers a unique
and holistic treatment experience for you.

Combining expertise and personalization, our bespoke treatments
integrate various techniques to deliver visible results,
an unparalleled experience, and deep sense of well-being.



FROM 10AM TO 8PM

FACIAL TREATMENTS

BY BIOLOGIQUE RECHERCHE

A high-end French skincare brand known for its unique and scientific approach to beauty, Biologique Recherche provides ultra-concentrated formulas of pure active ingredients, a customized clinical methodology, and visible, lasting results.

Each treatment is bespoke and offers excellence in cosmetics, without compromise.

AFTER-SUN FACIAL

Extend the radiance and tan of your skin while protecting it from the sun's effects with this intensely hydrating, repairing, and soothing treatment. Enriched with powerful active ingredients and combined with a draining lymphatic massage, it promotes the elimination of toxins, reduces signs of fatigue, and soothes sun-exposed skin.

The complexion is revived, and the skin feels soft and radiant.

45 min. 130€

PERSONALIZED FACIAL

Treat yourself to a moment of pure relaxation that combines high-performance skincare with a precise and deep draining massage. Inspired by the Biologique Recherche methodology, this treatment stimulates lymphatic circulation, reactivates the skin's natural functions, and reduces signs of fatigue.

The complexion is radiant, the features appear rested, and the skin is revitalized and glowing.

60 min. 150€

ADVANCED FACIAL

Give your skin an advanced facial enriched with sculpting and regenerating techniques.

The facial contour is redefined, cheekbones are lifted, and the skin is plumped.

An extra booster or targeted mask, carefully selected, enhances the results for a radiant and revitalized complexion.

75 min. 180€

REGENERATING HAIR TREATMENT

Immerse yourself in a soothing ritual, accompanied by the gentle sound of water.

This exclusive treatment combines a regenerating hair care session to restore suppleness and vitality with an exceptional facial mask by Biologique Recherche for a moment of pure well-being.

45 min. 85€

BODY TREATMENT



LYMPHATIC DRAINAGE

A combination of deep, rhythmic movements designed to activate blood and lymphatic circulation. This drainage technique detoxifies the body, reduces water retention, and enhances sleep and recovery.

60 min. 140€

SLIMMING TREATMENT BY BIOLOGIQUE RECHERCHE

This slimming treatment combines sculpting movements and lipolytic active ingredients to stimulate microcirculation, smooth the skin, and refine the body's silhouette using Biologique Recherche's expertise for lasting results.

60 min. 140€

DETOXIFYING TREATMENT BY BIOLOGIQUE RECHERCHE

Ideal for detoxifying and naturally reshaping the body, this treatment activates circulation, stimulates metabolism, and promotes toxin elimination.

Thanks to Biologique Recherche's exclusive formulas, the skin is revitalized, firmer, and radiantly fresh.

75 min. 180€

MASSAGES & TRADITIONAL THERAPIES



FROM AROUND THE WORLD

TRADITIONAL CHINESE ACUPRESSURE FIRST SESSION

A holistic practice that considers body and mind as inseparable,
aiming to preserve and strengthen your overall health.

Each session is built around acupressure.

The first session includes a diagnostic assessment essential to guiding
the treatment. This ancestral manual technique works through precise pressure on
specific energy points of the body, tailored to your needs and your energetic state.

75 min. 140€

FOLLOW-UP SESSION

A holistic practice that considers body and mind as inseparable,
aiming to preserve and strengthen your overall health.

Each session is built around acupressure. This ancestral manual technique
works through precise pressure on specific energy points of the body,
tailored to your needs and your energetic state.

60 min. 120€

CHI NEI TSANG ENERGETIC ABDOMINAL MASSAGE

Rooted in Taoist tradition, Chi Nei Tsang is an energetic abdominal
massage that places the belly at the heart of the body's balance.

Combined with conscious breathing, it invites deep release while refining
awareness of internal sensations. Through targeted work on the organs and fascia,
this treatment releases tension, stimulates circulation and revives Qi, the vital energy.
It acts on the nervous, blood and lymphatic systems, bringing detoxification, mental clarity
and emotional calm. The intention of this treatment is to develop a deeper self-awareness,
harmonize the flow of energy and guide the body back to its natural balance.

75 min. 160€

MASSAGES



PERSONALIZED MESSAGE

The ultimate in relaxation.

A tailor-made massage designed to suit your preferences,
enhanced by the expertise of our therapists.

Let yourself be carried away on a personalized journey for deep relaxation.

Prenatal massage available – after a minimum of 3 months of pregnancy.

30 min. 80€ – 60 min. 140€ – 90 min. 190€

DEEP TISSUE MESSAGE

This massage relieves tension, reduces stress, and improves mobility.

Using deep tissue techniques, it targets areas of tension to relax the muscles
and provide a feeling of lightness and well-being.

60 min. 140€ – 90 min. 190€

STAR MESSAGE

A sensory journey that brings deep relaxation through a head, face, and foot massage.

Toxins and tensions are released, restoring the skin's natural glow.

60 min. 140€

HOT STONE MESSAGE

Hot stones, placed on strategic points of the body, emit a soothing warmth
that enhances blood circulation, releases tension, and balances energy flow.

Combined with gentle massage movements, this treatment provides intense relaxation,
relieving stress and promoting both mental and physical well-being.

75 min. 180€

BEAUTY RITUALS

NÜSSA OR ALEX CARRO

NÜSSA

A natural French cosmetics brand, Nüssa creates and handcrafts exceptional skincare with sensory textures and captivating scents. Formulated with organic ingredients and permaculture-based extracts, these treatments offer more than a beauty routine — a true reconnection with the skin and the senses.

ALEX CARRO

A minimalist and customizable Spanish skincare brand, Alex Carro reinvents beauty routines with five ultra-effective essentials. Designed in Barcelona, these natural, vegan treatments, formulated with exceptional botanical ingredients, can be endlessly combined to meet every need, providing a tailor-made approach to skincare.



RELAXING ESCAPE

Personalized Massage 60 min
Facial or Body Scrub 30 min

Enjoy a personalized wellness break tailored to your needs.
Combine a customized massage with your choice of a body scrub or a facial.

*90 min. 190€ ***

SENSORY JOURNEY

Body Scrub 30 min
Personalized Massage 60 min
Facial 30 min

Enhance your skin's glow with a full-body exfoliation, followed by a personalized massage and facial. A unique and complete relaxation experience.

*120 min. 220€ ***

**Add On Biologique Recherche products 20€.

Biologique Recherche products will be used during your facial for an even more exclusive experience.

WELL - BEING



Take advantage of your stay to recenter your energy, enhance your well-being, and restore harmony between body and mind with our Yoga and Pilates classes.

All are welcome, whether you are a beginner just starting your practice or an advanced practitioner. Our classes are adapted to all levels. We offer private or group sessions, with different yoga styles (Hatha, Yin, Iyengar, Vinyasa). The class schedule is available at the reception and the spa. For more information and reservations, please contact reception.



CANCELLATION POLICY

Appointments canceled less than 24 hours in advance will be subject to a fee of 100% of the indicated price.

CONTACT

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