

SUN	MON	TUE	WED	THUR	FRI	SAT
Types of Activities offered NA-Natural world SO-Social CO-Cognitive	OU-Outdoor PR-Productive SE-Sensory RE-Reflective Ph-Physical	LOCATION KEY AR - Assembly Room B - Bus DWL - Dogwood Lane FR - Florida Room FC - Front Canopy Par - PARLOR	P - PATIO Ro - Rotunda VR - Virginia Room	10:00 Exercise Group with Melody (AR) 1 1:30 Resident Wifi Information Session (AR) 3:00 Yarn Spinners! (Front Lobby)	<i>HB Dee Burch</i> 2 10:30 Pass the Pigs! (Ro) 1:30 Shop Lakeside (B) 3:00 Ben & Jerry's Taste Test (Ro)	10:00 SkipBo (FR) 3 10:20 Exercise with Melody (Channel 1960) 2:00 Kentucky Derby Social! (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 4 1:30 Adult Coloring Book: Flowers! (AR) 2:55 Vespers with Communion (Channel 1960 & Assembly Room) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	<i>Cinco de Mayo</i> 5 10:00 In the Kitchen: Banana Bread (DWL) 2:00 Game Fest! (AR) 3:00 Chair Yoga! (AR)	10:30 Chocolate Bingo! (AR) 6 11:15 Bonsack Senior Adult Choir! (VR) 1:30 Manicures! (AR) 2:00 Canasta (FR) 4:15 Dinner Out (B) 5:45 Mix It Up with Margie! (Front Lobby)	10:30 Pathways to Wellness Expo! (Ro) 1:30 Meet Kennedy! (AR) 3:00 BINGO (AR)	10:00 Exercise Group with Melody (AR) 8 1:30 Joe's Farewell Party (VR) 3:00 Pet Visits! (Room to Room) 3:00 Mother's Day Flower Arranging (Ro)	10:30 Balloon Volleyball (AR) 9 11:00 Salem Museum & Lunch Out (B) 1:30 SkipBo (AR) 1:30 Shop Valley View (B) 2:30 Mother's Day Tea! (VR)	10:00 Hermitage Helps! (FR) 10 10:20 Exercise with Melody (Channel 1960) 2:00 Jewelry Making! (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
<i>Mother's Day</i> <i>HB Bill Pearman</i> <i>HB Bob McAden</i> 7:00 Instrumental Hymns (Channel 1960) 11 10:30 Name That Tune with Suzanne! (DWL) 1:30 Visit with Jazzy! (Room to Room) 2:55 Vespers (Channel 1960 & Assembly Room) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	10:00 Shop Lakeside (B) 12 10:30 Chocolate Bingo! (AR) 2:00 Game Fest! (AR) 3:00 Chair Yoga! (AR)	10:00 Garden Party! (Flagpole) 13 1:30 Charades! (Ro) 2:00 Canasta (FR) 5:45 Mix It Up with Margie! (Front Lobby)	10:30 Hymns with Louise! (VR) 14 1:30 Mind Fit with The Key (AR) 1:30 Walk Group (FC) 3:00 BINGO (AR)	10:00 Exercise Group with Melody (AR) 15 2:00 Spring Trivia (Ro) 3:00 Kevin Matheson and Judy Clark: Beethoven Violin Concerto (VR)	10:30 Spring Edition--Hangman! (Ground Floor Kitchenette) 16 1:30 Shop Salem (B) 1:30 Walk Group (FC) 2:00 Candid Conversations with Beth Macy! (VR)	10:00 SkipBo (AR) 17 10:20 Exercise with Melody (Channel 1960) 1:30 Movie Matinee (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 18 1:30 "Over What Hill?" Book Reading! (VR) 2:55 Vespers (Channel 1960 & Assembly Room) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	<i>HB Karen Baye</i> <i>HB Mary Grace Boitnott</i> <i>HB Vicky Semesky</i> 10:30 Paint Class with Julia! (AR) 19 1:30 Shop Lakeside (B) 2:00 (IL) Ladies Tea! (VR) 2:00 (IL) Men's Coffee Club (VR) 2:00 Game Fest! (AR) 3:00 Chair Yoga! (AR)	<i>HB Frances MacPherson</i> <i>HB David Britt</i> 10:00 Mending Ladies (From Home) 20 10:30 Chocolate Bingo! (AR) 1:30 Painting Pots! (AR) 2:00 Canasta (FR) 5:45 Mix It Up with Margie! (Front Lobby)	10:30 Hymns with Louise! (VR) 21 1:30 Hearts (AR) 1:30 Planting Pots! (P) 3:00 BINGO (AR)	10:00 Exercise Group with Melody (AR) 22 1:30 Lemonade in the Shade (P) 3:00 Kenny Rogers Performs! (VR)	10:00 Shop Lakeside (B) 23 10:30 Pen Pals! (AR) 1:30 Ice Cream Sundaes! (P) 1:30 UNO (AR) 3:00 Movie Matinee (AR)	10:00 Manicures! (AR) 24 10:20 Exercise with Melody (Channel 1960) 2:00 Lucy Addison Middle School Performs! (VR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 25 10:30 Name That Tune with Suzanne! (DWL) 1:30 Arnold Palmers on the Patio (P) 2:55 Vespers (Channel 1960 & Assembly Room) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	<i>Memorial Day</i> 26 10:00 In the Kitchen: Strawberry Shortcakes (DWL) 12:00 Memorial Day Cookout (P) 2:00 Game Fest! (AR)	10:30 Chocolate Bingo! (AR) 27 2:00 Canasta (FR) 2:30 Strawberry Festival! (P) 5:45 Mix It Up with Margie! (Front Lobby)	10:00 Hermitage Apiary Tour! (P) 28 10:00 Menu Chat! (Par) 1:30 Hearts (AR) 1:30 Karaoke Bar! (Ro) 3:00 BINGO (AR)	10:00 Exercise Group with Melody (AR) 29 1:30 Decorating Headbands! (AR) 3:00 Book Club! (VR)	10:30 "Over What Hill?" Book Reading! (VR) 30 11:00 Lunch Out: Bubba's 33 (Transit) 2:30 May Birthday Party with SammyP! (VR)	10:00 Shrinky Dinks (DWL) 31 10:20 Exercise with Melody (Channel 1960) 2:00 Marie Turns 100! (P) 4:00 30 Minute Seated Disco Exercise (Channel 1960)

May 2025
Independent Living

HERMITAGE
ROANOKE