

SEMAGLUTIDE (COMPOUNDED) WITH GLYCINE PATIENT EDUCATION

MEDICATION TYPE: Weekly injectable medication

PRESCRIBED FOR: Weight management, blood sugar control in type 2 diabetes, or as directed by your provider.

WHAT IS THIS MEDICATION?

Semaglutide is a peptide-based medication that mimics the hormone GLP-1, helping to lower blood sugar, reduce appetite, slow digestion, and support weight loss.

Glycine is an amino acid that can prevent muscle loss, support gut health, metabolism, and overall wellness.

HOW TO USE

- Inject **once weekly**, on the same day each week.
- Administer subcutaneously (under the skin) in the abdomen, thigh, or upper arm.
- **Rotate injection sites** with each dose to reduce irritation.
- Use only as directed. Do not combine with other injectable medications unless advised.

STORAGE INSTRUCTIONS

- Store in the **refrigerator at 36°F–46°F (2°C–8°C)**.
- Do not freeze.

COMMON SIDE EFFECTS

- Nausea or reduced appetite
- Constipation or diarrhea
- Mild redness or discomfort at the injection site

Side effects are typically mild and tend to improve with continued use.

SERIOUS SIDE EFFECTS (CONTACT YOUR PROVIDER IMMEDIATELY)

- Persistent stomach pain (with or without vomiting)
- Signs of allergic reaction (rash, swelling, breathing difficulty)
- Jaundice (yellowing of the skin or eyes)
- Dizziness, confusion, or vision changes

IMPORTANT PRECAUTIONS

- Not recommended during pregnancy or breastfeeding unless approved by your provider.
- Inform your provider if you have a history of:
 - o Pancreatitis
 - o Gallbladder issues
 - o Kidney disease
 - o Thyroid cancer (personal or family history)
- Do not use this medication in combination with other GLP-1 receptor agonists unless instructed.

HELPFUL TIPS

- Eat smaller meals and avoid greasy or heavy foods to minimize nausea.
- Drink plenty of water daily.
- Keep a record of your injections, weight, and any symptoms.
- Contact your provider if you miss more than one dose or experience any concerning symptoms.

QUESTIONS? WE'RE HERE TO HELP

Red Rock Home Pharmacy: **801.839.5080**

Email: **Compounding@redrockrx.com**



You can count on us.