



BURNOUT

BURNOUT INGREDIENTS:
Grilled chicken, bacon, avocado, stilton cheese sauce, Dijon Mustard, salad, Relish, BurgerFuel Aioli & a wholemeal bun.

BURNOUT SERVED ON A WHOLEMEAL BUN

| AVERAGE SERVING SIZE: 433G | AVERAGE PER 100G | AVERAGE PER SERVE (433G) |
|----------------------------|------------------|--------------------------|
| ENERGY (KJ) | 970 | 4193 |
| ENERGY (CAL) | 232 | 1003 |
| PROTEIN (G) | 15 | 64 |
| FAT, TOTAL (G) | 13 | 55 |
| - SATURATED (G) | 2.1 | 9.3 |
| CARBOHYDRATES (G) | 14 | 62 |
| - SUGARS (G) | 3.2 | 14 |
| SODIUM (MG) | 549 | 2375 |

BURNOUT SERVED ON A GLUTEN FREE BUN

| AVERAGE SERVING SIZE: 474G | AVERAGE PER 100G | AVERAGE PER SERVE (474G) |
|----------------------------|------------------|--------------------------|
| ENERGY (KJ) | 1051 | 4977 |
| ENERGY (CAL) | 251 | 1190 |
| PROTEIN (G) | 13 | 59 |
| FAT, TOTAL (G) | 13 | 64 |
| - SATURATED (G) | 2.2 | 10 |
| CARBOHYDRATES (G) | 20 | 94 |
| - SUGARS (G) | 2.8 | 13 |
| SODIUM (MG) | 539 | 2553 |

BURNOUT SERVED AS A 'LOW CARBORATOR' (LOWER CARB)¹

| AVERAGE SERVING SIZE: 358G | AVERAGE PER 100G | AVERAGE PER SERVE (358G) |
|----------------------------|------------------|--------------------------|
| ENERGY (KJ) | 831 | 2971 |
| ENERGY (CAL) | 199 | 711 |
| PROTEIN (G) | 15 | 54 |
| FAT, TOTAL (G) | 14 | 51 |
| - SATURATED (G) | 2.3 | 8.4 |
| CARBOHYDRATES (G) | 2.6 | 9.4 |
| - SUGARS (G) | 1.0 | 3.4 |
| SODIUM (MG) | 527 | 1884 |

¹ 85% less carbohydrate than the regular Burnout

Allergens: Please note the Burnout contains gluten, dairy and eggs. BurgerFuel wholemeal buns contain soy. Please see our allergens chart for more details if you have serious allergies or intolerances.

This product information sheet is current as of June 2023