

Endoscopy

Date of Procedure:

____/____/____

Admission Time:

- A/Prof. William Tam
- A/Prof. Asif Chinnaratha
- Dr Biju George
- Dr Paul Kuo
- Dr Derrick Tee
- Dr Sze (Sue) Yeap
- Dr Damian Harding
- Dr Yasmina Tashkent
- A/Prof. Hamish Philpott
- A/Prof. Kate Lynch
- Dr Seon Shin
- Dr Edward (Ned) Young

- Calvary North Adelaide Hospital
89 Strangways Terrace,
North Adelaide 5006
- Calvary Adelaide Hospital
120 Angas Street, Adelaide 5000
- Calvary Central Districts Hospital
25-37 Jarvis Road,
Elizabeth Vale 5112
- North Eastern Community Hospital
580 Lower North East Road,
Campbelltown 5074
- Glenelg Community Hospital
5 Farrell Street,
Glenelg South SA 5045
- Ashford Private Hospital
55 Anzac Highway, Ashford 5035

- St Andrew's Hospital
350 South Terrace,
Adelaide SA 5000
- Stirling Hospital
20 Milan Terrace,
Stirling SA 5152
- Burnside Hospital
120 Kensington Road,
Toorak Gardens SA 5065

What is an Endoscopy?

An endoscopy involves the use of a flexible tube (9mm in diameter) to examine the upper intestinal tract including the oesophagus, stomach and proximal duodenum. The procedure is commonly undertaken if your doctor suspects that you have inflammation of the oesophagus (the pipe which connects the throat to the stomach), an ulcer or other abnormality of the oesophagus stomach or proximal duodenum. 'It allows the specialist a full colour inspection of the area, where biopsies can be taken for further tests.

Preparation

Leading up to your procedure **do not eat or drink anything for at least 6 hours before.**

Safety and Risks

Gastrointestinal endoscopy is usually simple and safe. Inform your specialist if you have serious heart or chest problems, as special precautions need to be taken to reduce any possible risks. These usually include providing oxygen during the procedure and/or monitoring the heart and oxygen levels.

Extremely rarely, individual patients may have a reaction to the sedation or damage to the oesophagus at the time of the examination.

Please call our rooms on 08 8267 4092 should you wish to cancel or reschedule your procedure.

Medications

Most medications can be continued as usual. Inform your specialist if you are a diabetic or taking anticoagulants i.e., blood thinners.

Medication instructions:

What can I expect on the day?

At the beginning of the procedure your throat will be sprayed with a local anaesthetic and you will be given a sedative by injection in a vein to make you more comfortable.

After your procedure:

When you wake up after the procedure, as a safety precaution, it is important that you do not get out of bed until advised by the nursing staff to do so. The doctor will only give you a brief outline of the results of your investigation on the day. Further details will be given at your follow-up.

You may experience a sore throat after the procedure, this should go away in a day or so.

GOT "PRIVATE HEALTH INSURANCE"?

It is highly advisable to contact your private health insurance (if you have one) to check if your procedure is covered. If your private health insurance does not cover for the procedure, please contact us on 8267 4092 immediately as there will be out of pocket costs.

The item codes for your procedure are: Endoscopy 30473 or 30478

AT LEAST 7 DAYS PRIOR TO YOUR PROCEDURE, PLEASE FILL UP HOSPITAL ADMISSION FORM

Before you start, make sure you have your Medicare card/ private health insurance card /DVA card/ Pensioner card, GP contact details, email address, health history and medication list.

It takes between 30 to 45 minutes to complete all forms for your first online admission.

Following admissions will be shorter if you use the same email address to login.



Visit eAdmissions: calvary.eadmissions.org.au

For any technical support, contact the hospital directly:

Calvary Adelaide Hospital
Calvary North Adelaide Hospital
Calvary Central Districts Hospital } 1800 798 226



Visit eAdmissions:

<https://app.personifycare.com/register/NECH-Admission>

For any technical support, contact the hospital directly:
North Eastern Community Hospital 8366 8111



Visit eAdmissions: acha.eadmissions.org.au

For any technical support, contact the hospital directly:
Ashford Hospital 8375 5222



Visit eAdmissions: patients.stand.org.au

For any technical support, contact the hospital directly:
St Andrew's Hospital 8408 2504



Visit eAdmissions: burnside.eadmissions.asn.au

For any technical support, contact the hospital directly:
Burnside Hospital 8202 7222



Visit eAdmissions: app.personifycare.com/register/Stirling

For any technical support, contact the hospital directly:
Stirling Hospital 8339 0200



Visit eAdmissions: glenelg.personifycare.com

For any technical support, contact the hospital directly:
Glenelg Community Hospital 8294 5555