

myPatch®sl Electrode Removal

Please take care when removing your electrode.

- 1) Dampen a wet cloth with warm water and pat the cloth all over the electrode or lay it over the electrode for 1-2 minutes. This will help loosen the adhesive on the back of the electrode.
- 2) Once the electrode is moist, grip the bottom of the electrode. Pull down the skin while pulling the electrode off the skin in an upward motion.
- 3) After the electrode is removed from the skin, gently wash the skin with warm, soapy water to remove the adhesive residue. Then pat dry.
- 4) Unsnap the myPatch®sl device from the electrode, dispose of the electrode.

Manufacturers Electrode Removal Video:

<https://www.youtube.com/watch?v=3oZspqwGMGo>