



THE INNER CIRCLE

J CLUB MEMBERS NEWSLETTER
APRIL 2026

J CLUB



Welcome to the new season at J Club

We're delighted to welcome you.

This edition brings an exciting lineup of activations and experiences, all thoughtfully designed to enrich your time with us and support your journey.

You'll also find a number of enhancements to our membership programme, created to further elevate your overall experience.

During times of uncertainty, we remain here for you, offering a space to reset, reconnect, and continue your journey with confidence.

Wishing you a joyful Eid.

PEDRO MARQUES
Director of Fitness

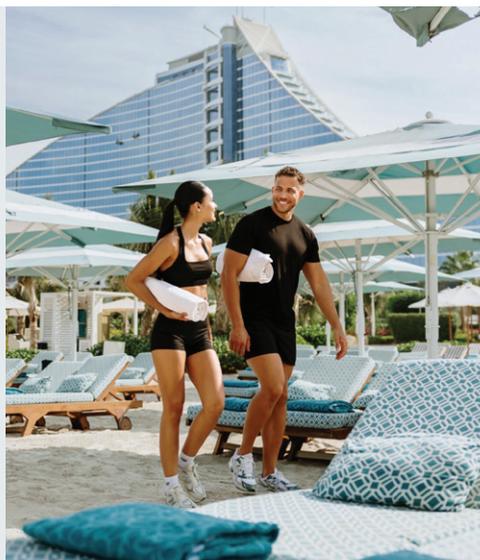
Inner Circle

APRIL

This month, Inner Circle presents a selection of privileges, experiences and updates designed to enhance life at J Club.

In April, we continue to highlight the benefits of Jumeirah One, alongside personalised wellness offerings and a curated calendar of experiences.

As the season unfolds with Eid, this edition reflects a time for connection, meaningful moments, and experiences that enrich life beyond the club, for a life, lived well.



Trainer Spotlight

PEDRO CERDEIRA

Pedro excels in guiding individuals through recovery and transformation. With a deep understanding of biomechanics and physiology, he designs programmes that rebuild strength, restore function and elevate performance. Specialising in weight management, strength and conditioning and sports rehabilitation, his approach is personalised, precise and truly empowering.

FILL THE
ASSESSMENT FORM



DANICA TADIC

Danica guides individuals on their journey to weight loss, strength and confident movement. Her training is personalised and calm, focusing on healthy habits, proper technique and steady progress. With a supportive and structured approach, she helps clients achieve results that are both realistic and sustainable.

FILL THE
ASSESSMENT FORM



April Events

Kick off April at J Club with a range of exciting events, from rejuvenating wellness experiences to energising active sessions. Secure your place through the J Club app.

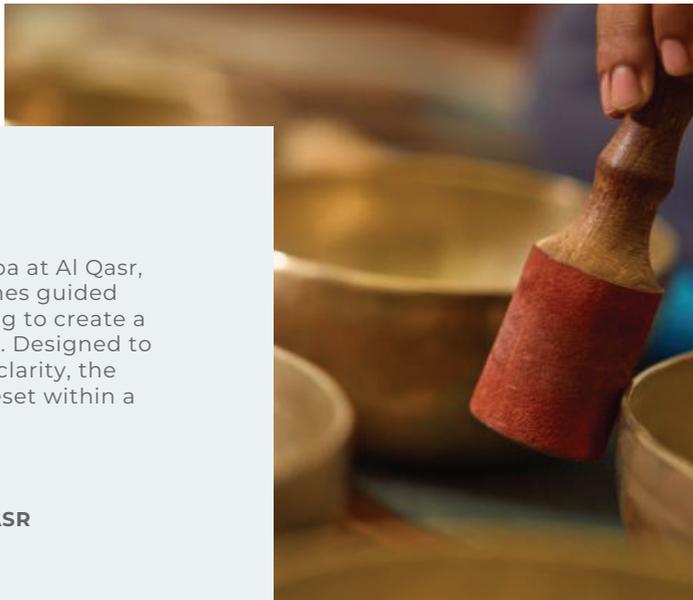
FULL MOON MEDITATION AND SOUND HEALING

In collaboration with Talise Spa at Al Qasr, this full moon session combines guided meditation with sound healing to create a deeply grounding experience. Designed to support stillness and mental clarity, the session offers a moment to reset within a calm and immersive setting.

DATE: WEDNESDAY, 01 APRIL

TIME: 19:00

LOCATION: TALISE SPA, AL QASR



VIRTUAL BREATHWORK AND GUIDED MEDITATION

A guided virtual session designed to support mental clarity and overall wellbeing through structured breathwork and meditation techniques. Ideal for creating space within your day and restoring balance from wherever you are.

DATE: SATURDAY, 04 APRIL

TIME: 10:00

April Events

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SUNSET MAT PILATES BY THE BEACH

A mat Pilates session held at sunset by the beach, focusing on controlled movement, core strength and alignment. The outdoor setting offers a unique way to engage with your practice while overlooking the sea.

DATE: SATURDAY, 18 APRIL
TIME: 17:00
LOCATION: JUMEIRAH BEACH HOTEL



TIPSAREVIĆ PADEL CLINIC

An evening padel clinic in collaboration with Tipsarević, focused on developing technique, movement and on-court confidence through structured coaching in a dynamic setting.

DATE: SATURDAY, 25 APRIL
TIME: 16:30 – 17:30
LOCATION: AL QASR HOTEL



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Children Activities at Jumeirah Circle

A WORLD OF FUN FOR LITTLE GUESTS AT JUMEIRAH CIRCLE, JUMEIRAH BEACH HOTEL

Endless fun and entertainment awaits our beloved little guests, with unlimited access to our Jumeirah Circle kids club for guests of Jumeirah Beach Hotel and J Club lifestyle members.

Children can enjoy vibrant indoor and outdoor spaces, play areas, and a kaleidoscope of activities. From aqua fun and crafting to scribble bots and tech art, they can explore, create, and make cherished memories in a lively and welcoming environment.

CONTACT DETAILS:
JBHJUMEIRAHCIRCLE@JUMEIRAH.COM
+971 4 406 8761

[DISCOVER MORE >](#)

VOLLEYBALL MATCH

Grab your sunscreen and get ready for some sandy action. Kids are invited to join our beach volleyball match at Jumeirah Beach Hotel, where fun, teamwork and friendly competition come together. Learn new skills, make friends, and enjoy a sunny day of play on the beach.

SUNDAYS | 16:30
JUMEIRAH CIRCLE, JUMEIRAH BEACH HOTEL

To find out more, contact Jumeirah Circle.
JBHJumeirahCircle@jumeirah.com



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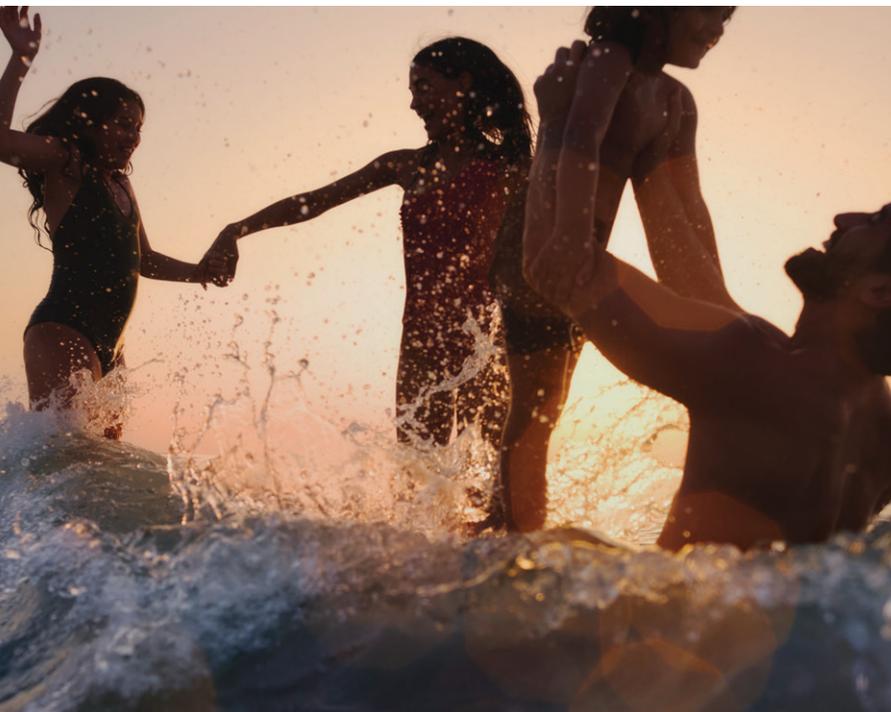
CINEMA UNDER THE STARS

Enjoy a special evening at Sunset Garden with Cinema Under the Stars. Gather with family and friends for an outdoor movie experience in a relaxed setting under the open sky.

WEDNESDAY, FRIDAY & SATURDAY
18:30 – 20:45
SUNSET GARDEN, JUMEIRAH BEACH



J CLUB



Your Staycation Awaits

RESERVE WITH JUMEIRAH

When the world moves quickly, the greatest luxury is space to pause, unwind, and reconnect.

On a Jumeirah Staycation, step into a world that feels far away, while staying close to home. Enjoy exceptional staycation rates, two for one spa experiences, and kids dine for free across our destinations in the UAE.

Sunlit days, exceptional cuisine, and time with loved ones come together effortlessly, while every detail is taken care of.

We welcome you to enjoy the very best of Jumeirah.

RESERVE NOW >



The Ultimate Staycation for UAE Residents at Jumeirah Beach Hotel



When the world moves quickly, the greatest luxury is the space to pause, unwind, and reconnect. Until 30 April 2026, Jumeirah Beach Hotel invites UAE residents to enjoy an Ultimate Staycation designed for families, combining sun-filled days by the sea, memorable dining, and enriching activities for all ages.

Set along the shores of the Arabian Gulf, the resort offers a vibrant escape where every generation can relax, explore, and spend meaningful time together. With added touches that enhance comfort, flexibility, and shared experiences, the Ultimate Staycation makes it easier for families to savour more moments together.

OFFER BENEFITS

- Guaranteed early check-in from 12:00 PM and late check-out until 3:00 PM
- Children dine free when booking Lunch or Dinner packages at Jumeirah Beach Hotel Restaurants
- Complimentary non-motorised water sports
- Access to Jumeirah Circle family programming and complimentary kids' activities
- 2-for-1 spa treatments on select treatments of 60 minutes or more at Talise Spa
- Jumeirah One members receive an additional 5% discount and a guaranteed complimentary upgrade within the same room category
- Stay in March/April and secure the same guaranteed rate and benefits for a return stay in May 2026 when booked at check-out

TERMS & CONDITIONS

- Free cancellation up to 24 hours before arrival
- Blackout dates may apply
- Proof of UAE residency must be presented at check-in; otherwise, the Jumeirah Flexible Rate will apply
- A valid Jumeirah One membership e-card must be presented at check-in to enjoy Jumeirah One benefits
- All room rates are subject to 10% service charge, 7% municipality fee, AED 20 tourism dirham per bedroom per night, and 5% VAT

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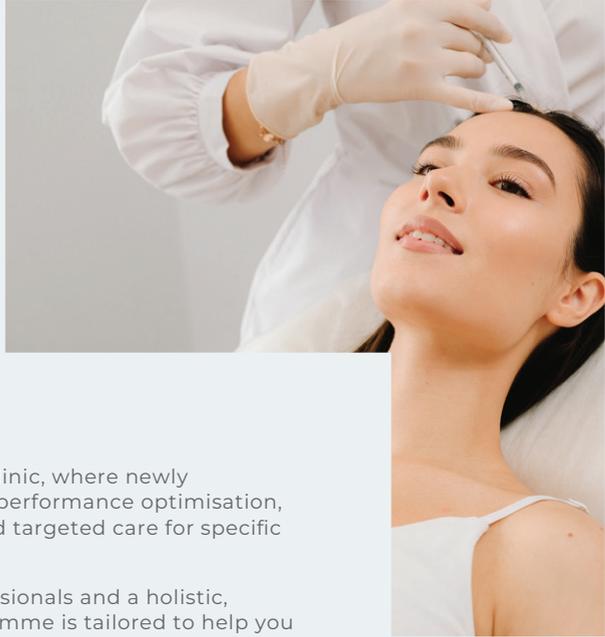




STAY CONNECTED WITH OUR EXCLUSIVE NEW WHATSAPP CONTACT

A new WhatsApp service is now available, offering a more direct way to connect with our team. From night stay bookings to membership enquiries and ongoing support, we are here to ensure your experience remains effortless and well looked after.

[CONNECT NOW](#) 



PEPTIDE THERAPY

Discover advanced wellness at Nova Clinic, where newly introduced Peptide Therapy supports performance optimisation, healthy ageing, improved recovery and targeted care for specific health needs.

Guided by experienced medical professionals and a holistic, technology-led approach, each programme is tailored to help you feel and function at your best.

Using precise combinations of short-chain amino acids that act as natural messengers in the body, Peptide Therapy helps regulate key physiological processes, restore balance and promote long-term wellbeing in harmony with the body's natural systems.

**To book, visit the front desk in Nova Clinic
at Jumeirah Mina Al Salam
or call +971 4 552 7890**

Talise

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RELAX, REBALANCE, REJUVENATE AT TALISE

At Talise, every experience is designed to restore balance and wellbeing. This March, discover curated treatments and rituals that nurture body, mind and spirit, leaving you renewed and radiant.

WELLNESS RESTORED AT TALISE, MADINAT JUMEIRAH

Indulge in curated wellness experiences that allow you to pause, restore and gently reconnect with a deeper sense of balance.

As a J Club member, you enjoy exclusive moments crafted to nurture your wellbeing:

- Complimentary access to the Satori Wellness Lounge, supporting restful sleep, easing anxiety and soothing the mind.
- Extend your moment of renewal with a 60-minute treatment, choosing either a complimentary upgrade to 90 minutes or a complimentary express facial, available upon request.
- Up to 20% savings on all Swissline facials and selected spa retail items.

All treatments require advance booking to ensure a personalised and seamless experience.

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TALISE SPA AT JUMEIRAH BURJ AL ARAB

A spa experience shaped around restoration and balance.

Enjoy a two-for-one offering on selected treatments, including massages, body treatments, hammam experiences, The Biome Facial by Ground, and Remedy Suite rituals.

Available until 31 March, offering a moment to pause, restore, and return feeling renewed.

RESERVE NOW >



J
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Savour the Season at Jumeirah

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EMBERS OF NUSKA AT NUSKA BEACH, JUMEIRAH BEACH HOTEL

Let your weekend unfold with a three-course journey, complemented by a curated wine selection to elevate each moment. Savour a sun-dappled lunch with a three-course sharing menu of Mediterranean and Levantine flavours, hand-selected by Chef Hasan Kayabasi to showcase the very best of the region.

**SATURDAYS AND SUNDAYS
FROM 12:00 TO 15:00
CONTACT DETAILS: +971 80032 3232**

SUNDAY ROAST AT DHOW & ANCHOR

Savour the warmth and charm of a traditional British gastropub favourite at Dhow & Anchor, located at Jumeirah Beach Hotel. Enjoy a selection of classic roasts, including a vegetarian option, served with all the trimmings, from crispy roasted potatoes and seasonal root vegetables to Yorkshire pudding and rich gravy.

**STARTING FROM AED 135 PER PERSON
EVERY SUNDAY FROM 12:00 TO 22:30
CONTACT DETAILS: +971 80032 3232**



CELEBRATE EID WITH DELIGHTFUL TREATS FROM CREATIONS CAKERY AT JUMEIRAH BEACH HOTEL

Indulge in handcrafted desserts and personalised cakes by Creations Cakery, thoughtfully created to add a sweet touch to your Eid celebrations. Order online for convenient home delivery or visit the boutique at Jumeirah Beach Hotel to select your favourites in person.

**CONTACT DETAILS:
CREATIONSCAKERY@JUMEIRAH.COM
+971 4 406 8377 OR
+971 52 680 1334**



J CLUB

Jumeirah One Loyalty and Rewards

A reminder of the benefits available through Jumeirah One, our loyalty and rewards programme. Earn points with every experience and redeem them for curated privileges across Jumeirah destinations. Use your points towards your membership and continue enjoying the experiences that matter most, for a life lived well.



FITNESS MEMBERSHIP

Includes Jumeirah One Silver Membership for one person

- Complimentary breakfast with room bookings
- 15% Savings on entry to Wild Wadi Water park. For up to 4 guests.
- Up to 30% off Jumeirah hotel staycations
- 20% off Talise treatments
- 10% off Jumeirah dining experiences
- Group fitness classes and member events across all J Club locations

LIFESTYLE MEMBERSHIP

*Includes Jumeirah One Gold Membership**

- Laundry service
- 25% savings on watersports and yacht bookings with Beno Watersports
- Complimentary kayak and stand-up paddle daily from 9:00 – 11:00 with Beno Watersports
- 30% off Talise treatments
- Access to wet facilities & pool in Talise, Jumeirah Al Qasr
- Complimentary breakfast, pressing and minibar (Soft drinks) with room bookings
- 35% Savings on entry to Wild Wadi Waterpark. For up to 4 guests.



**For Lifestyle Family Memberships, Gold status applies to the primary member and their partner. For Couple Memberships, the primary member receives Gold status, while their partner receives Silver status.*

thejclub.com
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