

## Christine Anderson

Clinical Case Manager



### Personal Profile:

Christine Anderson is an experienced and compassionate Clinical Case Manager with over 28 years of experience in health and social care, including more than a decade specialising in brain injury and complex case management. With a professional foundation in Occupational Therapy, Christine is passionate about delivering tailored, person-centred support that promotes independence, rehabilitation, and long-term quality of life.

Christine has successfully managed complex caseloads involving traumatic brain injury, severe mental illness, and learning disabilities. Her approach is holistic, combining clinical insight with practical coordination to ensure each client's care plan is both effective and meaningful. She works closely with clients, families, support teams, and legal professionals, providing consistent advocacy throughout the rehabilitation journey.

Her core strengths lie in assessment, goal setting, and multidisciplinary team coordination. She is experienced in sourcing and managing care teams and overseeing the delivery of high-quality interventions in both community and residential settings.

Her roots in Occupational Therapy provide a strong clinical foundation for her work. Christine qualified in 1996 and has since held senior OT roles across secure mental health units and learning disability services, neurorehabilitation services, and community teams. Her experience provides a deep understanding of functional assessment, therapeutic intervention, and rehab planning. She believes in building strong therapeutic relationships and uses her occupational therapy skills to empower individuals in rebuilding meaningful lives.



[www.independenceforall.co.uk](http://www.independenceforall.co.uk)



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## Skills & Experience:

- Robert Gordon University
- BSc Occupational Therapy - 1996

## Skills & Experience:

- Complex Case Management (Brain Injury, Mental Health, LD)
- Multidisciplinary Team Coordination
- Person-Centred Assessment & Goal Planning
- Strong communication and clinical documentation
- Medico-Legal report writing
- Quality Assurance & Regulatory Compliance
- Staff Recruitment, Supervision & Training
- Strategic Leadership and Clinical Governance



Company	Position	Dates
Rehabilitation for Independence	Clinical Case Manager	August 2025- Present
	Consultant Supervisor	June 2025 – Present
RICMS Ltd	Quality Assurance Manager	2022 – 2024
Pulse	Senior Locum Occupational Therapist	2021 – 2022
Cygnnet Hospital Bury	Men’s Medium Secure Personality Disorder	
Cygnnet Fountains	High Support Inpatient Rehabilitation (serve and enduring mental illness)	
	Independent Brain Injury Case Manager	2013 – 2021
JSP Case Management	Brain Injury Case Manager	2009 – 2013
St Mary’s Hospital, St George’s Healthcare Group	Lead Occupational Therapist	2007 – 2009
	Loccum Occupational Therapist (Various sectors)	1999 – 2007
South Shield’s General Hospital	Occupational Therapist	1996 - 1998

