



# V8 VEGAN

## V8 VEGAN INGREDIENTS:

Crumbed pumpkin, carrot, chickpea, & ginger bites; vegan provolone, avocado, grated beetroot with chia, salad, Relish, BurgerFuel Vegan Aioli & a wholemeal bun.

### V8 VEGAN SERVED ON A WHOLEMEAL BUN

AVERAGE SERVING SIZE: 365G	AVERAGE PER 100G	AVERAGE PER SERVE (365G)
ENERGY (KJ)	879	3207
ENERGY (CAL)	210	767
PROTEIN (G)	5.4	20
FAT, TOTAL (G)	9.4	34
- SATURATED (G)	1.7	6.3
CARBOHYDRATES (G)	26	94
- SUGARS (G)	5.4	20
SODIUM (MG)	348	1271

### V8 VEGAN SERVED AS A 'LOW CARBORATOR' (LOWER CARB<sup>1</sup>)

AVERAGE SERVING SIZE: 290G	AVERAGE PER 100G	AVERAGE PER SERVE (290G)
ENERGY (KJ)	684	1985
ENERGY (CAL)	162	469
PROTEIN (G)	3.6	10
FAT, TOTAL (G)	10	30
- SATURATED (G)	2.1	6.2
CARBOHYDRATES (G)	14	41
- SUGARS (G)	3.0	8.6
SODIUM (MG)	281	814

<sup>1</sup> 56% less carbohydrate than the regular V8 Vegan