



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

<p><b>Key:</b> S- Solarium on 7<sup>th</sup> Floor DR- Dining Room AL-Assisted Living 5<sup>th</sup> Floor LR- Living Room IR- In Room</p> <p>Mail is passed every morning. 6<sup>th</sup> Floor Beauty Shop-<u>Monday</u> 7<sup>th</sup> Floor Beauty Shop-<u>Tuesday</u></p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>1</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p>2:00-Music Class w/Ashley-S 3:00- 'Deck The Halls' with us! Time to Decorate for Christmas! - S and DR</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>2</b></p> <p>11:00-Chapel Service-S</p> <p>2:00-Music by Ron Conway-S</p> <p>3:00-Holiday Jewelry Making-S</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>3</b></p> <p>10:30-Watercolor Painting Class- Christmas Wreath-S</p> <p>2:00-Jeopardy Game-S</p> <p>3:00-Hot Cocoa Social-AL LR</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>4</b></p> <p>10:30-Bingo-S</p> <p>2:00-Crafting-Tree of Life Wall Art-S</p> <p>3:00-Cardio Drumming Class-S</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>5</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p>2:00-Armchair Travel Party to the North Pole-S 3:00-Christmas Cookie Decorating-S</p>	<p style="text-align: center;"><b>Activity Packets</b></p> <p>2:00 Movie Matinee, CNL1390 3:00 Music by Robbie Vance-S</p>
<p><b>On CHNL 1390:</b> <b>7</b></p> <p>9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <b>Menu Week # 3</b></p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>8</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p>2:00- Music by David Cray-S</p> <p>3:00-Holiday Color Manicures-IR (Ask Activity Staff to Visit You)</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>9</b></p> <p>11:00-Chapel Service-S</p> <p>2:30-Music by Hand Bell Choir-S</p> <p>3:30-Bingo-S</p> <p style="background-color: yellow;">6:00-Tangelwood lights-Out</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>10</b></p> <p>10:30-Jeopardy Game-S</p> <p>2:00-Pottery Class- Christmas Plates-S</p> <p>3:00-Cornhole Competition- S</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>11</b></p> <p>10:30-Bingo-S</p> <p>2:00-Crafting-Decorating Holiday Stockings- S</p> <p>3:00-Cardio Drumming Class-S</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>12</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p>2:00-Christmas Scents Game- S</p> <p>3:00-Ginger Bread House Making-S</p>	<p style="text-align: center;"><b>Activity Packets</b></p> <p>2:00 Movie Matinee, CNL1390</p>
<p><b>On CHNL 1390:</b> <b>14</b></p> <p>9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <b>Menu Week #1</b> <small>Hanukkah Begins</small></p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>15</b></p> <p style="background-color: yellow;">10:30-Lunch Outing-Olympic Family Restaurant</p> <p>10:30-Golden Years Wellness Class-DR</p> <p>2:00- 3D Hand Art-S 3:00- Holiday Color Manicures- IR (Ask Activity Staff to Visit You)</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>16</b></p> <p>11:00-Chapel Service-S</p> <p>2:00-Bingo-S</p> <p>3:00-Jewelry Making-S</p>	<p style="background-color: yellow;">8:00-Mens Breakfast</p> <p>9:00- Morning Greetings &amp; Daily Chronicles <b>17</b></p> <p>10:30-Watercolor Painting Class-Fire place &amp; Stockings-S</p> <p>2:00-Jeopardy Game-S 3:00-Helping Hands Group-AL LR</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>18</b></p> <p>10:30-Bingo-S</p> <p>2:00- Visits from Carolers- Down the Halls 2:00-Crafting-Christmas Scene Paper Craft-S</p> <p>3:00-Cardio Drumming Class-S</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>19</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p><b>2:00-Birthday Party-S</b> <b>3:15-Resident Council-S</b></p>	<p style="text-align: center;"><b>Activity Packets</b></p> <p>2:00 Bingo-S</p>
<p><b>On CHNL 1390:</b> <b>21</b></p> <p>9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <b>Menu Week #2</b> <small>Winter Begins</small></p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>22</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p style="background-color: yellow;">2:00- Resident Christmas Party-S</p> <p>3:00-Santa Visits Campus, &amp; Festive Photo Booth -IR</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>23</b></p> <p>11:00-Christmas Chapel Service-S</p> <p>2:00-Music by Sam &amp; Gracie-S</p> <p>3:15-Pass the Parcel/Dirty Santa Game-S</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>24</b></p> <p>10:30-Coffee &amp; Cookies-S</p> <p>2:00-Movie Matinee "It's a Wonderful Life"- DR 6East and 7East</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>25</b></p> <p>10:30-Passing Out Christmas Activity Packets</p> <p>2:00- Christmas Bingo-S</p> <p>3:00- Christmas Music Cardio Drumming Class- S <small>Christmas</small></p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>26</b></p> <p>10:30-Golden Years Wellness Class-DR</p> <p>2:00-Movie Matinee- "The Grinch" Wear Your Pajamas-AL LR</p> <p style="text-align: right;"><small>Boxing Day (Canada) Kwanzaa Begins</small></p>	<p style="text-align: center;"><b>Activity Packets</b></p> <p>2:00 Movie Matinee, CNL1390</p>
<p><b>On CHNL 1390:</b> <b>28</b></p> <p>9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <b>Menu Week #3</b></p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>29</b></p> <p>10.30-Golden Years Wellness Class-DR</p> <p>2:00-Music by Brian McCann-S</p> <p>3:00- New Year's Manicures -IR (Ask Activity Staff to Visit You)</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>30</b></p> <p>11:00-Chapel Service- S</p> <p>2:00-Bingo-S</p> <p>3:00-Rendever Virtual Experience-DR 6East</p>	<p>9:00- Morning Greetings &amp; Daily Chronicles <b>31</b></p> <p>10:30-Watercolor Painting Class-S</p> <p>2:00-New Year's Eve Party-S</p> <p>3:15-Brookridge Book Club-Meet to Pick 1<sup>st</sup> Book S <small>New Year's Eve</small></p>	<h1 style="font-size: 4em; margin: 0;">December 2025</h1> <h2 style="font-size: 2em; margin: 0;">Healthcare Calendar</h2> <p style="font-size: 1.2em; margin: 0;">Brookridge Retirement Community- 1199 Hayes Forest Dr, Winston-Salem</p>		