

Barren River RUNDOWN

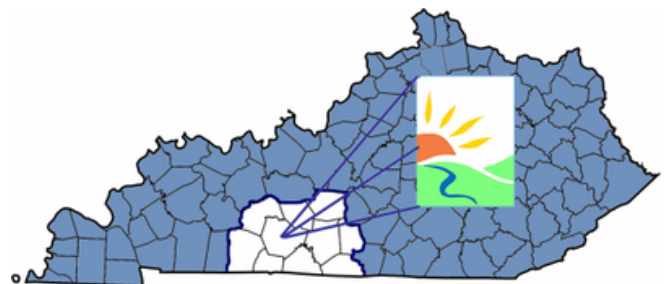
September 2025

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Have articles or information you'd like to submit for the rundown?

[Email Olivia!](#)



Barren River
DISTRICT HEALTH DEPARTMENT



National **RECOVERY & SUICIDE PREVENTION** Month!

National Recovery Month (Recovery Month), which started in 1989, is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible.

***If you or someone
you know is in a
crisis, call 988.***

www.988lifeline.org

***Visit CredibleMind
for mental health
resources!***

www.barrenriverhealth.crediblemind.com

***Know someone
ready for recovery?***

The Exchange can help refer!

www.barrenriverhealth.org/services/harm-reduction



Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background. In fact, suicide is often the result of an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues. September is Suicide Prevention Month — a time to raise awareness and discuss this highly stigmatized topic.



Upcoming
MEETINGS!

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Barren River
DISTRICT HEALTH DEPARTMENT 

Metcalfe Board of Health
Tuesday, Sept. 9th, 12PM
Metcalfe Co. HD

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Barren River
DISTRICT HEALTH DEPARTMENT 

Warren Board of Health
Monday, Sept. 15th, 5PM
Warren Co. HD

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Barren River
DISTRICT HEALTH DEPARTMENT 

Simpson Board of Health
Thursday, Sept. 11th, 12PM
Simpson Co. HD

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August SNAPSHOTS



Left: Crystal attending an emergency Flooding Preparedness Tabletop Exercise in Hart County, with multiple community partners.



Above: Rebecca, Aimee, Anna, Tabitha, Michelle and Selina at the Butler County Back to School Bash!



Above: Clinic, Population Health and Disaster Preparedness employees participating in a mock-POD (Point of Dispensing) site for a Disaster Preparedness instructional video.



Left: Caitlin, Olivia, Ashley, and Madisyn at the Welcome Back WKU event.

Right: The BRIGHT Coalition dancing at the August meeting, during an engaging physical activity presentation.



Employee **SPOTLIGHT**

Tommy



Tommy

This month's employee spotlight comes from our Facilities Management team, Tommy!

Tommy was nominated for his excellent work maintaining the Logan County Health Department "to its fullest potential." He is described as being "always friendly and willing to help and do whatever is asked of him. He is very efficient and always gets to tasks in a timely manner." His hard work is very much appreciated at BRDHD. Next time you see Tommy, tell him, "You rock!",

**New
nominations
for employee
spotlight are
currently
OPEN!**



**Barren River Health
CARES!**

Collaboration ● Adaptability ● Reliability ● Excellence

New **FACES!**



Lakeisha
Support Services
Warren



Zach
Environmental
Warren

If you see Lakeisha or Zach, make sure to introduce yourself!

COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

Wellness - Contact Kathy

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

Social - Contact Olivia

- Hospitality initiatives
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

Ad Hoc - Contact Kim

- 'As needed' committee.

Workforce Culture -

Contact Amanda

- Promote respect and belonging
- Support positive culture initiatives
- Encourage open communication
- Use data to drive improvements

Disaster Prep - Contact Crystal

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support

