

# THE CORPORATE ATHLETE

International Speaker, Author & High Performance Coach



## KEYNOTE TOPICS

### The Corporate Athlete

What can elite athletes teach us about burnout, resilience, and sustainable performance under constant pressure? In this keynote, Ezio shares lessons from sport & psychology to help professionals train for the long game - building habits that protect energy, focus, and purpose.

Practical, inspiring, and real, this session helps people perform without burning out.

### Selling is a Sport. A Contact Sport

Selling is fast, competitive, and human - just like elite sport. Ezio helps teams build the mindset, skillset, and rhythm to perform under pressure and compete to win. Drawing from elite sport and business, participants learn how to prepare with intent, align to the buying process, and bring their A-game to every opportunity.

### Coaching & Leading like a Corporate Athlete

In elite sport, feedback is constant, real-time, and focused on developing talent. In this keynote, Ezio reveals what leaders can learn from world-class coaches about motivation and performance under pressure. Participants discover how to create high-trust & high-energy environments.

**In the corporate world we compete for everything, market share, resources, customers, talent & budgets, we are all corporate athletes.**

With a background in psychology & more than two decades working across elite sport and business, Ezio helps leaders & teams perform under pressure, build resilience, & sustain energy through change & uncertainty.

He has worked with elite coaches across the English Premier League, the Matildas, & UCI cycling, as well as global organisations such as Amazon & Cisco. His work spans performance culture, mindset, & leadership development - bridging the gap between locker room and the boardroom.

Energetic, engaging, & unapologetically real, Ezio's approach has helped championship teams, corporate executives & emerging leaders to think, talk & walk like Corporate Athletes & achieve sustainable performance.

The corporate world is a sport, a contact sport and a team sport.

**We are all Corporate Athletes.**

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**High energy, insightful & hilarious!**



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**Our people have been talking about it for days!**



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