

Summer Menu - Week 1

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<u>Snack @10am</u>	Grapes and breadsticks.	Bagels and pear slices.	Pineapple slices and Waffles	Brioche with peach slices	crackers and Orange
<u>Lunch</u>	Beef Lasagne With Garlic Bread	Roast chicken, roast potatoes, broccoli, peas and gravy	Chicken Stew & Cous Cous	Salmon Fish Pie with sweetcorn and broccoli	Paella with vegetables
<u>Pudding</u>	A selection of Yoghurts	Strawberry Mouse	Bananas and Ice cream	A selection of yogurts	A selection of yogurts and fruit
<u>Snack @2pm</u>	Toasted Bagles and oranges.	Banana with bread sticks.	Toast and Pear	Breadsticks and Melon	Grapes and cheese biscuits
<u>Tea</u>	Baked Beans with Muffin	Cheese and Ham/Tomato Toasties	Noodles and Vegetables	Macaroni Cheese	Vegetable/cheese and ham Pizza's with Cucumber sticks.
	At all mealtimes the children are offered Milk or Water. Milk alternative for children with allergies are available		Tea is served with vegetable stick and a choice of Fruit or Yoghurt		

Summer Menu - Week 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<u>Snack @10am</u>	Fruit scones and Banana	Breadsticks and Carrot sticks	Pineapple and Croissant	Satsuma and cheese straws	Crackers and Kiwi
<u>Lunch</u>	Chicken with Rice and Green Beans	Cottage Pie with cabbage and carrots.	Vegetable Chow Mein	Tuna Pasta Bake With Broccoli	Sausage and mash
<u>Pudding</u>	Yoghurt	A selection of yogurts and fruit	yoghurt	Fruit Salad	A selection of yogurts and fruit
<u>Snack @2pm</u>	Breadsticks and Satsuma	Brioche and green apple slices	Crackers with butter and red apple slices	Cheese biscuits And Grapes	Toast and red pepper sticks
<u>Tea</u>	Cheese on Toast	Tuna and Sweetcorn pasta	Spaghetti Hoops With Sausages	A selection of sandwiches	A selection of pizza's
	At all mealtimes the children are offered Milk or Water		Tea is served with vegetable stick and a choice of Fruit or Yoghurt		

Summer Menu - Week 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<u>Snack am</u>	Red Apple and raisins.	Breadsticks and Cucumber sticks	Waffle and carrot sticks.	Croissants and satsuma.	Breadsticks and pineapple.
<u>Lunch</u>	Meatballs in Tomato Sauce with Spaghetti, Peas and carrots	Sausages, Jacket Potato with Mixed Vegetables and Gravy	Chicken stir-fry with noodles	Sausage casserole with mixed vegetables	Salmon fingers and chunky chips with peas.
<u>Pudding</u>	Yoghurts	A selection of yogurts and fruit	Yoghurt	A selection of yogurts and fruit	A selection of fruit and milk
<u>Snack</u>	Rice cakes and Water melon pieces.	Crumpets, butter & choice of spreads.	Orange and crackers	Strawberries and Pear	Bagel and Melon
<u>Tea</u>	Ham and Cheese Toasties	Pesto Pasta	Vegetable risotto.	Cheese Omelette	Macaroni Cheese
	At all mealtimes the children are offered Milk and Water		Tea is served with vegetable stick and a choice of Fruit or Yoghurt		

Summer Menu - Week 4

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	Choice of a selection of cereal, toast with a selection of spreads and yogurts.				
<u>Snack @10am</u>	Breadsticks and cucumber	Cheese biscuits and grapes	Crumpets and Apple	Crackers and Kiwi	Toast marmite and Satsuma.
<u>Lunch</u>	Spaghetti Bolognaise With Broccoli	Gammon, leeks in cheese sauce with Mash potato and carrots	Sweet and Sour Chicken with Noodles and mixed Peppers	Spaghetti Carbonara And Garlic Bread	Chicken curry & Riced with veg
<u>Pudding</u>	Yoghurt	Ice cream with fruit	A selection of yogurts and fruit	Yoghurt	A selection of yogurts and fruit
<u>Snack @2pm</u>	Mini pancakes and pear	Cheese crackers and pineapple	Marmite toast and orange	Oatcakes and grapes.	Fruit scones and Mango
<u>Tea</u>	Cheese on toast	Tomato couscous and ham.	Macaroni Cheese	Ravioli	Pesto pasta
	At all mealtimes the children are offered Milk and Water		Tea is served with vegetable stick and a choice of Fruit or Yoghurt		