



ALLERGEN & DIETARY INFORMATION CHART

Issued: 06/07/2026

This chart provides allergen and dietary information for all menu items and ingredients served at BurgerFuel restaurants in New Zealand.

Allergen Information

Our kitchens handle a wide variety of ingredients and allergens. All menu items are prepared in shared kitchen environments where multiple allergens are present. While we take care to manage allergen risks, cross-contact may occur during storage, preparation, or cooking. BurgerFuel cannot guarantee that any menu item is completely free from allergens. All allergen declarations are made in accordance with the Australia New Zealand Food Standards Code (Standard 1.2.3 and Schedule 9).

Dietary Information

Items labelled as vegetarian-friendly, vegan-friendly, or Halal-friendly are made using ingredients that align with those dietary preferences; however, while care is taken, cross-contact with non-vegetarian, non-vegan, and non-Halal foods may occur during storage, preparation, and cooking, so they are not guaranteed to meet strict dietary requirements. Some ingredients (including our smashed beef and grilled chicken) are Halal certified. However, our restaurants and kitchens are not Halal certified, and all food is prepared in shared environments. Products marked as vegetarian-friendly follow lacto-ovo vegetarian guidelines.

Before You Order

Please let our team know if you have any allergies or specific dietary requirements. For the most up-to-date allergen and dietary information, visit www.burgerfuel.com/allergens. If you have questions about specific ingredients or menu items, speak with a manager in-store or email info@burgerfuel.co.nz.

Due to the risk of cross-contact, our products may not be suitable for individuals with severe allergies or strict dietary requirements.

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MENU ITEM	CORE INGREDIENTS	CONTAINS ALLERGENS*	VEGETARIAN FRIENDLY**	VEGAN FRIENDLY**	HALAL FRIENDLY**	ADDITIONAL INFORMATION
BURGERS - BEEF						
AMERICAN MUSCLE SINGLE / DOUBLE	Beef, Wholemeal Bun, Pickles, Tomato Relish, Cheddar, Aioli, Mustard, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg, Sulphites	No	No	Yes	
BACON BBQ ROADSTER	Beef, Wholemeal Bun, Battered Onion Rings, Bacon, Lettuce, Tomato, Tomato Relish, Cheddar, Aioli, BBQ Sauce, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	No	
BAMBINA	Beef, Wholemeal Bun, Lettuce, Tomato, Aioli, Tomato Relish, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg	No	No	Yes	
BASTARD	Beef, Wholemeal Bun, Bacon, Pineapple, Beetroot w/ Chia Seeds, Avocado, Lettuce, Tomato, Tomato Relish, Cheddar, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	No	
BIO FUEL	Beef, Wholemeal Bun, Egg, Beetroot w/ Chia Seeds, Lettuce, Tomato, Tomato Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg	No	No	Yes	
C N CHEESE	Beef, Wholemeal Bun, Lettuce, Tomato, Tomato Relish, Cheddar, Aioli, Truffle Mascarpone, Red Onion, Parmesan, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	Yes	
DIABLO	Beef, Wholemeal Bun, Cheddar, Pickles, Tomato Relish, Aioli, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	Yes	
FORD FREAKOUT	Beef, Wholemeal Bun, Bacon, Avocado, Lettuce, Tomato, Tomato Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg	No	No	No	
HAMBURGINI	Beef, Wholemeal Bun, Cheddar, Pickles, Tomato Relish, Aioli, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	Yes	
MELT-ALLICA · Limited time	Beef, Wholemeal Bun, Mashed Potato, Cheddar, Tomato Relish, Aioli, Tomato Sauce, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	Yes	
PEANUT PISTON · Limited time	Beef, Wholemeal Bun, Lettuce, Tomato, Peanut Satay, Tomato Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg, Peanuts	No	No	Yes	Peanut Satay may contain almonds, cashews, hazelnuts, macadamias, and sesame.
RING BURNER · Limited time	Beef, Wholemeal Bun, Bacon, Jalapeno Sauce, Lettuce, Tomato, Tomato Relish, Jalapeno Slices, Chipotle Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg	No	No	No	
THE STUDNUT · Limited time	Beef, Wholemeal Bun, Avocado, Lettuce, Tomato, Blue Cheese Sauce, Tomato Relish, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	Yes	
BURGERS - CHICKEN						
BACON BACKFIRE	Chicken Breast, Wholemeal Bun, Bacon, Brie, Lettuce, Tomato, Tomato Relish, Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	No	

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BURNOUT	Chicken Breast, Wholemeal Bun, Bacon, Avocado, Lettuce, Tomato, Tomato Relish, Blue Cheese Sauce, Red Onion, Mustard, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg, Sulphites	No	No	No	
CHICK CHEVELLE	Chicken Tenderloin, Wholemeal Bun, Lettuce, Tomato, Tomato Relish, Aioli, Red Onion, Garlic Rosemary Sea Salt Blend.	Sesame, Soy, Wheat, Gluten, Egg	No	No	Yes	
CHOOK ROYALE	Chicken Tenderloin, Wholemeal Bun, Lettuce, Tomato, Pineapple, Tomato Relish, Aioli, Red Onion, Garlic Rosemary Sea Salt Blend.	Sesame, Soy, Wheat, Gluten, Egg	No	No	Yes	
DRIFT CHICK	BurgerFuel Fried Chicken, Wholemeal Bun, Aioli, Pickles, Mustard.	Sesame, Soy, Wheat, Gluten, Egg, Sulphites	No	No	No	
FLAME THROWER · Limited time	Chicken Breast, Wholemeal Bun, Jalapeno Sauce, Avocado, Lettuce, Tomato, Tomato Relish, Jalapeno Slices, Chipotle Aioli, Red Onion, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Egg	No	No	Yes	
PARMAGEDDON · Limited time	BurgerFuel Fried Chicken, Wholemeal Bun, Bacon, Lettuce, Tomato, Cheddar, Tomato Relish, Aioli, Truffle Mascarpone, Red Onion, Parmesan.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	No	
T-BIRD	BurgerFuel Fried Chicken, Wholemeal Bun, Lettuce, Tomato, Tomato Relish, Jalapeno Slices, Chipotle Aioli, Red Onion, Nashville Seasoning.	Sesame, Soy, Wheat, Gluten, Egg	No	No	No	
BURGERS - PLANT-POWERED						
COMBUSTION TOFU · Limited time	Organic Tofu, Wholemeal Bun, Lettuce, Tomato, Tomato Relish, Avocado, Peanut Satay, Aioli, Red Onion, Teriyaki Sauce.	Sesame, Soy, Wheat, Gluten, Egg, Peanuts	Yes	No	No	Peanut Satay may contain almonds, cashews, hazelnuts, macadamias, and sesame.
V-ROD	Mushroom Patty, Wholemeal Bun, Beetroot w/ Chia Seeds, Lettuce, Tomato, Tomato Relish, Cheddar, Aioli, Truffle Mascarpone, Red Onion.	Sesame, Soy, Wheat, Gluten, Milk, Egg	Yes	No	Yes	
V-ROD LIGHTWEIGHT	Mushroom Patty, Wholemeal Bun, Beetroot w/ Chia Seeds, Lettuce, Tomato, Tomato Relish, Cheddar, Aioli, Truffle Mascarpone, Red Onion.	Sesame, Soy, Wheat, Gluten, Milk, Egg	Yes	No	Yes	
VTEC	Pure Vege Patty, Wholemeal Bun, Pineapple, Lettuce, Tomato, Tomato Relish, Avocado, Vegan-Friendly Cheddar, Vegan-Friendly Aioli, Red Onion.	Sesame, Soy, Wheat, Gluten	Yes	Yes	Yes	
SIDES						
<i>Served with a sauce of your choice: Aioli, Lemon Aioli, Chipotle Aioli, Tomato Sauce or Vegan-Friendly Aioli - see Sauces for allergen details</i>						
CHICKEN FENDERS	Chicken Tenderloin, Garlic Rosemary Sea Salt Blend.	-	No	No	Yes	
CHOPPERS	Choppers, Aioli.	Soy, Wheat, Gluten, Milk, Egg	No	No	No	Served with your choice of Sriracha Sauce or BBQ Sauce – see Ingredients for allergen details.
DEVIL SKINS · Limited time	Potato Skins, Chicken Salt, XL BurgerFuel Chilli Aioli.	Sesame, Soy, Egg	No	No	No	

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MENU ITEM	CORE INGREDIENTS	CONTAINS ALLERGENS*	VEGETARIAN FRIENDLY**	VEGAN FRIENDLY**	HALAL FRIENDLY**	ADDITIONAL INFORMATION
KŪMARA FRIES	Kūmara Fries, Salt.	-	Yes	Yes	Yes	
RODDERS	Mushroom Vege Bites, Parmesan, Salt.	Wheat, Gluten, Milk	Yes	No	Yes	
SPUD FRIES	Spud Fries, Salt.	-	Yes	Yes	Yes	
KIDS MEALS						
<i>Served with Spud Fries with a sauce of your choice (Aioli, Tomato Sauce or Vegan-Friendly Aioli), and Keri Fruity Drink – see Sides, Sauces, and Drinks for allergen details</i>						
CHEESEBURGER	Beef, Wholemeal Bun, Cheddar, Tomato Relish, Aioli, Salt & Pepper.	Sesame, Soy, Wheat, Gluten, Milk, Egg	No	No	Yes	
CHOOK ROYALE	Chicken Tenderloin, Wholemeal Bun, Lettuce, Tomato, Pineapple, Tomato Relish, Aioli, Red Onion, Garlic Rosemary Sea Salt Blend.	Sesame, Soy, Wheat, Gluten, Egg	No	No	Yes	
TEENY CHOPPERS	Choppers.	Soy, Wheat, Gluten, Milk	No	No	No	
V-DUB	Mushroom Patty, Wholemeal Bun, Lettuce, Tomato, Tomato Relish, Vegan-Friendly Cheddar, Vegan-Friendly Aioli, Red Onion.	Sesame, Soy, Wheat, Gluten	Yes	Yes	Yes	
THICKSHAKES						
BANANA - MILK	BurgerFuel Whip, Milk, Banana Syrup.	Soy, Milk	Yes	No	Yes	
BANANA - OAT	Oat Ice Cream, Oat Milk, Banana Syrup.	Gluten	Yes	Yes	Yes	
CARAMEL - MILK	BurgerFuel Whip, Milk, Caramel Syrup.	Soy, Milk	Yes	No	Yes	
CARAMEL - OAT	Oat Ice Cream, Oat Milk, Caramel Syrup.	Gluten	Yes	Yes	Yes	
CHOCOLATE - MILK	BurgerFuel Whip, Milk, Dark Chocolate Syrup.	Soy, Milk	Yes	No	Yes	
CHOCOLATE - OAT	Oat Ice Cream, Oat Milk, Dark Chocolate Syrup.	Gluten	Yes	Yes	Yes	
ESPRESSO - MILK	BurgerFuel Whip, Milk, Espresso Syrup.	Soy, Milk	Yes	No	No	Contains caffeine.
ESPRESSO - OAT	Oat Ice Cream, Oat Milk, Espresso Syrup.	Gluten	Yes	Yes	No	Contains caffeine.
LIME - MILK	BurgerFuel Whip, Milk, Lime Syrup.	Soy, Milk	Yes	No	Yes	
LIME - OAT	Oat Ice Cream, Oat Milk, Lime Syrup.	Gluten	Yes	Yes	Yes	
STRAWBERRY - MILK	BurgerFuel Whip, Milk, Strawberry Syrup.	Soy, Milk	Yes	No	Yes	
STRAWBERRY - OAT	Oat Ice Cream, Oat Milk, Strawberry Syrup.	Gluten	Yes	Yes	Yes	
DRINKS						
COKE 330ML	-	-	-	-	-	Contains Caffeine.
COKE ZERO SUGAR 330ML	-	-	-	-	-	Contains Phenylalanine. Contains Caffeine.
FANTA ORANGE 330ML	-	-	-	-	-	

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KERI FRUITY DRINK APPLE 250ML	-	-	-	-	-	
KERI FRUITY DRINK APPLE BLACKCURRANT 250ML	-	-	-	-	-	
KIWI BLUE STILL SPRING WATER 600ML	-	-	-	-	-	
L&P 330ML	-	-	-	-	-	
MOST ORGANICS APPLE FEIJOA 275ML	-	-	-	-	-	
MOST ORGANICS APPLE ORANGE MANGO 275ML	-	-	-	-	-	
MOST ORGANICS SPARKLING APPLE BLACKCURRANT 275ML	-	-	-	-	-	
SCHWEPPE'S GINGER BEER 330ML	-	Gluten	-	-	-	
SCHWEPPE'S LIGHT GINGER BEER 330ML	-	Gluten	-	-	-	Contains Phenylalanine.
SPRITE 330ML	-	-	-	-	-	
SPRITE ZERO SUGAR 330ML	-	-	-	-	-	
SAUCES						
BURGERFUEL AIOLI	Aioli.	Egg	Yes	No	Yes	
BURGERFUEL CHIPOTLE AIOLI	Chipotle Aioli.	Egg	Yes	No	Yes	
BURGERFUEL LEMON AIOLI	Lemon Aioli.	Egg	Yes	No	Yes	
BURGERFUEL VEGAN AIOLI	Vegan-Friendly Aioli.	-	Yes	Yes	Yes	
TOMATO SAUCE	Tomato Sauce.	-	Yes	Yes	Yes	
XL BURGERFUEL AIOLI	Aioli.	Egg	Yes	No	Yes	
XL BURGERFUEL CHILLI AIOLI	Aioli, Crispy Chilli Oil.	Sesame, Soy, Egg	Yes	No	Yes	

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AIOLI	Egg	Yes	No	Yes	
AVOCADO	-	Yes	Yes	Yes	
BACON	-	No	No	No	
BANANA SYRUP	-	Yes	Yes	Yes	
BATTERED ONION RINGS	Wheat, Gluten	Yes	No	No	
BBQ SAUCE	-	Yes	Yes	Yes	
BEEF	-	No	No	Yes	
BEETROOT W/ CHIA	Gluten	Yes	Yes	Yes	
BLUE CHEESE SAUCE	Milk, Egg	Yes	No	Yes	Contains non-animal rennet.
BRIE	Milk	Yes	No	Yes	Contains non-animal rennet.
BURGERFUEL FRIED CHICKEN	Wheat, Gluten	No	No	No	
BURGERFUEL WHIP	Soy, Milk	Yes	No	Yes	
CANOLA OIL	-	Yes	Yes	Yes	
CARAMEL SYRUP	-	Yes	Yes	Yes	
CHEDDAR	Milk	Yes	No	Yes	Contains non-animal rennet.
CHICKEN BREAST	-	No	No	Yes	
CHICKEN SALT · Limited time	-	No	No	No	
CHICKEN TENDERLOIN	-	No	No	Yes	
CHIPOTLE AIOLI	Egg	Yes	No	Yes	
CHOPPERS	Soy, Wheat, Gluten, Milk	No	No	No	
CRISPY CHILLI OIL · Limited time	Sesame, Soy	Yes	Yes	Yes	
DARK CHOCOLATE SYRUP	-	Yes	Yes	Yes	
EGG	Egg	Yes	No	Yes	
ESPRESSO SYRUP	-	Yes	Yes	No	Contains caffeine.
GARLIC ROSEMARY SEA SALT BLEND	-	Yes	Yes	Yes	
GLUTEN-FRIENDLY BUN	Sesame	Yes	Yes	Yes	
JALAPENO SAUCE · Limited time	-	Yes	Yes	Yes	
JALAPENO SLICES	-	Yes	Yes	Yes	
KŪMARA FRIES	-	Yes	Yes	Yes	

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INGREDIENTS	CONTAINS ALLERGENS*	VEGETARIAN FRIENDLY**	VEGAN FRIENDLY**	HALAL FRIENDLY**	ADDITIONAL INFORMATION
LEMON AIOLI	Egg	Yes	No	Yes	
LETTUCE	-	Yes	Yes	Yes	
LIME SYRUP	-	Yes	Yes	Yes	
MASHED POTATO · Limited time	-	Yes	Yes	Yes	
MILK	Milk	Yes	No	Yes	
MUSHROOM PATTY	-	Yes	Yes	Yes	Mushroom patty primary ingredients include rice, mushroom, onion, sunflower seeds, and mung beans.
MUSHROOM VEGE BITES	Wheat, Gluten	Yes	Yes	Yes	
MUSTARD	Sulphites	Yes	Yes	Yes	
NASHVILLE SEASONING	-	Yes	Yes	Yes	
OAT ICE CREAM	Gluten	Yes	Yes	Yes	
OAT MILK	Gluten	Yes	Yes	Yes	
ORGANIC TOFU · Limited time	Soy	Yes	Yes	Yes	
PARMESAN	Milk	Yes	No	Yes	Contains non-animal rennet.
PEANUT SATAY · Limited time	Peanuts	Yes	Yes	Yes	May contain almonds, cashews, hazelnuts, macadamias, and sesame.
PICKLES	-	Yes	Yes	Yes	
PINEAPPLE	-	Yes	Yes	Yes	
POTATO SKINS · Limited time	-	Yes	Yes	Yes	
PURE VEGE PATTY	-	Yes	Yes	Yes	Vege patty primary ingredients include rice, potato, onion, broccoli, carrots, cauliflower, and mung beans.
RED ONION	-	Yes	Yes	Yes	
SALT	-	Yes	Yes	Yes	
SALT & PEPPER	-	Yes	Yes	Yes	
SPUD FRIES	-	Yes	Yes	Yes	
SRIRACHA SAUCE	-	Yes	Yes	Yes	
STRAWBERRY SYRUP	-	Yes	Yes	Yes	
TERIYAKI SAUCE · Limited time	Sesame, Soy	Yes	Yes	No	
TOMATO	-	Yes	Yes	Yes	
TOMATO RELISH	-	Yes	Yes	Yes	
TOMATO SAUCE	-	Yes	Yes	Yes	

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TRUFFLE MASCARPONE	Milk	Yes	No	Yes	
VEGAN-FRIENDLY AIOLI	-	Yes	Yes	Yes	
VEGAN-FRIENDLY CHEDDAR	-	Yes	Yes	Yes	
WHOLEMEAL BUN	Sesame, Soy, Wheat, Gluten	Yes	Yes	Yes	Flour used in this product is fortified with folic acid, per the Australia New Zealand Food Standards Code.

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