

## Winter Menu - Week 1

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Breakfast</u></b>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<b><u>Snack @10am</u></b>	Bagels and pear slices.	slices. Grapes and Muffins	Pineapple and cheese biscuit crackers	Brioche with peach slices	Breadsticks and Orange
<b><u>Lunch</u></b>	Lasagne With Garlic Bread	Roast chicken, roast potatoes, broccoli, peas and gravy.	Rice with Chicken Curry and Cumber slices	Tomato Pasta Bake Mixed veg	Salmon Fish Pie with sweetcorn and broccoli
<b><u>Pudding</u></b>	Yogurts	A selection of Yoghurts	Banana Custard	A Selection of yogurts	Fruit Salad & Natural yogurt
<b><u>Snack @2pm</u></b>	Toasted teacake and satsumas	Banana with bread sticks.	Toast and Pear	Breadsticks and Melon	A selection of yogurts and fruit
<b><u>Tea</u></b>	Muffins with scrambled egg and cucumber pieces.	Homemade pancakes with a selections of toppings cheese and ham.	Macaroni Cheese	Cheese, sweetcorn and mayonnaise sandwiches with cucumber sticks	Tomatoes soup with crumpets and cheese slices.
<b><u>Pudding</u></b>	Offer of	Yoghurt or fruit	Is given	after tea	With a cup of milk

## Winter Menu - Week 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Breakfast</u></b>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<b><u>Snack @10am</u></b>	Scones with butter and Banana	Crumpet and apple pieces.	Pineapple and Brioche	Satsumas & pancakes	Waffle and red grapes
<b><u>Lunch</u></b>	Chicken korma with rice green beans, poppadoms.	Cottage beef pie with cabbage and carrots.	Cheesy cod and sweetcorn pasta bake with peas and broccoli	Pork Casserole with rice	Tomato Pasta bake with Broccoli
<b><u>Pudding</u></b>	A selection of yogurts and fruit	Yoghurt	Apple crumble and custard.	Bananas and custard	Yoghurt
<b><u>Snack @2pm</u></b>	Bread sticks and Satsuma pieces.	Brioche with butter and pear pieces.	Crackers with butter and satsuma.	Cheesy biscuits with butter and white grapes	Pitta bread and red pepper sticks
<b><u>Tea</u></b>	Scrambled eggs on toast.	Tuna and Sweetcorn pasta	Potato wedges, spaghetti hoops and grated cheese	Noodles stir fry Vegetables	Cheese on toast with baked beans and cucumber slices
<b><u>Pudding</u></b>	Offer of	Yoghurt or fruit	is given	after tea	with a cup of milk

### Winter Menu - Week 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Breakfast</u></b>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<b><u>Snack am</u></b>	Apple and Grapes	Bread sticks and red pepper sticks.	Flat bread and cucumber and carrot sticks & Humous	Croissants with satsuma.	Breadsticks and pineapple.
<b><u>Lunch</u></b>	Meatballs with spaghetti in tomato sauce and peas.	Sausages with mashed potatoes, carrots, broccoli and onion gravy.	Chicken stir-fry with garlic bread and broccoli.	Homemade breaded cod and chunky chips with peas	Chilli Con carne & Rice Cucumber
<b><u>Pudding</u></b>	Yoghurts	Pancakes and Banana	Blackcurrant jelly with ice cream.	A selection of yogurts and fruit	Yoghurts
<b><u>Snack</u></b>	Rice cakes with butter and melon pieces.	Crumpets, butter & choice of spreads.	Raisin and cinnamon bagels with butter.	Crackers with butter and apple pieces.	Toast with butter and grapes
<b><u>Tea</u></b>	Ham and Cheese Toasties	Tuna Pasta Cucumber	Vegetable risotto.	Tomato Soup with bread and butter	Macaroni Cheese
<b><u>Pudding</u></b>	Offer of	Yoghurt and fruit	is given	after tea	with a cup of milk

### Winter Menu - Week 4

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Breakfast</u></b>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<b><u>Snack @10am</u></b>	Breadsticks and cucumber sticks.	Cheesy biscuits and grapes	Breadsticks and carrot sticks Houmous	Croissants with kiwi.	Ryvita with marmite and Satsuma.
<b><u>Lunch</u></b>	Chilli con carne with Rice and tortillas.	Gammon with mashed potatoes, cauliflower in cheese sauce and carrots.	Sausage Provençale with green beans and sautés potatoes.	Thai chicken green curry with noodles and mixed peppers.	Cod stew with homemade chapati, & broccoli.
<b><u>Pudding</u></b>	A selection of yogurts and fruit	A selection of yogurts and fruit	A selection of yogurts and fruit	A selection of yogurts and fruit	A selection of yogurts and fruit
<b><u>Snack @2pm</u></b>	Mini pancakes and pear.	Cheese cubes and pineapple pieces.	Marmite toast and orange slices.	Oatcakes and grapes.	Fruit scones and butter with Mango pieces.
<b><u>Tea</u></b>	Cheese on toast with cherry tomatoes.	Tomato couscous and ham.	Rice with mixed Vegetables	Macaroni cheese.	Homemade Pizza with own choice toppings & cucumber sticks.
<b><u>Pudding</u></b>	Offer of	Yoghurt and fruit	Is given	after tea	With a cup of milk