Activity booklet

10 years, 10 adventures



Join us for 10 family adventures inspired by the Storal Curriculum.

From discovering the natural world and getting creative to sharing stories and exploring together, each adventure is designed to spark curiosity, build confidence and create meaningful moments along the way.

How it works

Whether you're heading outdoors, getting creative, sharing stories or trying something new, each adventure card is an opportunity to learn, discover and enjoy time together.



01

Kindness hero

Complete 3 acts of kindness

Can you make someone smile today?

- [ ] Help someone at home
- [ ] Share with a friend or sibling
- [ ] Give someone a compliment
- [ ] Draw a picture for someone special to you





Friendship mission

Create a memory you'll cherish

Choose someone special and spend quality time together

- [ ] Play a game together
- [ ] Read a story together
- [ ] Build something together
- [ ] Tell them why they are special





Storyteller

Bring a story to life

Choose your favourite book and see where your imagination takes you

- [ ] Read a story together
- [ ] Choose your favourite character
- [ ] Act out a part of the story
- [ ] Make up a new ending





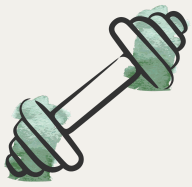
Super performer

Put on a performance

Sing, dance and let your ideas come to life

- [ ] Sing your favourite song
- [ ] Dance to some music
- [ ] Create your own performance
- [ ] Perform for your family





05

Movement master

Make an obstacle course

Jump, balance, crawl and climb your way through

- [ ] Jump 10 times
- [ ] Balance on one foot
- [ ] Crawl under something
- [ ] Hop from one leg to the other





Healthy chef

Make a delicious snack

Let's get cooking

- [ ] Wash some fruit or vegetables
- [ ] Help prepare a healthy snack
- [ ] Try something new
- [ ] Set the table ready to eat

Safety note:

Wash hands before preparing food and ask a grown-up to help with sharp utensils or hot appliances.





07

Nature detective

Go on a nature hunt

What treasures can you discover?

- [ ] A leaf 🍂
- [ ] A flower 🌼
- [ ] A stone 🪨
- [ ] A stick 🪵
- [ ] An insect 🐞





08

Community quest

Explore your local area

Adventure is waiting around every corner

- [ ] Visit a park
- [ ] Visit a library
- [ ] Visit a local landmark
- [ ] Visit somewhere new





Junior inventor

Create something unique

Use your imagination and build something from recycling

- [ ] Build a rocket
- [ ] Build a robot
- [ ] Build a castle
- [ ] Create your own invention





09

Curious scientist

Discover what happens when...

Time to experiment

- [ ] Find what floats and sinks
- [ ] Grow a seed
- [ ] Make a paper aeroplane and test it
- [ ] Mix colours to make new colours





Congratulations on completing Storal's

10 Years, 10 Adventures

Share your adventures with us

Tag us in your photos and memories

#Storal10Years