

Why You Should Book Ezio Mormile:

THE CORPORATE ATHLETE

'The Corporate Athlete': Exists to Empower Everyday Professionals

The purpose for this program is to give all people access to the tools and concepts that high performing elite athletes have been using globally for years, to allow them to perform at their best, for longer. Like professional athletes, we are working and living in a world that requires us to perform under conditions of intense pressure, uncertainty and change.

It's Personal and Real

For 30 years, Ezio has kept a personal journal (longer than most of the athletes he works with have been alive), written his own eulogy in 1996 which he reviews weekly, studied psychology at Charles Sturt University, and raised five children with his wife Megan. This has allowed him the opportunity to put the 'theory into practice', to discover and document the ups and downs. This has all helped shape his lessons on resilience, energy, and purpose.

Industry-Recognised Expertise: High Performance That Lasts Energetic, insightful, and unforgettable. Ezio blends elite sport psychology with corporate science to deliver keynotes that create lasting behaviour change. His stories are real, recent and relevant. From working with players and coaches, from English Premier League to the Matildas and world-champion cyclists, as well as global corporations like Amazon, Cisco, Telstra and CAP Australia. As co-author of the best-selling *The High Performing Corporate Athlete*, Ezio's concepts are grounded in evidence, neuroscience, and two decades of high-performance coaching.

Inspirational: A Unique Global Journey

Ezio's story crosses continents, locker rooms, boardrooms and high-stakes environments.

From helping under-resourced sporting teams outperform giants with 10x the budget at an international level, to guiding corporate teams navigating transformation and growth - Ezio brings a rare combination of humility, authenticity and lived experience.

Engaging: Before, During and After the Event

Ezio partners with you well before the keynote to understand your strategy, themes and audience needs. He arrives early, reads the room, and stays afterwards to talk with delegates. His CA8 self-assessment, digital summaries and follow-up resources ensure the learning continues.

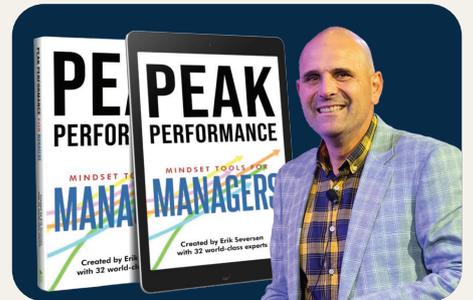
Drama Free: Easy to Work With

Ezio is flexible, calm under pressure, and committed to making your event outstanding. He works seamlessly with AV teams and adapts to last-minute changes.

Investment: Exceptional Value with Keynote + Masterclass Options

Options include:

- The Corporate Athlete Way
- Selling Is a Sport, a contact sport and a team sport.
- The F and C Words of High Performance



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**EZIO
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