

Improve how your team works together in 2 weeks

Team Performance Sprint by FlyingPenguins Inc.

An expert-facilitated sprint where teams understand how they collaborate, practice realistic situations, and build skills that actually change behavior.

Includes: DiSC-based Collaboration Style Assessment, Role-Play Simulations, Live sessions with experts, Performance-enhancement platform.

Who is the performance sprint for?

Teams that are capable but not performing at their full potential

Teams struggling with

- ✗ Inefficient meetings
- ✗ Unclear ownership
- ✗ Recurring communication issues
- ✗ Lack of alignment

Teams wanting to move toward

- ✓ More cohesion
- ✓ Clearer alignment
- ✓ Healthy debate
- ✓ Efficient decision making

What does the sprint experience include?

A focused experience that turns insight into real behavior change

Time commitment: 5 to 6 hours over 2 weeks

(2 × 90-minute facilitated sessions + ~45–60 minutes of pre- and post-session activities)

1

Understand collaboration styles

Participants complete a DISC-based assessment to understand how they collaborate and where differences with others create friction or misalignment.

Benefit: teams gain a shared language for friction, differences, and day-to-day collaboration.



2

Build the right collaboration skills *(Facilitated session)*

An experienced coach debriefs the assessment results and introduces the CARE framework: Communication, Alignment, Relationships, and Emotions.

Benefit: managers and participants move from vague interpersonal issues to specific skills they can work on.



3

Practice realistic situations through AI-driven simulations

Participants interact with AI-powered role-play scenarios on the FlyingPenguins platform to practice real workplace conversations, with focused debriefs based on their collaboration style and the CARE framework.

Benefit: teams build better collaboration habits through repeated practice and targeted feedback.



4

Connect learning to real team challenges *(Facilitated session)*

The second session debriefs the simulation experience, surfaces recurring team challenges, and helps the team reflect on how it actually operates.

Benefit: insights are directly tied to real work, real tensions, and real decisions.



5

Keep improving with practical tools

Participants leave with ongoing resources including 1:1 collaboration comparison, team analysis, and contextualized guidance, along with **1 year access to the FlyingPenguins Platform**. These tools are critical for maintaining progress after the sprint.

Benefit: the sprint does not end after two sessions. Teams have support to keep going.

What are the benefits?



For managers

- ✓ Clear visibility on team dynamics
- ✓ Simple way to fix misalignment and ownership
- ✓ Contextualized advice to address team challenges



For participants

- ✓ Understand your collaboration style
- ✓ Apply practical skills immediately
- ✓ Practice difficult conversations safely
- ✓ Improve relationships and trust
- ✓ Increase engagement in discussions

Participants' testimonials

FlyingPenguins is one of the few professional development tools I've seen that meaningfully bridge the gap between knowledge and behavior.

Jay Lee-Gopalan

CEO / Jinso



Stepping into a new team as a manager is always a challenge, but FlyingPenguins made the transition seamless. Being able to practice difficult or pivotal discussions in a safe environment completely shifted my communication strategy

Catherine Pang

Data Team Manager / Bandsintown Group



What to expect after 2 weeks?



Stronger ownership



Better alignment



Increased engagement

Trusted by organizations shaping the future of work

