

SUN	MON	TUE	WED	THUR	FRI	SAT
7:00 Instrumental Hymns (Channel 1960) 10:30 Name That Tune with Suzanne! (DWL) 1:30 SkipBo (AR) 2:55 Vespers (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	31 Types of Activities offered NA-Natural world SO-Social CO-Cognitive	OU-Outdoor PR-Productive SE-Sensory RE-Reflective Ph-Physical	LOCATION KEY AR - Assembly Room B - Bus DWL - Dogwood Lane FR - Florida Room FC - Front Canopy	Par - PARLOR P - PATIO Ro - Rotunda VR - Virginia Room	10:30 Music Requests with Michael! (Ro) 1:30 UNO (AR) 3:00 Hermitage Helps! (FR) 4:00 Word Unscramble Puzzle (Ro)	10:00 Manicures with Suzanne & Angel! (DWL) 10:20 Exercise with Melody (Channel 1960) 2:00 Bananagrams (FR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 10:30 Name That Tune with Suzanne! (DWL) 1:30 SkipBo (AR) 2:55 Vespers with Communion (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	3 10:00 In the Kitchen: Donut Decorating (DWL) 1:30 Summer Bible Study (AR) 1:30 Shop Lakeside (B) 3:00 Chair Yoga! (AR)	4 <i>HB Hugh Martin</i> 10:30 Chocolate Bingo! (AR) 2:00 Pet Visits! (Ro) 3:00 Canasta (FR) 5:45 Mix It Up with Margie! (Front Lobby)	5 9:30 Walk Group (FC) 11:00 Debra LeBrun Handbell Performance! (VR) 1:30 Giant Jenga (Ro) 1:30 Hearts (FR) 3:00 BINGO (AR)	6 10:00 Exercise Group with Melody (AR) 1:30 Dog Days of Summer Jigsaw Puzzle (FR) 3:00 Caregiver Appreciation Raspberry Cream Social (Ro) 4:00 Dominoes (FR) 6:45 Attic Productions (Transit)	7 10:30 Ladder Toss (AR) 1:30 Shop Valley View (B) 2:30 August Birthday Party! (VR) 4:00 Old Timey Words & Phrases Puzzle (Ro)	8 <i>HB Peggy Crismond</i> <i>HB Theresa Willis</i> 10:00 Krispy Kreme Social (Front Lobby) 10:20 Exercise with Melody (Channel 1960) 2:00 Dog Days of Summer Jigsaw Puzzle (FR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 1:30 SkipBo (AR) 2:55 Vespers (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	10 10:00 School Pictures! (FR) 1:30 Summer Bible Study (AR) 1:30 Shop Lakeside (B) 3:00 Chair Yoga! (AR)	11 10:30 Chocolate Bingo! (AR) 1:30 Back to School Reminisce (Ro) 2:00 Pet Visits! (Ro) 3:00 Canasta (FR) 4:15 Dinner Out: Cracker Barrel (B) 5:45 Mix It Up with Margie! (Front Lobby)	12 9:30 Walk Group (FC) 10:30 Hymns with Louise! (VR) 1:30 Back to School Spelling Bee! (Ro) 1:30 Hearts (FR) 3:00 BINGO (AR) 6:00 Dances of Hope and Healing (VR)	13 10:00 Gym Class with Melody (AR) 1:30 History Class: Documentary (AR) 3:00 National Creamsicle Day! (Ro) 4:00 Dominoes (FR)	14 10:30 Science Class (DWL) 11:00 Lunch Out: Macado's (B) 2:30 Lateral Thinking Exercises (AR) 2:30 Shop Salem (B)	15 10:00 Manicures with Suzanne & Angel! (DWL) 10:20 Exercise with Melody (Channel 1960) 2:00 Jewelry Making! (FR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 10:30 Name That Tune with Suzanne! (DWL) 1:30 Movie Mania Social (Ro) 2:55 Vespers (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	17 10:00 In the Kitchen: Pineapple Upside-Down Cake Cupcakes (DWL) 1:30 Shop Lakeside (B) 2:00 Game Fest (AR) 3:00 Chair Yoga! (AR)	18 10:00 Mending Ladies (From Home) 10:30 Chocolate Bingo! (AR) 2:00 Pet Visits! (Ro) 3:00 Canasta (FR) 5:45 Mix It Up with Margie! (Front Lobby)	19 9:30 Walk Group (FC) 10:30 Red Hat Society! (VR) 1:30 Hearts (FR) 3:00 BINGO (AR)	20 10:00 Exercise Group with Melody (AR) 2:00 Pop & Chat (Front Lobby) 3:30 Independent Living Meeting (AR) 4:00 Dominoes (FR)	21 10:30 Paint Class with Julia! (AR) 1:30 UNO (AR) 3:00 Ice Cream Float Bar (Ro) 4:00 August Birthdays Word Search (Ro)	22 <i>HB Julie Chapman</i> 10:00 Yarn Spinners! (Front Lobby) 10:20 Exercise with Melody (Channel 1960) 2:00 Jewelry Making! (FR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) 1:30 Visit with Jazzy! (Room to Room) 2:55 Vespers (AR) 4:00 30 Minute Seated Disco Exercise (Channel 1960)	24 <i>HB Doris Richardson</i> 10:30 Monday Morning Scrabble! (FR) 1:30 Summer Bible Study (AR) 1:30 Shop Lakeside (B) 2:00 (IL) Ladies Tea! (VR) 2:00 (IL) Men's Coffee Club (VR) 3:00 Chair Yoga! (AR)	25 10:30 Chocolate Bingo! (AR) 2:00 Pet Visits! (Ro) 2:00 Southwest Virginia Wildlife Center! (AR) 3:00 Canasta (FR) 4:15 Dinner Out: Outback (B) 5:45 Mix It Up with Margie! (Front Lobby)	26 <i>HB Martha McMullan</i> 9:30 Walk Group (FC) 10:00 Menu Chat! (Par) 10:30 Hymns with Louise! (VR) 1:30 Making Homemade Peach Ice Cream! (VR) 3:00 BINGO (AR)	27 10:00 Exercise Group with Melody (AR) 2:00 Hand Massages (DWL) 3:00 Book Club! (VR) 4:00 Dominoes (FR)	28 <i>HB Jean Watts</i> <i>HB Jean Morello</i> 10:30 Create Your Own Stamps (AR) 11:00 Lunch Out: Montano's (B) 2:00 Resident Appreciation Beach Bash! (P)	29 10:00 Audio Book Short Story (Front Lobby) 10:20 Exercise with Melody (Channel 1960) 2:00 Pop & Chat (Front Lobby) 4:00 30 Minute Seated Disco Exercise (Channel 1960)