

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Brookridge Mindful Impressions Unit

					9:45 Daily Chronicle 10:30 Make our New Year Bucket List -AL LR 11:00 New Year Scavenger Hunt-AL LR 11:30 Creativity Boxes 2:00 Bingo in AL 3:00 Annual Polar Plunge- S 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR New Year's Day	9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:30 Manicures & Massages- LR 2:00 Northern Lights Painting- S 3:00 Cards & Games in LR 4:00 Creativity Boxes 6:00 Musical Melodies- LR	Activity Packets 10:00 Groovin' to the Music 11:00 Creativity Boxes 3:00 Music by Robbie Vance-S 6:00 Audio Stories
All activities are subject to change *Pet visits are throughout the month*	4 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Outing to Dewey's for Pastries 11:30 Beauty Shop Day 2:00 Music Class with Ashley-S 3:00 Bird Day Craft- LR 4:00 Creativity Boxes 6:00 Musical Melodies -LR	5 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:30 Kickball Circle -LR 1:30 Peaceful Coloring -LR 2:00 Bingo-AL LR 3:00 Cornhole Competition- AL LR 4:00 Creativity Boxes 6:00 Snack & Show- LR	6 9:45 Daily Chronicle 10:30 Devotional with Brooke 11:00 Creativity Boxes 11:30 Balloon Badminton-LR 2:00 Pottery Class in Solarium 3:00 Walk N Roll Club 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR	7 9:45 Daily Chronicle 10:00 Coffee & Chats -LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Zig Zag Ping Pong Game- AL LR 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	8 9:45 Daily Chronicle 10:00 Coffee & Chats- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Matching Game- AL 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	9 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:30 Manicures & Massages- LR 2:00 Wild Tales Animal Teacher-S 3:00 Cards & Games in LR 4:00 Creativity Boxes 6:00 Musical Melodies- LR	10 Activity Packets 10:00 Groovin' to the Music 11:00 Creativity Boxes 6:00 Audio Stories
On CHNL 1390: 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie	11 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Lunch Outing: Olive Garden 11:30 Beauty Shop Day 2:00 Karaoke Party- LR 3:00 Crafting Together-LR 4:00 Creativity Boxes 6:00 Musical Melodies -LR	12 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:30 Rendeвер Virtual Trip-LR 1:30 Peaceful Coloring -LR 2:00 Bingo-AL LR 3:00 Minute to Win It Game-AL LR 4:00 Creativity Boxes 6:00 Snack & Show- LR	13 8:30 Men's Breakfast- OUT 9:45 Daily Chronicle 10:30 Watercolor Class-S 11:00 Creativity Boxes 11:30 Axe Throwing-LR 2:00 Music by Fred Reyes -S 3:00 Walk N Roll Club 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR	14 9:45 Daily Chronicle 10:00 Coffee & Chats- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Matching Game- AL 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	15 9:45 Daily Chronicle 10:00 Coffee & Chats- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Matching Game- AL 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	16 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:30 Manicures & Massages- LR 2:00 Armchair Travel Party -S 3:00 Cards & Games in LR 4:00 Creativity Boxes 6:00 Musical Melodies- LR	17 Activity Packets 10:00 Groovin' to the Music 10:30 Bingo -S 11:00 Creativity Boxes 6:00 Audio Stories
On CHNL 1390: 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie	18 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 About Martin Luther King Jr. Trivia -LR 11:00 Beauty Shop Day 11:30 Peace Dove Folding- LR 2:00 Music by Becky Walton-S 3:15 Hot Tea Social-LR 4:00 Creativity Boxes 6:00 Musical Melodies -LR Martin Luther King Jr. Day	19 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:30 Balloon Volleyball-LR 1:30 Peaceful Coloring -LR 2:00 Bingo-AL LR 3:00 Jenga- AL LR 4:00 Creativity Boxes 6:00 Snack & Show- LR	20 9:45 Daily Chronicle 10:30 Devotional with Brooke 11:00 Creativity Boxes 11:30 Ring Toss- LR 2:00 Pottery Class in Solarium 3:00 Walk N Roll Club 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR	21 9:45 Daily Chronicle 10:00 Coffee & Chats- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Cards & Games -LR 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	22 9:45 Daily Chronicle 10:00 Coffee & Chats- LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Cards & Games -LR 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	23 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:30 Manicures & Massages- LR 2:00 Cardio Drumming with Tiffany-IL 3:00 Helping Hands Group-S 4:00 Creativity Boxes 6:00 Musical Melodies- LR	24 Activity Packets 10:00 Groovin' to the Music 11:00 Creativity Boxes 6:00 Audio Stories
On CHNL 1390: 9:00- Gospel Music 10:00-Church Program 12:00- Joy of Music 3:00- Church Program 4:00- Joy of Music 6:00- History Story 7:30- Sunday Movie	25 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Lunch Outing: Bowling & Hotdogs 11:30 Beauty Shop Day 2:00 Icecream Social- LR 3:00 Crafting Together-LR 4:00 Creativity Boxes 6:00 Musical Melodies -LR Australia Day (Observed)	26 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Exercise with Amy- AL LR 11:30 Rendeвер Virtual Trip-LR 1:30 Peaceful Coloring -LR 2:00 Bingo-AL LR 3:00 Bake a Cake- S 4:00 Creativity Boxes 6:00 Snack & Show- LR	27 9:45 Daily Chronicle 10:30 Watercolor Class-S 11:00 Creativity Boxes 11:30 Floor Basketball-LR 2:00 Soup Off- Taste Test -S 3:00 Walk N Roll Club 4:00 Creativity Boxes 6:00 Nature Sounds & Aromatherapy- LR	28 9:45 Daily Chronicle 10:00 Coffee & Chats -LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Cornhole Competition AL 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	29 9:45 Daily Chronicle 10:00 Coffee & Chats -LR 10:30 Chapel- AL DR 11:30 Creativity Boxes 1:30 Puzzles with Pals -LR 2:00 Bingo in AL 3:00 Cornhole Competition AL 4:00 Creativity Boxes 6:00 Funny Animal Videos-LR	30 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 GY Wellness Class- LR 11:30 Manicures & Massages- LR 2:30 Birthday Party -S 3:00 Cards & Games in LR 4:00 Creativity Boxes 6:00 Musical Melodies- LR	31 Activity Packets 10:00 Groovin' to the Music 10:30 Bingo -S 11:00 Creativity Boxes 6:00 Audio Stories