

Galop's LGBT+ DOMESTIC ABUSE SERVICE



FREE, CONFIDENTIAL SUPPORT FOR LGBT+ PEOPLE AFFECTED BY DOMESTIC ABUSE IN LONDON

If someone in your life - a partner, ex-partner, or family member - is making you feel scared, controlled, isolated, or unsafe, **you're not alone**.

Galop is run by LGBT+ people, for LGBT+ people, so you can talk to us without worrying that your identity, relationships, or experiences will be questioned or misunderstood.

YOU DO NOT NEED TO REPORT TO THE POLICE TO ACCESS SUPPORT

SELF-REFER OR
REFER SOMEONE TODAY:



WHAT CAN DOMESTIC ABUSE FEEL LIKE?

Domestic abuse isn't always physical. It can include:

Pressure, control, or manipulation around your body, money, housing, or immigration status

Being isolated from your friends, family, or community

Feeling constantly monitored, threatened, or made to feel bad about yourself

Having your LGBT+ identity used against you, including threats to 'out' you, control your transition, or tell you no one will believe you



We can help with:

One-to-one, confidential advocacy

Safety planning tailored to your needs

Support with housing, including emergency options

Help navigating police, courts, and other services

Specialist support for trans, non-binary and intersex people

Referrals to counselling, legal, immigration, and wellbeing support

✉ help@galop.org.uk



0800 999 5428



galop.org.uk/refer

Translation services and BSL interpreters available

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