

HONEST MARY'S

Signature Bowls

Farm & Ranch GF S 11.25

Tricolored Quinoa, Tender Kale, Roasted Brussels Sprouts, Black Beans, Vital Farms Hard Boiled Egg, Cherry Tomato, Edamame, Crispy Tortilla Strips, Creamy Herb Goat Cheese Sauce

Honey Mustard Chicken GF DF 13.75

Tender Kale, Wild Rice, Honey Mustard Chicken, Brussels Sprouts, Sweet Potatoes, Organic Apples, Herb Blend, Organic Jalapeños, Lemon Garlic Sauce

Smoky Poblano GF 10.75

Basmati Rice, Wild Arugula, Sweet Corn, Pickled Onions, Texas Goat Cheese, Avocado, Pumpkin Seeds, Creamy Poblano Sauce, Lime Wedge

Build Your Bowl on other side

Garlic Pepper Chimichurri GF DF 15.75

Garlic Pepper Steak, Organic Spinach, Basmati Rice, Sweet Corn, Charred Broccoli with Sesame, Crispy Chickpeas, Chimichurri Sauce

Aloha Poke* GF DF 14

Wild-Caught Poke, Basmati Rice, Avocado, Asian Slaw, Edamame, Pickled Onions, Organic Jalapeños, Black Sesame Seeds, Sesame Vinaigrette, Lime Wedge

Sedona Lime GF DF V 10.25

Basmati Rice, Organic Spinach, Roasted Sweet Potatoes, Black Beans, Toasted Pumpkin Seeds, Cashew Lime Crema Sauce, Lime Wedge

Add Protein

Grilled Chicken + 4.25

Grilled Steak + 5.5

Baked Tofu + 4

Honey Mustard Chicken + 4.25

Garlic Pepper Steak + 5.5

Fresh Poke + 5.75

GF GLUTEN FREE DF DAIRY FREE V VEGAN S SEASONAL

Broths

Sipping Broths

12oz / 16oz 5.5 / 6.75

Organic Chicken GF DF

Organic bone broth, vegetables

Seaweed and Mushroom GF DF V

Kombu, cremini, shiitaki, vegetables

CHOOSE ADD-INS

Lemon & Parsley

Chili Oil & Lime

Ginger & Turmeric

Extras

Drinks

House-Made Agua Fresca 3.5

Cucumber lime or Ginger limeade

Iced Yaupon Tea 3.5

Black or Green

Sweets

Almond Butter Cookie GF DF V 3.25

with Maldon salt

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illnesses.

Build Your Bowl

Bowl

START HERE

Grilled Chicken	13.25
Honey Mustard Chicken	13.25
Grilled Steak	14.50
Garlic Pepper Steak	14.50
Fresh Poke*	14.75
Baked Tofu	13
Farmers Market <i>Pick 3 Market Sides</i>	11.25
Kids Bowl <i>Pick 1 Protein, 3 Sides, and 1 Sauce</i>	8

Base

PICK 1

Basmati Rice	Organic Spinach
Black Forbidden Rice	Wild Arugula
Tricolored Quinoa	Wild Rice
	Tender Kale

Add an extra + 1.25

Market Sides

PICK 2

Roasted Sweet Potatoes	Sweet Corn
Black Beans	Baby Portobello Mushrooms
Charred Broccoli with Sesame	Roasted Brussels Sprouts
Curry Roasted Cauliflower	French Green Lentils
Roasted Beets	Za'atar Roasted Carrots

Add an extra + 2.25

Toppings

PICK UP TO 2

Pickled Onions	Texas Goat Cheese
Toasted Pumpkin Seeds	Toasted Texas Pecans
Edamame	Crispy Chickpeas
Cucumber Salad	Herb Blend
Crumbled Feta	Organic Apples
Avocado	Cherry Tomato S
Organic Jalapeños	Crispy Tortilla Strips S
Asian Slaw	Vital Farms Hard Boiled Egg S

Add an extra + 1.25

Sauce

PICK 1

Sesame Vinaigrette GF DF V	Apple Cider Vinaigrette GF DF
Creamy Poblano GF DF V	Chimichurri GF DF V
Cashew Lime Crema GF DF V	Spicy Chili Pequin GF
Lemon Garlic GF DF V	Creamy Herb Goat Cheese GF S

Add an extra + 1.5

GF

GLUTEN FREE

DF

DAIRY FREE

V

VEGAN

S

SEASONAL



Seed Oil Free

excludes Creamy
Poblano & Lemon
Garlic sauces



No Artificial
Ingredients



No Refined
Sugar



Dirty Dozen
Organic

when possible



Wild-Caught
Tuna



Hormone Free
Meat