



WINSLOW DINING

Menu

Sunday Brunch – July 20th

Starters

Split Pea Soup (2)

Split Peas, Ham Broth with
Mint Pesto Garnish

Breaded Zucchini (3)

Breaded Zucchini
Served with Lemon, Marinara Sauce &
Parmesan

Summer Squash Soup (2)

Zucchini, Yellow Squash & Herbs in a
Plum Tomato Broth

House Salad (2)

Chopped Romaine, Tomatoes,
Carrots, Cucumber, Onion,
Choice of Dressing

Fresh Fruit Display (5)

Sliced Fresh Fruit & Garden Berries

Tomato Salad (2)

Fresh Tomatoes, Red Onions,
Garden Oregano & Olive Oil

Entrées

French Toast (12)

Macerated Berries

Chef's Brunch Creation (15)

Ask Your Server about
Today's Culinary Creation

Lemon Roasted Salmon (12)

Hollandaise

Bacon & Asparagus Quiche (12)

Mayflower Breakfast (15)

Over easy or Scrambled Eggs,
Bacon or Sausage, Breakfast Potatoes,
Jam, Toast

Roasted Beef Tenderloin (12)

Horseradish Crema

Accompaniments

Crispy Breakfast Hashbrown (2)

Buttered Grits (2)

Applewood Smoked Bacon (3)

Scrambled Eggs (2)

Sage Maple Sausage (3)

French Green Beans (2)

Baked Sweet Potato (2)

Herb Roasted Potatoes (2)

Beverages

Coffee - Barnies Blend

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,
V8 Juice (*low sodium*)

Milk (1): Whole, Skim



WINSLOW DINING

Menu

Monday – Saturday July 21st – July 26th

Bread & Butter:

Soft Dinner Rolls
Lemon Thyme Butter

Split Pea Soup (2)

Split Peas, Ham Broth with
Mint Pesto Garnish

House Salad (2)

Romaine, Cherry Tomatoes, Cucumber,
Shaved Carrots, Red Onion,
Choice of Dressing

Starters

Breaded Zucchini (3)

Breaded Zucchini
Served with Lemon, Marinara Sauce &
Parmesan

Sauces:

Blistered Tomato White Wine Sauce,
Basil Vinaigrette,
Cucumber Tomato Salsa

Summer Squash Soup (2)

Zucchini, Yellow Squash & Herbs in a
Plum Tomato Broth

Tomato Salad (2)

Fresh Tomatoes, Red Onions,
Garden Oregano & Olive Oil

Entrées

Sautéed Tenderloin Medallions (12)

Roasted Red Pepper Arugula Salad with
Basil Vinaigrette

Chef's Creation (15)

Ask Your Server about
Today's Culinary Creation

Fresh Catch (12)

Ask your server for the Fresh Fish of The Day

Grilled Chicken Breast (12)

Blistered Tomato White Wine Sauce
& Crisp Onion

Grilled/Steamed Protein

Chicken (7)
Shrimp/Salmon (15)

Potato Gnocchi (12)

Peas, Spinach, Heirloom Cherry Tomatoes,
Lemon Cream, Basil & Parmesan

Accompaniments

Bowtie Pasta w/ Lemon Cream (2)

Herb Roasted Red Bliss Potatoes (2)

Baked Potato/Sweet Potato (2)

Steamed French Green Beans (2)

Steamed Cauliflower (2)

Peas w/ Onions (2)

Garlic Sautéed Asparagus (2)

Beverages

Coffee - Barnies Coffee

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,
V8 Juice (low sodium)

Milk (1): Whole, Skim

For reservations call 407-543-8248



WINSLOW DINING

Menu

Weekly Theme Entrées

MONDAY – Homestyle Day (15)

Country Fried Chicken with Country Gravy, Mashed Potatoes & Green Beans

TUESDAY – International Day (15)

Grilled Tenderloin Tacos with Street Corn

WEDNESDAY– Shrimp Day (15)

Thai Green Curry Shrimp, Jasmine Rice

THURSDAY– Specialty Sandwich Day (15)

Turkey, Bacon, Avocado, Lettuce, Tomato, Onion & Swiss on Multi Grain Bread
Served with Field Green Salad, Balsamic Vinaigrette

FRIDAY– Favorites Day (15)

BBQ Ribs with Cole Slaw & Baked Beans

SATURDAY– Hearty Salad Day (15)

Grilled Chicken Caesar – Romaine Hearts, Parmesan, Grilled Lemon, Caesar Dressing & Herb Croutons

Deli Sandwich Selections

Fries, Chips, or side of Fruit (2)

(Choice of White, Wheat & Rye Breads are Available for Substitution)

The Club (8.5)

Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

BLT (7.5)

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

Chicken, Tuna, or Egg Salad (8)

Served on Toasted Wheat Bread

The Mayflower Burger (12)

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun
Substitute Turkey, Chicken, or Beyond Meat for (2)

All Beef Hot Dog (7)

To Go Info

Hours of Operation

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 2pm

Delivery Times 1:30pm, 4:30, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

Delivery charge \$6.00

Place an order

407-672-1603

or

321-397-1152



WINSLOW DINING

Menu

Desserts

Dessert of the Day (3)

Ask your server

Ice Cream (3)

Vanilla, Chocolate, Strawberry, *Variety*

Frozen Yogurt (3)

Vanilla (*Sugar Free*), *Yogurt of the Day*

Cookies (3)

Chocolate Chip, Oatmeal Raisin, *Variety*

No Sugar Added (3)

Cheesecake, *Variety*

Fruit (5)

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

