



International Speaker, Author & High Performance Coach

Ezio Mormile is a globally recognised High Performance Coach, co-author of the best-selling book *Mindset for High Performers*, and creator of The Corporate Athlete Leadership Model—a framework adopted by leaders in ASX-listed organisations and elite sporting clubs worldwide. He helps leaders and teams overcome burnout, disengagement, constant change, and performance pressure, so they can think clearly, lead confidently, and deliver sustained performance while consistently achieving and exceeding KPIs and targets.

Ezio has spent decade inside elite sport — working from the boardroom to locker-room, with players and coaches from the English Premier League, the Matildas, UCI cycling champions, including international cup winners — as well as twenty years coaching, leading and training global teams across organisations such as Amazon, Cisco and Telstra.

At a personal level, for 30 years, Ezio has kept a personal journal (longer than most of the athletes he works with have been alive), written his own eulogy in 1996 which he reviews weekly, studied psychology at Charles Sturt University, and raised five children—all shaping his lessons on resilience, energy, and purpose.

Ezio combines all of this and developed the ‘Corporate Athlete Model’, challenging and equipping professionals in the corporate world to think, talk and walk like Corporate Athletes.

Because just like the elite athletes Ezio works with, in the corporate world, we can go from hero to zero overnight, everything is measured, numbers drive everything, and we must perform under conditions of intense pressure, uncertainty and change.

This is why Ezio believes you and your team are Corporate Athletes, and this is your season to shine!

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**High energy,
insightful & hilarious!**



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**Our people have been
talking about it for days!**



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