

WELLNESS & SPA

TREATMENT MENU



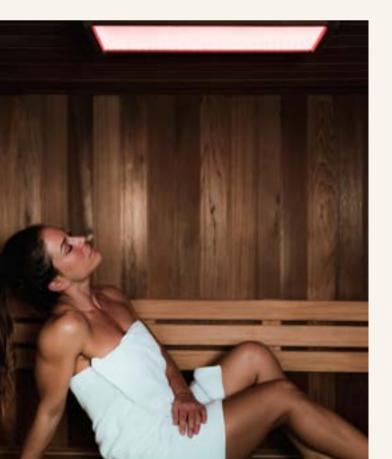
WELLNESS

WELCOME TO OUR PRIVATE WELLNESS RETREAT!



In a historically rich area reminiscent of the Přemyslids, Charles IV and Emperor Rudolf II, there is a truly unique experience waiting for you: a pool carved from lydite rock. This mineral is recognized for its strength as well as its harmonizing properties and ability to increase stress resistance, creating the perfect environment for rest, renewal and revitalization. A visit to our wellness area will leave you feeling deeply calm and wonderfully restored.





MAX. CAPACITY: 4 PEOPLE

TAKE A MOMENT TO UNWIND IN A WELLNESS SPACE WHERE YOU CAN ENJOY COMPLETE PRIVACY, IF YOU WISH.

Pool carved into lydite rock

Whirlpool

Sauna

Solarium

Fitness centre

WELLNESS PRICE LIST

FOR INDIVIDUAL STAYS

DELUXE / JUNIOR SUITE / SUITE

200 CZK per person per hour

Children up to 8 years old - free of charge

Not applicable for bookings made through reservation portals or discount offers.

STANDARD ROOM

500 CZK per person per hour

Children up to 8 years old - free of charge

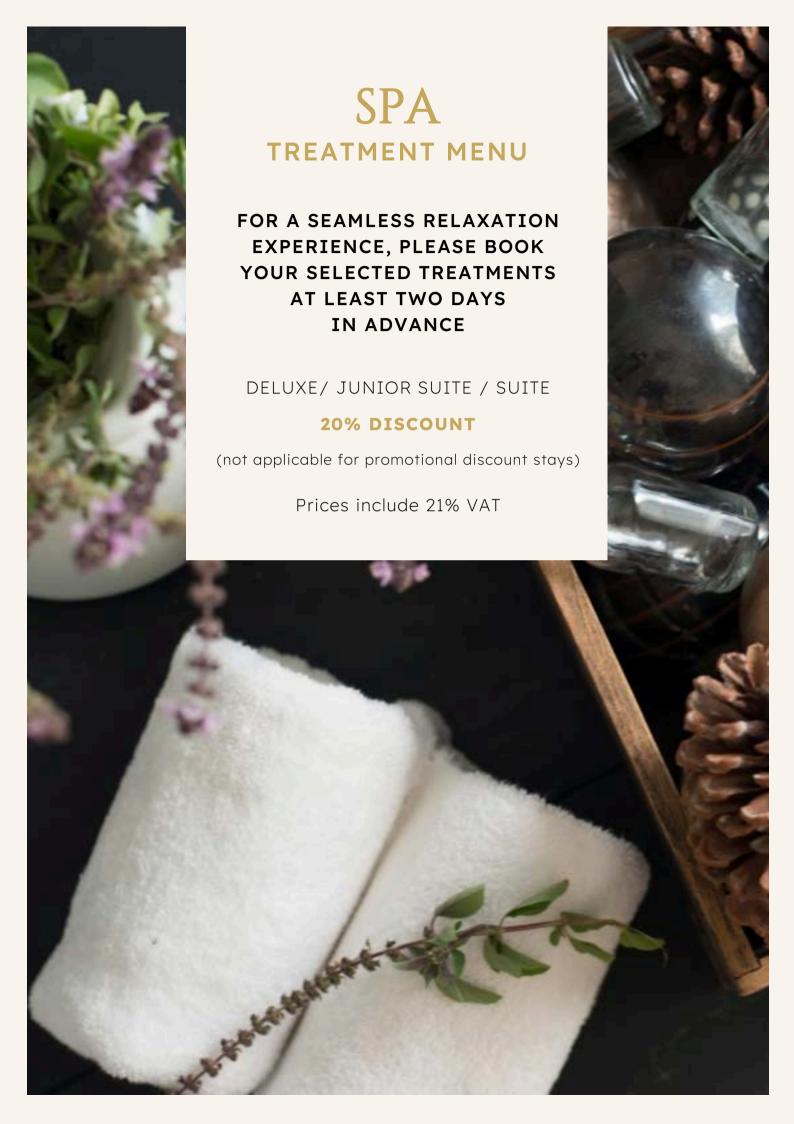
PRIVATE WELLNESS FOR TWO

For an additional 1000 CZK per person per hour, you can enjoy the entire wellness area all to yourself!

FOR CORPORATE STAYS

300 CZK per person per hour

Children up to 8 years old - free of charge



MASSAGES









RESTORATIVE MASSAGE	60 MIN	1550 CZK
AROMATHERAPY MASSAGE	60 MIN	1400 CZK
HONEY MASSAGE	30 MIN	950 CZK
CHOCOLATE MASSAGE	60 MIN	1700 CZK
HOT STONE MASSAGE	60 MIN	1800 CZK
HAWAIIAN LOMILOMI MASSAGE	60 MIN	1800 CZK
BREUSS SPINAL MASSAGE	60 MIN	1500 CZK
LYMPHATIC MASSAGE	60 MIN	1600 CZK
LYMPHATIC MASSAGE & BODY WRAP	90 MIN	1750 CZK
INDIAN HEAD MASSAGE	60 MIN	1400 CZK
FACE & DÉCOLLETÉ MASSAGE	30 MIN	800 CZK
FACE, DÉCOLLETÉ & HANDS MASSAGE	60 MIN	1500 CZK
FOOT MASSAGE	60 MIN	1200 CZK

SIGNATURE RITUALS

Discover a realm of extraordinary relaxation with our signature rituals, uniquely designed for the wellness & spa at Zbiroh Castle. These special massage packages transcend ordinary care, providing a profound experience inspired by the castle's rich history and enchanting atmosphere. Treat yourself to moments of royal tranquility and restore your inner harmony.









Lymphatic massage + wrap + face & décolleté A gentle technique with selected essential oils

120 MIN | 2700 CZK



PRINCESS DELIGHT

Harmonising full body & face massage using aromatherapy oils, followed by a body wrap

90 MIN | 2200 CZK



DETOXIFYING TREATMENT

Detoxifying the body, removing negative energy and cleansing the lymphatic system

60 MIN | 1800 CZK

NAIL & BEAUTY CARE





SPA MANICURE

Manicure featuring a gentle foaming bath, exfoliation, mask, moisturising wrap and a finishing massage

60 MIN | 990 CZK

MANICURE Nail shaping cuticle

Nail shaping, cuticle treatment and a soothing hand massage. Add nail polish: 150 CZK

45 MIN | 790 CZK





PEDICURE

Warm foot bath, nail shaping, cuticle treatment, removal of hardened skin, and a relaxing foot massage. Add nail polish: 150 CZK

45-60 MIN | 790 CZK

SKINCARE

Cleansing, exfoliating, face, neck and décolleté massage, tailored face mask, hyaluronic acid or another serum, finishing care and hand wrap

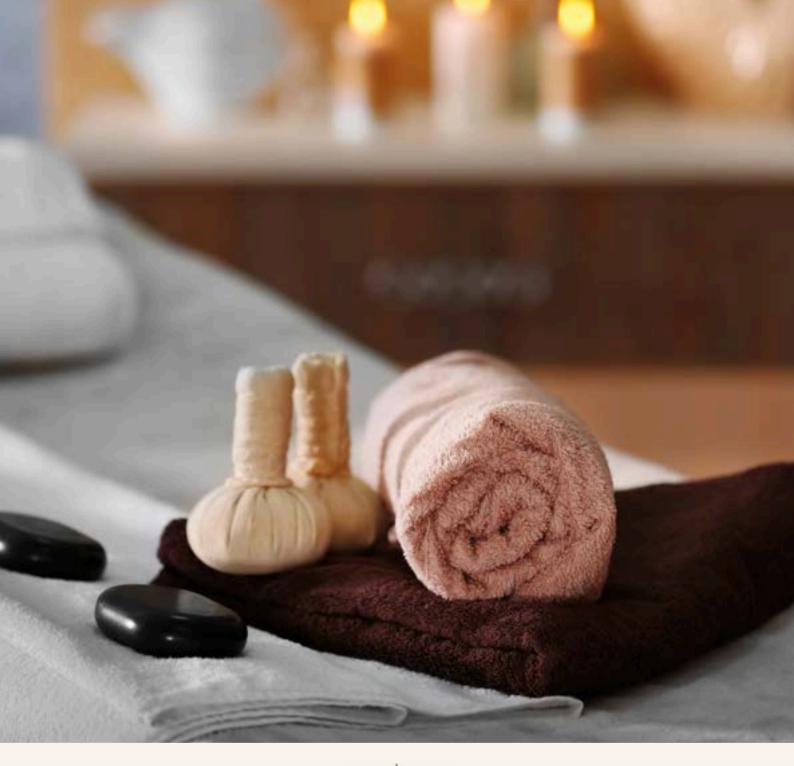
60 MIN | 1300 CZK

WELLNESS & SPA ETIQUETTE

OPENING HOURS: 8:00-20:00



- To ensure a seamless relaxation experience, reserve your wellness stay in advance and book your chosen spa treatments at least two days ahead.
 While we will always strive to accommodate you, please note that availability for unannounced bookings will depend on the capacity of the wellness and spa facilities.
- The wellness area is situated in the castle's keep and can be accessed from the outside. We kindly ask that you arrive dressed for the occasion and bring your swimwear with you. For your convenience, towels, bath towels and changing rooms are available on-site.
- If you wish to use the fitness area, please wear appropriate sportswear and footwear.
- To maintain a peaceful atmosphere and ensure the safety of all guests, please refrain from bringing food into the wellness area, particularly glass and sharp objects.
- Before entering the pool, sauna, or whirlpool, or before beginning spa treatments, please take a shower. Towels and cotton sheets will be provided for your comfort during sauna sessions, and we kindly ask that used linen be placed in the designated bins.
- We value your time, as well as that of other guests. Therefore, we kindly request that you arrive punctually for your wellness visits and booked treatments. Unfortunately, we cannot extend reservations in the event of lateness, as we must respect the schedules of other visitors. If you are significantly delayed and there is not enough time left for your wellness visit or spa treatment, we will regrettably have to charge the full price.
- For your safety and the comfort of others, entry under the influence of alcohol or any substances that may impair your orientation is prohibited. We reserve the right to refuse treatment to clients in such a state.





HOTEL - RECEPTION

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