



BACON BACKFIRE

BACON BACKFIRE INGREDIENTS:
Grilled chicken, bacon, brie, salad, Relish,
BurgerFuel Aioli & a wholemeal bun.

BACON BACKFIRE SERVED ON A WHOLEMEAL BUN

AVERAGE SERVING SIZE: 405G	AVERAGE PER 100G	AVERAGE PER SERVE (405G)
ENERGY (KJ)	915	3700
ENERGY (CAL)	219	885
PROTEIN (G)	17	68
FAT, TOTAL (G)	10	42
- SATURATED (G)	3.1	13
CARBOHYDRATES (G)	14	58
- SUGARS (G)	3.4	14
SODIUM (MG)	538	2177

BACON BACKFIRE SERVED ON A GLUTEN FREE BUN

AVERAGE SERVING SIZE: 446G	AVERAGE PER 100G	AVERAGE PER SERVE (446G)
ENERGY (KJ)	1007	4484
ENERGY (CAL)	241	1072
PROTEIN (G)	14	63
FAT, TOTAL (G)	11	51
- SATURATED (G)	3.1	14
CARBOHYDRATES (G)	20	90
- SUGARS (G)	2.9	13
SODIUM (MG)	529	2355

BACON BACKFIRE SERVED AS A 'LOW CARBORATOR' (LOWER CARB¹)

AVERAGE SERVING SIZE: 330G	AVERAGE PER 100G	AVERAGE PER SERVE (330G)
ENERGY (KJ)	752	2478
ENERGY (CAL)	180	593
PROTEIN (G)	18	58
FAT, TOTAL (G)	11	37
- SATURATED (G)	3.5	12
CARBOHYDRATES (G)	1.6	5.2
- SUGARS (G)	0.9	3.1
SODIUM (MG)	512	1686

¹ 91% less carbohydrate than the regular Bacon Backfire

Allergens: Please note the Bacon Backfire contains gluten, dairy and eggs. BurgerFuel wholemeal buns contain soy.
Please see our allergens chart for more details if you have serious allergies or intolerances.

This product information sheet
is current as of June 2023