

Experiences at Rastrello

Discover our full range of local and seasonal experiences to enrich your stay with us.

Our signature experiences (Upon Availability):

OLIVE OIL TASTINGS

You will learn how to officially taste EVOO, why it's one of the healthiest foods on the planet, and how to identify high quality when tasting and buying oils—including ones you might already have in your home. We will also introduce you to local olive varieties that you can only find in our area of Lake Trasimeno.

TRUFFLE HUNTING

We are one of Italy's most important areas for truffles and there is a truffle for every season. You will get to experience the truly unique and symbiotic relationship between the truffle hunter and his dog, and search for truffles in the forest with them. After (hopefully) finding truffles, guests are served a lunch highlighting this incredible ingredient.

COOKING CLASSES

Learn how to make the perfect pasta, sauce, or local dish, directly from one of our chefs. You will learn the secret to why Italian cooking is so well-loved and how simple ingredients can come together so easily when you know how to combine them correctly. When you go home, you'll be able to host your own meal, highlighting some of the local tricks and tips that you will learn in this class.

COCKTAIL CLASSES

Learn how to make classic cocktails with a local Umbrian twist. You'll explore the art of crafting cocktails using fresh, locally sourced ingredients. This hands-on experience will not only teach you the fundamentals of mixology, but also highlighting the importance of sustainability and supporting local farmers and producers.

Further experiences (On Request):

OLIVE HARVEST

Every October, hand pick olives in our ancestral groves and enjoy a communal lunch at the farm with your fellow harvesters.

WINE TASTINGS

Discover emerging world-class grapes and wines at some of the best local wineries. All wineries on our curated wine list are within a short radius from the hotel and offer international shipping, allowing you stock your wine cellar at home with unique finds. You can either request a private driver or explore an excellent recommendation within walking distance from the hotel.

CHEESE TASTINGS

Italian cheeses cover a delightful range of textures and flavors. Learn about each of them and discover Umbria & Tuscan's finest offerings.

COFFEE CLASSES

There's nothing better than enjoying a perfect cappuccino! Learn how to make a variety of classic Italian coffee styles, as well as how to taste and identify high-quality coffee. This experience takes you through the entire process – from bean to cup.

GUIDED HIKES

Embark on a woodland walk with a local foraging expert, exploring Umbria's abundant nature. From Rastrello, you can also take a scenic hike along the old Capuchin road, leading you to the top of Mount Petrarvella (a two-hour hike) or the old Capuchin monastery (a one-hour hike). It's the perfect opportunity to discover incredible countryside views and learn why Umbria is known as the "Green Heart of Italy."

MEDITATION WALKS

We'll share easy and peaceful routes for a meditation walk in silence, only enjoying nature's sounds.

PACKED PICNICS

We're happy to provide a packed picnic for any outdoor adventures, whether on foot or by bike. Our new grocery store, the Bottega, will prepare a delicious picnic for you or your group to enjoy under the olive trees or wherever you prefer!

E-BIKE TOUR

Our area is very hilly, making electric bikes the way to go! This is a wonderful and sporty way to explore our countryside and neighboring villages. You can also ask for a guided wine tasting e-bike tour.

GUIDED ART TOUR

We have so many nearby interesting and historic towns that are worthy of exploring, such as Perugia, Orvieto, Assisi, and Pienza. There is no better way than doing this with an art historian. Learn about the Renaissance artist from our area, Pietro Perugino, who was Raffaello's teacher.

PRIVATE BOAT RIDE ON LAGO TRASIMENO

Lake Trasimeno is the fourth largest lake in Italy. It is where Hannibal beat the Romans in the famous battle on the 21st of June 217 BC, killing 15,000 Roman soldiers. Very different than the deep lakes of Northern Italy, Lake Trasimeno only averages 4 meters in depth, but it is a tranquil experience to take a private boat ride (also with an aperitivo at sunset). Leaving from Tuoro sul Trasimeno you can tour around its islands: Isola Maggiore, Minore, or Polvese.

HORSEBACK TRAIL RIDE

Being surrounded by lush vegetation, an accompanied trail ride is a memorable experience to explore our nearby area. Leaving from a neighboring farm just below Panicale, they have calm and happy horses for your group.

MASSAGE

Rastrello Wellness offers personalized massages and wellness treatments, such as our Umbrian Countryside Escape Massage, using Rastrello's organic extra virgin olive oil.

YOGA

Enjoy personalized and guided yoga sessions with skilled and experienced teachers. We collaborate with local partners just a few minutes away from Rastrello. Please use the contact form on our website for any questions or to book any of our experiences during your stay. Every experience is subject to availability.

GOLF

Enjoy a 9-hole challenging golf course at Lamborghini Golf Club, located 5 minutes from the hotel and designed by the legendary Ferruccio Lamborghini in the 1990s. If you are looking for an 18-hole course, Antognolla, is a 40 minute drive from Rastrello.

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Thank you!