

HONEST MARY'S

Signature Bowls

Lemon Basil Chicken 13.75

GF S

Lemon Basil Chicken, Tricolored Quinoa, Organic Spinach, Organic Apples, Toasted Almonds, Toasted Coconut, Pomegranate Seeds, Feta Cheese, Apple Cider Vinaigrette

Honey Mustard Chicken 13.75

GF DF

Tender Kale, Wild Rice, Honey Mustard Chicken, Brussels Sprouts, Sweet Potatoes, Organic Apples, Herb Blend, Organic Jalapeños, Lemon Garlic Sauce

Smoky Poblano GF 10.25

Basmati Rice, Wild Arugula, Sweet Corn, Pickled Onions, Texas Goat Cheese, Avocado, Pumpkin Seeds, Creamy Poblano Sauce, Lime Wedge

Add grilled chicken + 4

Garlic Pepper Chimichurri GF DF 15.75

Garlic Pepper Steak, Organic Spinach, Basmati Rice, Sweet Corn, Charred Broccoli with Sesame, Crispy Chickpeas, Chimichurri Sauce

Aloha Poke* GF DF 13.75

Wild-Caught Poke, Basmati Rice, Avocado, Asian Slaw, Edamame, Pickled Onions, Organic Jalapeños, Black Sesame Seeds, Sesame Vinaigrette, Lime Wedge

Sedona Lime GF DF V 9.75

Basmati Rice, Organic Spinach, Roasted Sweet Potatoes, Black Beans, Toasted Pumpkin Seeds, Cashew Lime Crema Sauce, Lime Wedge

Add grilled steak + 5.25

GF GLUTEN FREE

DF DAIRY FREE

V VEGAN

S SEASONAL

Broths NEW

Sipping Broths

12oz / 16oz 5.5 / 6.75

Chicken GF DF

Bone broth, vegetables

Seaweed and Mushroom GF DF V

Kombu, cremini, shiitaki, vegetables

CHOOSE ADD-INS

Lemon & Parsley

Chili Oil & Lime

Ginger & Turmeric

Extras

Drinks

House-Made Agua Fresca 3

Cucumber lime or Ginger limeade

Iced Yaupon Tea 3

Black or Peach

Sweets

Almond Butter Cookie GF DF V 3.25

with Maldon salt

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illnesses.

Build Your Bowl

Bowl

START HERE

Grilled Chicken	12.75
Honey Mustard Chicken	12.75
Lemon Basil Chicken S	12.75
Grilled Steak	14
Garlic Pepper Steak	14
Fresh Poke*	14.5
Baked Tofu	12.5
Farmers Market <i>Pick 3 Market Sides</i>	10.75
Kids Bowl <i>Pick 1 Protein, 3 Sides, and 1 Sauce</i>	7.5

Base

PICK 1

Basmati Rice	Organic Spinach
Black Forbidden Rice	Wild Arugula
Tricolored Quinoa	Wild Rice
	Tender Kale

Add an extra + 1

Market Sides

PICK 2

Roasted Sweet Potatoes	Sweet Corn
Black Beans	Baby Portobello Mushrooms
Charred Broccoli with Sesame	Roasted Brussels Sprouts
Curry Roasted Cauliflower	French Green Lentils
Roasted Beets	Maple Glazed Carrots

Add an extra + 2

Toppings

PICK UP TO 2

Pickled Onions	Asian Slaw
Toasted Pumpkin Seeds	Texas Goat Cheese
Edamame	Toasted Texas Pecans
Cucumber Salad	Crispy Chickpeas
Crumbled Feta	Herb Blend
Avocado	Organic Apples
Organic Jalapeños	Toasted Coconut S
	Toasted Almonds S

Add an extra + 1

Sauce

PICK 1

Sesame Vinaigrette GF DF V	Apple Cider Vinaigrette GF DF
Creamy Poblano GF DF V	Spicy Peanut GF DF V
Cashew Lime Crema GF DF V	Chimichurri GF DF V
Lemon Garlic GF DF V	

Add an extra + 1.25

GF GLUTEN FREE

DF DAIRY FREE

V VEGAN

S SEASONAL



Seed Oils
Used Sparingly



No Artificial
Ingredients



No Refined
Sugar



Dirty Dozen
Organic
when possible



Wild-Caught
Tuna



Hormone Free
Meat