



AZ PINNACLE COUNSELING
GUIDING YOU TO NEW HEIGHTS

FINDING YOUR VOICE AGAIN

A therapist-led support group for individuals who feel stuck, overwhelmed, or disconnected in their relationships.

FIND CLARITY AND RECONNECT WITH YOURSELF THROUGH CONNECTION WITH OTHERS.

The Details...

📅 **Dates:** Thursdays | February-May

🕒 **Time:** 6:00PM -7:00 PM (MST)

💰 **Cost:** \$30 per Session

📍 **Where:** 5010 E. Shea Blvd. Unit 255
Scottsdale, AZ 85254

What to Expect...

- Grounded Check-In
- Connection
- Psychoeducation
- Group Discussions
- Access to Resources



Lyssa
Goss
CMHC Intern



Kristine
Hendricks
LPC, Supervisor



Samantha
Tucker
CMHC Intern

JOIN US AT ANYTIME!

Weekly Meetings. Come as Needed!

Call or Text : (480) 331-5231

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