

Barren River RUNDOWN

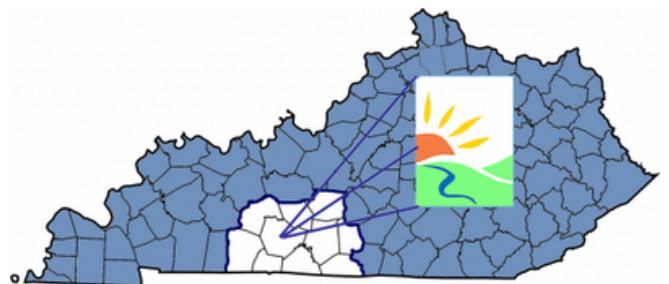
July 2025

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Have articles or information you'd like to submit for the rundown?

Email Olivia at
olivia.mcgee@barrenriverhealth.org



Barren River
DISTRICT HEALTH DEPARTMENT



Zero

HIV STIGMA DAY

July 21st marks Zero HIV Stigma Day, spearheading a movement and uniting people, communities, organizations, and entire countries to raise awareness and take action against HIV stigma, which reinforces and amplifies the HIV pandemic and related inequalities.

“How can I stop HIV stigma?”

1. When talking about HIV, certain words and language may have a negative meaning for people at high risk for HIV or those who have HIV.
2. We can do our part to stop HIV stigma by being intentional and thoughtful when choosing our words, and choosing to use supportive—rather than stigmatizing—language when talking about HIV.



[Click here for ways to stop HIV stigma & discrimination!](#)

Upcoming
MEETINGS!

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BRIGHT
Coalition

Open Board Meeting
July 15th, 9AM
Warren Co. HD

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BRIGHT
Coalition

Tuesday, August 5th
11:30AM to 1PM
Warren Co. HD

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Disaster **PREPAREDNESS**

Preparing for the Heat

Information from Ready.gov

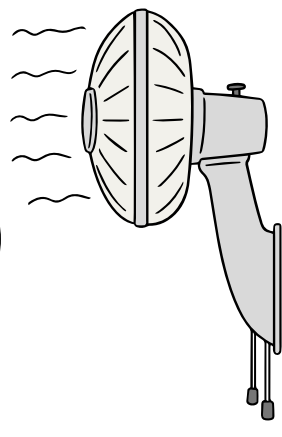
Extreme heat is expected to become more frequent and intense in the future. #SummerReady aims to reach vulnerable populations and raise awareness of the impacts of extreme heat and the simple steps to stay prepared.

Extreme heat can be especially dangerous to groups of people across communities, including: Lower income households, rural communities, residents in urban heat islands, infants and children, older adults, laborers, individuals with medical conditions, and athletes.

Tips for Everyone!

- Learn the signs of heat-related illnesses and ways to respond from the CDC.
- Fans alone aren't enough in high heat + high humidity. Get inside in air conditioning or go to a public place like the library, museum, or shopping mall to beat the heat.
- NEVER leave children or pets alone in hot vehicles! Heat can rise in a car, up to 20 degrees in just 10 minutes.
- During extreme heat, check on family, friends, and neighbors who do not have air conditioning and who spend much of their time alone.
- Roughly 40% of unwanted heat buildup in our homes is through windows. Use awnings or curtains to keep the heat out. Use your oven less during extreme heat advisories and warnings so you don't make your house hotter.

[Click here for more information about staying safe in extreme heat!](#)



June SNAPSHOTS



Left: Community members celebrating the new Barren County Health Department building in the Barren Co. Development Center.

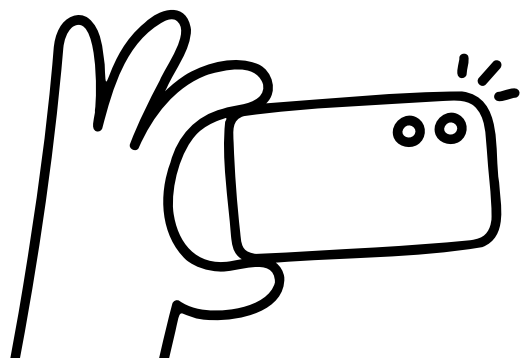


Left: Callie S. and Brittany M. representing the HANDS program at the Passport Healthcare Community Baby Shower.

Below: Elizabeth H., Lydia R., and Lana M., at Stand for Children Day at the Bowling Green Hot Rods Stadium.



Right: Stacy M. and Michelle D. attend a dental conference at the Kentucky Dam Village State Park.



June SNAPSHOTS



Left: Lisa W., Samantha H., and Emmi R. at the Warren County Public Library Summer Reading Kickoff!

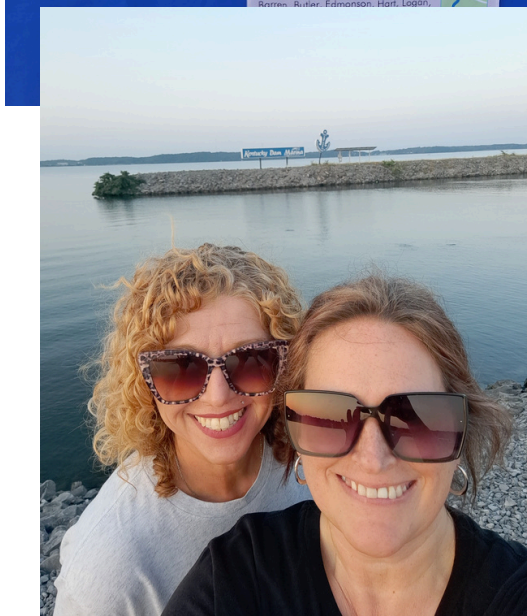


Above Right: Selina B. teaching an exercise class at the Auburn Senior Center.



Left: Selina B. and Brian R. distributing Narcan and SSP information outside of a local smoke shop in Logan County.

Below: Madisyn S., Lisa W., and Samantha H., representing BRDHD at a community event.



Left: Stacy M. and Michelle D. attend a dental conference at the Kentucky Dam Village State Park.

Employee **SPOTLIGHT**

John E.



John

This month's employee spotlight comes from our Maintenance team, John!

John is described as always being in a good mood & courteous to coworkers. He is able to make someone smile by cracking a joke or expressing his appreciation for others. His hard work is very much appreciated at BRDHD. Next time you see John, tell him, "You're amazing!"

**New
nominations for
employee
spotlight are
currently OPEN!**




New **FACES!**




Anna M.
Preparedness Coordinator
District



Macy S.
Health Educator
Barren



***If you see
Anna or
Macy,
make sure
to
introduce
yourself!***



COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

Wellness - Contact Kathy T.

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

Social - Contact Olivia M.

- Hospitality initiatives
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

Ad Hoc - Contact Kim F.

- 'As needed' committee.

Workforce Culture - Contact Amanda R.

- Promote respect and belonging
- Support positive culture initiatives
- Encourage open communication
- Use data to drive improvements

Disaster Prep - Contact Janarae C.

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support

