

# Our Pledges

name.....

counsellor.....



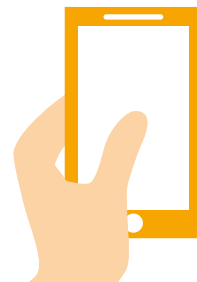
We will look to get permission from the person who pays for your phone or internet connection to talk to you.



Find yourself a safe place where you can talk privately and won't be interrupted.



We will have a plan on what to do if we suddenly stop talking.



You can decide if you want to talk on the phone or by video link.



I will be in my house and you will be in yours.



No need to give us a tour of your bedroom and your private belongings.