

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Key: AL-Assisted Living S-Solarium on 7th Floor IL- Independent Living Auditorium on 3rd Floor LR- Living Room DR-Dining Room</p>	9:45 Daily Chronicle 1 10:00 Creativity Boxes 10:30 Beauty Shop Visits 11:30 Deck the Halls! 1:30 Creativity Boxes 2:00 Music Class w Ashley- S 3:30 Christmas Tree Decorating 4:00 Creativity Boxes 6:00 Musical Melodies- LR	9:45 Daily Chronicle 2 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:00 Holiday Devotion- LR 2:00 Music by Ron Conway-S 3:00 Bingo-AL LR 4:00 Creativity Boxes 6:00 Snack & Show- LR	9:45 Daily Chronicle 3 10:30 Watercolor Painting- S 11:00 Creativity Boxes 11:00 Walking Club-Inside 2:00 Christmas Karaoke- LR 3:00 Hot Cocoa Social- AL 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR	9:45 Daily Chronicle 4 10:00 Coffee & Cookies- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 2:00 Bingo in AL 3:00 Making Ornaments- AL LR 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	9:45 Daily Chronicle 5 10:00 Manicures & Massages-LR 10:30 GY Wellness Class- LR 11:00 Christmas Sing Along-LR 11:30 Creativity Boxes 2:00 Armchair Travel to the North Pole- S 3:00 Cookie Decorating- S 4:00 Creativity Boxes 6:00 Musical Melodies -LR	6 <u>Activity Packets</u> 10:00 Groovin' to the Music 11:00 Creativity Boxes 3:00 Music by Robbie Vance-S 6:00 Audio Stories	
	On CHNL 1390: 7 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <i>Menu Week #3</i>	9:45 Daily Chronicle 8 10:00 Creativity Boxes 10:30 Edible Christmas Wreaths-DR 11:30 Beauty Shop Visits 1:30 Creativity Boxes 2:00 Music by David Cray -S 3:30 Paper Poinsettias Craft- LR 4:00 Creativity Boxes 6:00 Musical Melodies- LR	9:45 Daily Chronicle 9 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:00 Christmas Devotion- LR 2:30 Hand Bell Choir -S 3:30 Making Scarves- LR 4:00 Creativity Boxes 6:00 Snack & Show- LR 6:00- Outing to see Tanglewood Lights	9:45 Daily Chronicle 10 10:30 Reindeer Ring Toss-LR 11:00 Paper Snowflake Craft- LR 11:30 Creativity Boxes 2:00 Pottery Class/Plates- S 3:00 Christmas Scents- Guessing Game-S 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy-LR	9:45 Daily Chronicle 11 10:00 Manicures & Massages -LR 10:30 Chapel- AL DR 11:15 Name that Christmas Tune-LR 11:30 Creativity Boxes 2:00 Bingo- AL LR 3:00 Candy Cane Games-AL LR 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	9:45 Daily Chronicle 12 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:30 Manicures & Massages- LR 2:00 Cardio Drumming with Tiffany-IL 3:00 Gingerbread House Decorating-S 4:00 Creativity Boxes 6:00 Musical Melodies- LR	13 <u>Activity Packets</u> 10:00 Groovin' to the Music 11:00 Creativity Boxes 2:00 Movie Matinee, CNL1390 6:00 Audio Stories
	Hanukkah Begins! On CHNL 1390: 14 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <i>Menu Week #1</i> <small>Hanukkah Begins</small>	9:45 Daily Chronicle 15 10:00 Creativity Boxes 10:30 Lunch Outing: Olympic Family Restaurant 11:30 Christmas Coloring & Music -LR 2:30 Beauty Shop Visits 3:30 Christmas Stockings- LR 4:00 Creativity Boxes 6:00 Musical Melodies -LR	9:45 Daily Chronicle 16 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:00 Share Christmas Traditions -LR 2:00 Bingo -AL LR 3:00 Christmas Family Feud- LR 4:00 Creativity Boxes 6:00 Snack & Show-LR	8:00 Men's Breakfast 9:45 Daily Chronicle 17 10:30 Watercolor Painting- S 11:00 Creativity Boxes 11:30 Candy Cane Dice Game 2:00 Snowball Fight-AL LR 3:00 Helping Hands -AL LR 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR	9:45 Daily Chronicle 18 10:00 Making Mistletoe- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 2:00 Music by Carolers - down the halls 2:00 Bingo- AL LR 3:00 Walking Club- Inside 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	9:45 Daily Chronicle 19 10:00 Christmas Ornament Toss Game- LR 10:30 GY Wellness Class- LR 11:00 Creativity Boxes 11:30 Holiday Prompts-LR 2:00 Birthday Party! -S 3:00 Manicures & Massages-LR 4:00 Creativity Boxes 6:00 Musical Melodies -LR	20 <u>Activity Packets</u> 9:45 Groovin' to the Music 10:00 Creativity Boxes 2:00 Bingo in Solarium 2:00 Movie Matinee, CNL1390 6:00 Audio Stories
	On CHNL 1390: 21 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <i>Menu Week #2</i> <small>Winter Begins</small>	9:45 Daily Chronicle 22 10:00 Creativity Boxes 10:30 Beauty Shop Visits 11:00 Peppermint Hand Spa-AL LR 1:30 Creativity Boxes 2:00 Resident Christmas Party- S 3:30 Visits from Santa/Festive Photos-S 4:00 Creativity Boxes 6:00 Musical Melodies- LR	9:45 Daily Chronicle 23 10:00 Creativity Boxes 10:30 Exercise with Amy- AL 11:00 Christmas Chapel Service -S 2:00 Music by Sam & Gracie-S 3:15 Pass the Parcel Game -S 4:00 Creativity Boxes 6:00 Snack & Show-LR	Christmas Eve! 24 9:45 Daily Chronicle 10:30 Coffee and Cookies-S 11:15 'A Christmas Story' Telling-LR 11:30- Creativity Boxes 2:00 Watch Christmas Movie-LR 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR <small>Christmas</small>	Christmas Day! 25 9:45 Daily Chronicle 10:00 Christmas Music -LR 10:30 Bingo- AL LR 11:30 Creativity Boxes 2:00 Bingo- S 3:00 Christmas Activity Packets 4:00 Creativity Boxes 6:00 Funny Animal Videos- LR <small>Christmas</small>	9:45 Daily Chronicle 26 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:00 Christmas Karaoke- LR 2:00 'The Grinch' Movie in PJS-AL LR 3:00 Manicures & Massages-LR 4:00 Creativity Boxes 6:00 Musical Melodies-LR <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 <u>Activity Packets</u> 9:45 Groovin' to the Music 10:00 Creativity Boxes 2:00 Movie Matinee, CNL1390 6:00 Audio Stories
	On CHNL 1390: 28 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie <i>Menu Week #3</i>	9:45 Daily Chronicle 29 10:00 Creativity Boxes 10:30 Beauty Shop Visits 11:30 Rendever Fireworks- LR 1:30 Creativity Boxes 2:00 Music by Brian McCarn -S 3:30 Snowball Fight -AL LR 4:00 Creativity Boxes 6:00 Musical Melodies- LR	9:45 Daily Chronicle 30 10:00 Creativity Boxes 10:30 Exercise with Amy- AL 11:00 Stained Glass Tissue Paper Craft -LR 2:00 Bingo -AL 3:00 Chefs in Training- DR 4:00 Creativity Boxes 6:00 Snack & Show -LR	New Year's Eve! 31 9:45 Daily Chronicle 10:30 Watercolor Painting- S 11:00 Creativity Boxes 11:30 New Year Resolutions- LR 2:00 New Year's Eve Party- S 3:00 Firework Show -LR 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy-LR <small>New Year's Eve</small>	<div style="text-align: center;"> <h1>December</h1> <h2>2025</h2> <p>Brookridge Mindful Impressions Unit</p>  </div>		