



# C N CHEESE

**C N CHEESE INGREDIENTS:**  
NZ grass fed beef, cheddar, truffle mascarpone, parmesan, salad, Relish, BurgerFuel Aioli, and a wholemeal bun.

## C N CHEESE SERVED ON A WHOLEMEAL BUN

AVERAGE SERVING SIZE: 398G	AVERAGE PER 100G	AVERAGE PER SERVE (398G)
ENERGY (KJ)	1078	4285
ENERGY (CAL)	258	1025
PROTEIN (G)	14	54
FAT, TOTAL (G)	16	65
- SATURATED (G)	6.8	27
CARBOHYDRATES (G)	14	56
- SUGARS (G)	3.3	13
SODIUM (MG)	302	1202

## C N CHEESE SERVED ON A GLUTEN FREE BUN

AVERAGE SERVING SIZE: 439G	AVERAGE PER 100G	AVERAGE PER SERVE (439G)
ENERGY (KJ)	1156	5069
ENERGY (CAL)	276	1212
PROTEIN (G)	11	49
FAT, TOTAL (G)	17	74
- SATURATED (G)	6.4	28
CARBOHYDRATES (G)	20	89
- SUGARS (G)	2.8	12
SODIUM (MG)	315	1380

## C N CHEESE SERVED AS A 'LOW CARBORATOR' (LOWER CARB)<sup>1</sup>

AVERAGE SERVING SIZE: 323G	AVERAGE PER 100G	AVERAGE PER SERVE (323G)
ENERGY (KJ)	950	3063
ENERGY (CAL)	227	733
PROTEIN (G)	14	44
FAT, TOTAL (G)	19	60
- SATURATED (G)	8.1	26
CARBOHYDRATES (G)	1.2	3.8
- SUGARS (G)	0.8	2.5
SODIUM (MG)	221	711

<sup>1</sup> 93% less carbohydrate than the regular C N Cheese

**Allergens:** Please note the C N Cheese contains gluten, dairy and eggs. BurgerFuel wholemeal buns contain soy. Please see our allergens chart for more details if you have serious allergies or intolerances.

This product information sheet is current as of June 2023