

SEMAGLUTIDE (COMPOUNDED) WITH VITAMIN B12 PATIENT EDUCATION

MEDICATION TYPE: Weekly injectable medication

PRESCRIBED FOR: Weight management, blood sugar control in type 2 diabetes, or as directed by your provider.

WHAT IS THIS MEDICATION?

Semaglutide is a peptide-based medication that mimics a natural hormone (GLP-1) involved in regulating blood sugar, reducing appetite, and slowing digestion. It supports weight loss and helps stabilize glucose levels.

Vitamin B12 is added to support energy metabolism and may help reduce nausea or discomfort at the injection site in some patients.

HOW TO USE

- Inject **once weekly**, on the same day each week.
- Administer subcutaneously (under the skin) in the abdomen, thigh, or upper arm.
- **Rotate injection sites** each week to minimize irritation.
- Do not mix with other medications unless advised by your provider.

STORAGE INSTRUCTIONS

- Store in the **refrigerator at 36°F–46°F (2°C–8°C)**.
- Do not freeze.

COMMON SIDE EFFECTS

- Nausea or decreased appetite
- Constipation or diarrhea
- Mild injection site redness or discomfort

These side effects are common and usually improve over time.

SERIOUS SIDE EFFECTS (CONTACT YOUR PROVIDER IMMEDIATELY)

- Severe stomach pain (especially if persistent or with vomiting)
- Signs of an allergic reaction (swelling, rash, difficulty breathing)
- Vision changes or dizziness
- Yellowing of the skin or eyes

IMPORTANT PRECAUTIONS

- Not recommended during pregnancy or breastfeeding unless approved by your provider.
- Notify your provider if you have or have had:
 - o Pancreatitis
 - o Gallbladder issues
 - o Kidney disease
 - o Personal or family history of thyroid cancer
- Do not use alongside other medications in the same class unless directed.

HELPFUL TIPS

- Eat smaller meals and avoid high-fat foods to reduce nausea.
- Stay hydrated throughout the day.
- Keep a log of your weight, side effects, and weekly injection dates.
- Contact your provider if you miss more than one dose or experience ongoing issues.

QUESTIONS? WE'RE HERE TO HELP

Red Rock Home Pharmacy: **801.839.5080**

Email: **Compounding@redrockrx.com**



You can count on us.