

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2026



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|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| <b>9:00</b> - Catholic Mass Channel 7<br><b>9:45</b> - Communion<br><b>10:30</b> - Seated Exercise<br><b>1:30</b> - Billiard<br><b>2:30</b> - Cards Club<br><b>3:30</b> - Afternoon Puzzle | 2  | <b>9:15</b> - Easy Coffee Bar<br><b>9:45</b> - Seated Chair Exercise<br><b>10:30</b> - Create your own Solar<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - 21 Candy bar Poker | 3  | <b>9:15</b> - Morning Social w/Coffee<br><b>9:30</b> - <b>Dollar Tree</b> (store)<br><b>10:00</b> - Rosary prayer w/ Joan Arch Church<br><b>1:30</b> - Bible Study w/ Pastor Reginald<br><b>2:00</b> - Live exercise<br><b>2:30</b> - Advanced Bingo     | 4  | <b>8:15</b> - Fry's (store)<br><b>9:15</b> - Coffee tasting<br><b>10:00</b> - Independent games<br><b>1:30</b> - Town hall<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - Left, Right & Center           | 5  | <b>9:15</b> - Communication and friendship "Coffee"<br><b>9:45</b> - Full Body Stretch<br><b>10:00</b> - Tropic Zone Exotic Bird outing<br><b>1:30</b> - Ladies Tea Social<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - Rummikub | 6  | <b>9:15</b> - Fun & Easy Chat and Coffee<br><b>9:30</b> - Heard Museum<br><b>10:00</b> - Limber up Stretch<br><b>1:30</b> - Galaxy rock painting<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - Bingo Store<br><b>5:30</b> -Afternoon Movie            | 7  | <b>9:15</b> - Coffee w/Friend<br><b>10:00</b> - Giant yard Pong<br><b>10:30</b> - Healing Massage<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Regular Bingo<br><b>3:45</b> - Billiard | 8  |
| <b>9:00</b> - Catholic Mass Channel 7<br><b>9:45</b> - Communion<br><b>10:30</b> - Seated Exercise<br><b>1:30</b> - Billiard<br><b>2:30</b> - Cards Club<br><b>3:30</b> - Afternoon Puzzle | 9  | <b>9:15</b> - Easy Coffee Bar<br><b>9:45</b> - Seated Chair Exercise<br><b>10:30</b> - Create your own Solar<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - 21 Candy bar Poker | 10 | <b>9:15</b> - Morning Social w/Coffee<br><b>9:30</b> - <b>Valle Luna (Restaurant)</b><br><b>10:00</b> - Rosary prayer w/ Joan Arch Church<br><b>1:30</b> - Bible Study w/ Pastor Reginald<br><b>2:00</b> - Live exercise<br><b>2:30</b> - Advanced Bingo | 11 | <b>8:15</b> - Walmart (store)<br><b>9:15</b> - Coffee tasting<br><b>10:00</b> - Independent games<br><b>1:30</b> - Calendar Planning<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - Left, Right & Center | 12 | <b>9:15</b> - Communication and friendship "Coffee"<br><b>9:45</b> - Full Body Stretch<br><b>10:00</b> - Making galaxy bracelets<br><b>2:00</b> - <b>Birthday Party w/Gloria</b><br><b>3:30</b> - Regular Bingo                      | 13 | <b>9:15</b> - Fun & Easy Chat and Coffee<br><b>9:30</b> - Pretty Nails<br><b>10:00</b> - Mellow Motion<br><b>1:30</b> - <b>Fondue Friday</b><br><b>2:30</b> - Advanced Bingo<br><b>5:30</b> - Afternoon Movie                                            | 14 | <b>9:15</b> - Coffee w/Friend<br><b>10:00</b> - Giant yard Pong<br><b>10:30</b> - Healing Massage<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Regular Bingo<br><b>3:45</b> - Billiard | 15 |
| <b>9:00</b> - Catholic Mass Channel 7<br><b>9:45</b> - Communion<br><b>10:30</b> - Seated Exercise<br><b>1:30</b> - Billiard<br><b>2:30</b> - Cards Club<br><b>3:30</b> - Afternoon Puzzle | 16 | <b>9:15</b> - Easy Coffee Bar<br><b>9:45</b> - Seated Chair Exercise<br><b>10:30</b> - Create your own Solar<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - 21 Candy bar Poker | 17 | <b>9:15</b> - Morning Social w/Coffee<br><b>9:30</b> - Goodwill, Ross (store)<br><b>10:00</b> - Rosary prayer w/ Joan Arch Church<br><b>1:30</b> - Bible Study w/ Pastor Reginald<br><b>2:00</b> - Live exercise<br><b>2:30</b> - Advanced Bingo         | 18 | <b>8:15</b> - Target (Store)<br><b>9:15</b> - Coffee tasting<br><b>10:00</b> - Independent games<br><b>1:30</b> - Food for Thought<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - Left, Right & Center   | 19 | <b>9:15</b> - Communication and friendship "Coffee"<br><b>9:45</b> - Full Body Stretch<br><b>10:00</b> - <b>Veterans Coffee</b><br><b>1:30</b> - Open games<br><b>4:00</b> - <b>Galaxy Party</b>                                     | 20 | <b>9:15</b> - Fun & Easy Chat and Coffee<br><b>9:30</b> - Pretty Nails<br><b>10:00</b> - Mellow Motion<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Advanced Bingo<br><b>5:30</b> - Afternoon Movie                                                   | 21 | <b>9:15</b> - Coffee w/Friend<br><b>10:00</b> - Giant yard Pong<br><b>10:30</b> - Healing Massage<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Regular Bingo<br><b>3:45</b> - Billiard | 22 |
| <b>9:00</b> - Catholic Mass Channel 7<br><b>9:45</b> - Communion<br><b>10:30</b> - Seated Exercise<br><b>1:30</b> - Billiard<br><b>2:30</b> - Cards Club<br><b>3:30</b> - Afternoon Puzzle | 23 | <b>9:15</b> - Easy Coffee Bar<br><b>9:45</b> - Seated Chair Exercise<br><b>10:30</b> - Create your own Solar<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - 21 Candy bar Poker | 24 | <b>9:15</b> - Morning Social w/Coffee<br><b>9:30</b> - <b>Culver's (Restaurant)</b><br><b>10:00</b> - Rosary prayer w/ Joan Arch Church<br><b>1:30</b> - Bible Study w/ Pastor Reginald<br><b>2:00</b> - Live exercise<br><b>2:30</b> - Advanced Bingo   | 25 | <b>8:15</b> - Safeway (store)<br><b>9:15</b> - Coffee tasting<br><b>10:00</b> - Independent games<br><b>1:30</b> - Open Games in the Bistro<br><b>2:30</b> - Staff Meeting<br><b>3:45</b> - Regular Bingo  | 26 | <b>9:15</b> - Communication and friendship "Coffee"<br><b>9:45</b> - Full Body Stretch<br><b>10:00</b> - Making Sea bracelets<br><b>1:30</b> - Cooking Class<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - Rummikub               | 27 | <b>9:15</b> - Fun & Easy Chat and Coffee<br><b>9:30</b> - Pretty Nails<br><b>10:00</b> - Mellow Motion<br><b>1:30</b> - <b>Gi Gi Therapy Dog</b><br><b>2:00</b> - Piano music w/Krystal<br><b>2:30</b> - Advanced Bingo<br><b>5:30</b> - Afternoon Movie | 28 | <b>9:15</b> - Coffee w/Friend<br><b>10:00</b> - Giant yard Pong<br><b>10:30</b> - Healing Massage<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Regular Bingo<br><b>3:45</b> - Billiard | 29 |
| <b>9:00</b> - Catholic Mass Channel 7<br><b>9:45</b> - Communion<br><b>10:30</b> - Seated Exercise<br><b>1:30</b> - Billiard<br><b>2:30</b> - Cards Club<br><b>3:30</b> - Afternoon Puzzle | 30 | <b>9:15</b> - Easy Coffee Bar<br><b>9:45</b> - Seated Chair Exercise<br><b>10:30</b> - Create your own Solar<br><b>1:30</b> - Live Exercise<br><b>2:30</b> - Advanced Bingo<br><b>3:45</b> - 21 Candy bar Poker | 31 |  <h1>Assisted Living</h1>                                                                                                                                            |    |                                                                                                                                                                                                            |    |                                                                                                                                                                                                                                      |    |                                                                                                                                                                                                                                                          |    |                                                                                                                                                                                           |    |