

Christine Anderson

Director of Clinical Services, Senior Case Manager and
Occupational Therapist



Personal Profile:

Christine Anderson is an experienced and compassionate Senior Case Manager and practising Occupational Therapist, bringing over 28 years of expertise in health and social care. She currently works in dual roles, combining her ongoing Occupational Therapy practice with complex case management, including more than a decade specialising in brain injury, neurorehabilitation and complex care.

Christine provides tailored, person-centred support that promotes independence, rehabilitation and long-term quality of life. She manages complex caseloads involving traumatic brain injury, severe mental illness and learning disabilities. Her approach is holistic, blending clinical insight from Occupational Therapy with skilled coordination to ensure care plans are both effective and meaningful. She works collaboratively with clients, families, therapy teams, support staff and legal professionals, offering strong advocacy throughout the rehabilitation process.

Her core strengths include comprehensive assessment, goal setting, functional evaluation and multidisciplinary team coordination. Christine is experienced in sourcing, training and managing care teams, as well as overseeing high-quality interventions across community and residential settings.

Christine's continued practice as an Occupational Therapist provides a robust clinical foundation for her case management work.

Since qualifying in 1996, she has held senior OT positions across secure mental health services, learning disability teams, neurorehabilitation settings, and community services.

Christine's extensive background gives her a deep understanding of therapeutic intervention and rehabilitation planning. She is committed to building strong therapeutic relationships and empowering individuals to rebuild meaningful, purposeful lives.



www.independenceforall.co.uk



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Skills & Experience:

- Advanced Clinical Assessment & Functional Evaluation
- Specialist Cognitive & Neurorehabilitation Intervention
- Multidisciplinary Team Coordination
- Person-Centred Assessment & Goal Planning
- Strong Communication & Clinical Documentation
- Quality Assurance & Regulatory Compliance
- Staff Recruitment, Supervision & Training
- Strategic Leadership
- Risk Assessment & Safeguarding
- Service Development & Best Practice Implementation
- Environmental Assessment
- Rehabilitation Planning & Return to Meaningful Occupation Support
- Medico-Legal report writing

Qualifications:

- Robert Gordon University
- BSc Occupational Therapy – 1996

Memberships:

- Health and Care Professionals Council
- (Registration No. OT25692)
- British Association of Brain Injury Case Managers (BABICM)
- Royal Collage of Occupational Therapists (RCOT)

Company

Rehabilitation for Independence

RICMS Ltd

Pulse

Cygnet Hospital Bury

Cygnet Fountains

JSP Case Management

St Mary's Hospital, St George's
Healthcare Group

South Shield's General Hospital

Position

Director of Clinical Services,
Clinical Case Manager &
Occupational Therapist

Consultant Supervisor

Quality Assurance Manager

Senior Locum Occupational
Therapist

Men's Medium Secure
Personality Disorder

High Support Inpatient
Rehabilitation (serve and
enduring mental illness)

Independent Brain Injury Case
Manager

Brain Injury Case Manager

Lead Occupational Therapist

Locum Occupational Therapist
(Various sectors)

Occupational Therapist

Dates

August 2025-
Present

June 2025 – Present

2022 – 2024

2021 – 2022

2013 – 2021

2009 – 2013

2007 – 2009

1999 – 2007

1996 - 1998