

Erin Stott

Occupational Therapy Assistant



Personal Profile:

Erin is a compassionate and motivated healthcare professional with experience supporting adults with complex needs to maintain independence, dignity and wellbeing. She has experience delivering person-centred care, completing clinical observations and working within individual care plans.

Erin has developed strong resilience, reliability and a committed work ethic through both her social care career and her experience as an international Rugby League player. With a BSc (Hons) in Sports and Exercise Science, a BTEC in Health and Social Care, and hands-on care experience, Erin is looking to progress within an Occupational Therapy Assistant role where she can continue to develop her skills and make a meaningful difference to people's everyday lives.

"I am passionate about supporting people to maintain independence, confidence and quality of life. I enjoy seeing the positive impact that person-centred care can have on someone's everyday routine and wellbeing."

In her role as a Senior Care Worker, Erin was responsible for:

- Supporting adults with complex needs within their own homes, promoting independence and dignity.
- Delivering person-centred care to individuals with physical disabilities and neurological conditions.
- Supporting activities of daily living, including personal care, mobility and community access.
- Completing clinical observations including blood pressure, temperature and weight.
- Maintaining clear records and following safeguarding and infection-control procedures.
- Working confidently as a lone worker and escalating concerns appropriately.



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1 The Pavilions, Bridge Hall Drive, Bury, BL9 7NX



hello@independenceforall.co.uk



0161 7629876 | 07917 108298

Skills & Experience:

- Phlebotomy and Venepuncture
- Infection Control
- Health and Safety
- Safeguarding Adults and Children
- Mental Capacity Act and Deprivation of Liberty
- Safeguards
- Fire Safety
- Handling Information
- Fluids and Nutrition
- Equality and Diversity
- Lone Working and Personal Safety

Qualifications:

- BSc (Hons) Sports and Exercise Science, 2:1 | University of Huddersfield, 2025
- BTEC Health and Social Care, Distinction | Rochdale Sixth Form College, 2021
- A Level Physical Education, Grade B | Rochdale Sixth Form College, 2021
- Diploma in Sporting Excellence, Pass | Sporting Excellence Rugby League Talent Pathway, 2021
- GCSEs including English Language, English Literature, Mathematics, Physical Education, Combined Science and Health and Social Care | Wardle High School, 2019

Additional Skills and Interests:

Erin has experience in clinical observations, venepuncture and vein location, infection prevention and control, accurate record keeping, patient-centred communication, time management, mobile working and IT-based reporting systems. Her interests include Rugby League, gym training, nature walks and spending time with family and friends.