

Healthcare (Level 2)

Porirua Campus

**New Zealand Certificate in
Health and Wellbeing
(Level 2)**



Qualification Code: 2469

This programme is designed to provide you with the essential knowledge and practical skills you need to gain entry-level work in a health or wellbeing related service.

Programme Details

Credits:	40
Programme Length:	13 weeks
Delivery Mode:	Blended
Delivery Method:	In class (tutor facilitated; face-to-face). Work placement (employer supervised, with tutor observations). Tutor-directed (learning activities completed in students' own time).
Cost:	Fees Free (criteria apply)
Programme Hours:	31 hours per week 9am - 3.15pm Monday-Thursday

Pathway Opportunities

This qualification will give you the opportunity to progress into higher-level study in healthcare.

How To Enrol

Contact Training For You:
0800 438 848

Or email Training For You:
info@trainingforyou.co.nz

3 Hagley Street, Porirua



www.trainingforyou.co.nz



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What You Will Learn

Module 1. Role of a Support Worker - 9 credits

- Describe the role of the support worker in a health or wellbeing setting.
- Describe procedures for maintaining boundaries in the role of the support worker in a health or wellbeing setting.
- Describe actions for maintaining relationships with colleagues in a health or wellbeing setting.
- Describe a person's rights in a health or wellbeing setting.
- Describe techniques for moving equipment in a health or wellbeing setting.
- Describe techniques for supporting people to move in a health or wellbeing setting.

Module 2. Personal Cares - 8 credits

- Describe a persons' personal care needs in a health or wellbeing setting.
- Support a person to meet personal care needs in a health or wellbeing setting.
- Describe the causes and transmission of infection in a health or wellbeing setting.
- Describe signs of infectious conditions that may require absence from work in a health or wellbeing setting.
- Demonstrate knowledge of infection control principles and infection control precautions in a health and wellbeing setting.
- Describe the requirements for reporting of risks of infection in a health or wellbeing setting.

Module 3. Communication and Culture - 12 credits

- Interact with people to provide support in a health and wellbeing setting.
- Describe culturally safe support practices in a health or wellbeing setting in Aotearoa New Zealand.
- Identify the impact of culture on the provision of culturally safe support in a health or wellbeing setting.
- Describe the immediate response to the death of a person in a health or wellbeing setting.

Module 4. Working Safely - 11 credits

- Describe techniques for managing personal wellbeing in a health or wellbeing setting.
- Maintain a safe and secure environment in a health or wellbeing setting.
- Observe, report and document changes in a person's condition in a health or wellbeing setting.
- Describe the impact of change in support services in a health or wellbeing setting.
- Describe risks and risk of reporting requirements in a health or wellbeing setting.

Entry Requirements

To be eligible to enrol, you must meet the requirements listed below:

- be over the age of 16
- be identified as a domestic student
- provide a birth certificate or passport as evidence of identity
- receive a satisfactory police check
- be a fit and proper person to provide support in the health sector
- be at least Step 3 on the Literacy & Numeracy assessment.

Graduate Outcomes

When you successfully complete this programme you will:

- be work-ready and able to apply skills and knowledge as a healthcare assistant or support worker
- demonstrate improved reading, writing and numeracy skills
- be able to progress to higher-level study in healthcare



Toni Bunner
Healthcare Tutor

