



MY Future - Curriculum Overview

The MY Future curriculum is designed to be flexible, outcome-driven and responsive to the unique targets of each young person. Rather than a one-size-fits-all timetable, we build a personalised pathway that reflects individual strengths, interests and aspirations:

Personal Development and Wellbeing

We start by helping each young person understand themselves, exploring emotional regulation, self-awareness, resilience, confidence and wellbeing. With their Learning Support Mentor, they learn practical ways to manage emotions, work towards their goals and develop a positive mindset that supports personal growth.

Life and Independent Skills

MY Future equips young people with real-world skills that prepare them for adulthood. Sessions may include budgeting and money management, cooking and nutrition, health and hygiene, tenancy skills, travel training and daily routines, all delivered through practical, engaging experiences that build confidence and independence.

Communication, Relationships and Social Skills

We place a strong emphasis on communication and social connection. Young people learn how to express themselves effectively, resolve conflict, build healthy friendships and engage positively with their community.

Enrichment, Culture and Community Engagement

A key aspect of the MY Future curriculum is providing our young people with the opportunity for enriching experiences that take place beyond the classroom. We offer creative, active and cultural opportunities such as art, sport, outdoor learning and cultural/historical visits. Through this, we strive to broaden the horizons of our young people and provide them with the platform to engage with the wider world, that they may not have previously had the chance to experience.

Bespoke Programme Content

Each young person's MY Future Placement is designed around their individual interests, needs and developmental targets. Throughout the induction process, we ensure each young person's interests are documented within their ILP, so that we are able to use this as a driver for engagement from the outset. To provide an example, if a young person indicates an interest in Art & Design, we will incorporate their programme to include hands-on Art & Design sessions, as well as visits to community venues such as Art Galleries and Museums.

Progress Tracking & Reporting

Within our MY Future pathway, progress is closely tracked through detailed session reports, attendance and engagement monitoring, and EHCP-linked targets. Each milestone evidences the young person's journey, highlighting achievements, growth, and the work completed to support successful transitions into their next steps.

Vocational Exploration and Employability

Young people on our MY Future Pathway have the option to access our Occupational Studies Hub and Sports Hall - Through confidence building activities, projects and hands-on learning, we support our young people in discovering their interests and strengths in a supportive environment.

We help them develop CVs, prepare for interviews, and build essential work-readiness skills, giving them the confidence to take their next step into further education, training or employment.

Academic and Qualifications Support

Whilst the MY Future Pathway is suited to support those who are not yet ready for a return to the classroom, we know that it remains vital for many to be working towards academic qualifications in core subjects, at a pace suited to them. Our MY Future Mentors support young people with a phased approach to re-engaging with academic learning where appropriate. This can be scaled to transitioning a young person to our Blended Pathway, formally incorporating both MY Future & Academic content into their placement with us.

Transition and Next Steps Planning

Every young person's journey is underpinned by a clear, measurable and achievable plan for the future. Together with their MY Future Mentor, they identify and work towards developmental targets, explore pathways and prepare for transitions into education, work or independent living, ensuring sustained progress and a smooth handover to their next stage.

Our Approach

- **Individual Pathways:** Every young person follows a personalised journey shaped around their needs and aspirations.
- **MY Future Mentor:** Each learner is supported by a MY Future Learning Support Mentor, offering consistent guidance, encouragement and reflection
- **Wider-World/Community Learning:** Wherever possible, learning is embedded into local and wider community settings
- **Progress Tracking:** We track engagement, attendance, and link EHCP Targets to evidence growth and support each young person's next steps.
- **Next-Step Focused:** From day one, we plan for what comes next, building bridges to lasting success beyond a placement in the MY Future Pathway